

Glens Falls Lions Club Duathlon

Age Group Results

**Individuals**

Race Date  
October 12, 2014

Female Open Winners

Place			Run1		T1	Bike		T2	Run2		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	6	Joanne Burns	341	40	1	20:26.2	2	1:00:05.5	1:24.7	2	22:19.7	1:45:46.3
2	9	Jacque Jones	361	30	2	20:29.4	3	1:02:40.4	1:15.7	1	21:34.0	1:47:16.4
3	16	Tracy Perry	333	50	3	23:51.1	1	59:05.8	1:20.3	3	24:32.2	1:49:57.9

# Glens Falls Lions Club Duathlon

## Age Group Results

### Individuals

Race Date

October 12, 2014

#### Female 25 to 29

Place		Name	Bib No	Age	Run1		T1	Bike		T2	Run2		Total
Overall	Place				Rnk	Time		Rnk	Time		Rnk	Time	
1	31	Jaime Wyzykowski	338	25	1	23:25.7	1:38.1	1	1:10:31.5	1:24.1	1	25:31.1	2:02:30.6

#### Female 35 to 39

Place		Name	Bib No	Age	Run1		T1	Bike		T2	Run2		Total
Overall	Place				Rnk	Time		Rnk	Time		Rnk	Time	
1	22	Kerri Thomas	383	38	1	21:11.6	0:59.8	2	1:08:39.3	1:14.2	1	22:56.7	1:55:01.8
2	27	Heather Jones	371	35	2	22:11.2	1:59.4	1	1:08:15.0	1:07.3	2	23:45.2	1:57:18.3

#### Female 50 to 54

Place		Name	Bib No	Age	Run1		T1	Bike		T2	Run2		Total
Overall	Place				Rnk	Time		Rnk	Time		Rnk	Time	
1	39	Deborah Curtis	345	50	1	25:52.8	1:41.8	1	1:32:14.2	1:43.5	1	31:47.7	2:33:20.3

#### Female 55 to 59

Place		Name	Bib No	Age	Run1		T1	Bike		T2	Run2		Total
Overall	Place				Rnk	Time		Rnk	Time		Rnk	Time	
1	34	Maureen Roberts	344	55	1	24:43.4	1:25.9	1	1:16:18.2	1:30.9	1	25:24.9	2:09:23.5
2	40	Terri Silverman	351	55	2	35:22.9	1:31.2	2	1:26:26.6	2:38.9	2	42:07.1	2:48:06.9
3	42	Joyce Baker	329	55	3	37:15.3	2:20.6	3	1:40:40.7	2:06.9	3	43:17.6	3:05:41.3

Glens Falls Lions Club Duathlon

Age Group Results

**Individuals**

Race Date  
October 12, 2014

Female 60 to 64

Place			Run1		T1	Bike		T2	Run2		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	36	Judy LeComb	335	60	1	24:29.4	1	1:16:16.7	3:29.0	1	25:39.8	2:13:17.1

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Age Group Results

**Individuals**

Race Date  
October 12, 2014

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run1</u> <u>Time</u>	<u>T1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>T2</u> <u>Time</u>	<u>Rnk</u>	<u>Run2</u> <u>Time</u>	<u>Total</u> <u>Time</u>
1	1	Craig Tynan	353	40	1	16:36.3	0:45.6	2	50:52.8	0:33.2	1	17:40.3	1:26:28.3
2	2	Brenden Rillahan	359	40	2	17:44.7	0:35.3	1	50:45.7	0:34.8	3	19:09.3	1:28:50.1
3	3	Matt Crave	348	35	3	17:44.8	1:03.8	3	58:09.5	0:49.5	2	19:03.6	1:36:51.3

# Glens Falls Lions Club Duathlon

## Age Group Results

### Individuals

Race Date  
October 12, 2014

#### Male 15 to 19

Place			Run1		T1	Bike		T2	Run2		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	33	Alex Howk	356	18	1	18:29.9	1	1:19:23.3	1:29.0	1	21:24.7	2:03:30.8

#### Male 25 to 29

Place			Run1		T1	Bike		T2	Run2		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	13	KARL HENSLER	354	25	1	21:00.8	1	58:03.0	1:39.3	1	27:10.5	1:49:49.5

#### Male 30 to 34

Place			Run1		T1	Bike		T2	Run2		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	8	Logan Jones	362	30	1	20:29.8	1	1:02:49.0	1:20.1	1	21:34.0	1:47:16.3

#### Male 35 to 39

Place			Run1		T1	Bike		T2	Run2		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	7	Ben Verschueren	327	35	1	20:22.1	1	1:00:01.3	1:29.5	1	22:39.6	1:46:06.7
2	26	Chad Jones	370	37	2	22:10.6	2	1:08:09.4	1:17.6	2	23:44.6	1:57:18.3
3	41	Balakrishnan	366	35	3	29:12.2	3	1:42:27.6	1:29.5	3	33:29.8	2:50:25.5

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## Age Group Results

### Individuals

Race Date  
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#### Male 40 to 44

Place			----- Run1 -----		T1	----- Bike -----		T2	----- Run2 -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
1	5	Lance Decker	363	40	2	20:14.1		1:03.7	1	1:00:54.2	1:15.0	2	22:02.1	1:45:29.2
2	21	Matt Mahoney	332	40	1	20:01.9		1:26.9	2	1:09:30.4	1:32.2	1	21:59.2	1:54:30.8
3	38	Anand Aruna Kumar	336	40	3	25:51.1		6:25.6	3	1:23:33.2	2:53.9	3	33:15.9	2:32:00.0

#### Male 45 to 49

Place			----- Run1 -----		T1	----- Bike -----		T2	----- Run2 -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
1	11	Timothy Thomas	347	45	1	20:19.0		1:40.0	1	1:01:59.6	1:59.2	2	23:09.9	1:49:07.9
2	15	Stepman Layden	384	47	2	20:29.8		0:35.4	2	1:06:39.7	0:51.0	1	21:21.0	1:49:57.0

#### Male 50 to 54

Place			----- Run1 -----		T1	----- Bike -----		T2	----- Run2 -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
1	4	Joe Place	385	51	1	19:21.8		1:20.9	2	1:00:22.0	1:43.9	1	20:54.1	1:43:42.9
2	12	Leroy Brace	387	51	2	21:12.6		2:28.7	3	1:00:33.5	1:39.4	2	23:25.9	1:49:20.3
3	17	Tim Drake	360	50	3	22:03.1		2:01.1	1	1:00:19.7	1:32.9	3	25:33.9	1:51:30.9
4	28	Mike Heiland	365	50	5	25:09.2		2:00.6	4	1:04:05.7	1:52.3	5	27:54.9	2:01:02.8
5	32	Jim Giglio	364	50	4	24:32.7		1:13.9	5	1:08:53.5	0:51.5	4	27:11.3	2:02:43.1

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## Age Group Results

### Individuals

Race Date  
October 12, 2014

#### Male 55 to 59

Place			----- Run1 -----		T1	----- Bike -----		T2	----- Run2 -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	10	Jeff Clark	358	55	2	21:10.0	1	1:00:49.6	1:06.0	3	23:44.4	1:48:08.3
2	14	Vincent Kirby	330	55	3	21:15.2	4	1:03:09.1	1:11.5	2	23:27.1	1:49:56.3
3	18	Mark Schachner	367	55	6	23:59.3	3	1:02:18.4	1:42.3	1	22:34.8	1:52:16.7
4	20	Joseph Sporko	386	58	7	24:08.8	2	1:01:58.7	1:25.2	6	24:36.4	1:54:25.3
5	23	Ed Silverman	352	55	5	22:35.6	6	1:05:55.0	1:22.6	4	23:47.6	1:55:13.6
6	24	Michael Rozell	340	55	4	22:14.8	7	1:05:58.6	1:04.4	7	25:03.6	1:55:31.0
7	25	nick lamando	342	55	1	20:30.3	8	1:08:20.4	1:36.1	5	23:50.5	1:56:23.4
8	29	Dave Fish	334	55	8	24:52.7	5	1:03:22.7	1:42.7	9	30:15.3	2:02:18.4
9	37	Brian Howk	355	55	9	26:41.9	9	1:19:57.7	2:23.6	8	29:29.3	2:20:47.9

#### Male 60 to 64

Place			----- Run1 -----		T1	----- Bike -----		T2	----- Run2 -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	35	JIM SUOZZO	337	60	1	27:34.6	1	1:04:33.8	2:47.4	1	31:51.0	2:10:09.6

#### Male 65 to 69

Place			----- Run1 -----		T1	----- Bike -----		T2	----- Run2 -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	30	Charles T Brockett	343	65	1	25:53.5	1	1:04:45.3	1:55.0	1	28:11.8	2:02:28.1

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## Age Group Results

### Individuals

Male 70 to 74

Place			Run1		T1	Bike		T2	Run2		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	19	Jim Cunningham	331	70	1	24:34.7	1	1:01:14.8	1:16.0	1	25:12.9	1:54:12.2