

# Glens Falls Lions Club Duathlon

Race Date

October 12, 2014

## Overall Results

### Individuals

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Run1</u>		<u>T1</u>		<u>Bike</u>		<u>T2</u>		<u>Run2</u>		<u>Total Time</u>
				<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>			
1	Craig Tynan	353	1 M Top	1	16:36.3	0:45.6	2	50:52.8	0:33.2	1	17:40.3	1:26:28.3		
2	Brenden Rillahan	359	2 M Top	2	17:44.7	0:35.3	1	50:45.7	0:34.8	3	19:09.3	1:28:50.1		
3	Matt Crave	348	3 M Top	3	17:44.8	1:03.8	4	58:09.5	0:49.5	2	19:03.6	1:36:51.3		
4	Joe Place	385	1 M 50-54	5	19:21.8	1:20.9	9	1:00:22.0	1:43.9	4	20:54.1	1:43:42.9		
5	Lance Decker	363	1 M 40-44	7	20:14.1	1:03.7	12	1:00:54.2	1:15.0	10	22:02.1	1:45:29.2		
6	Joanne Burns	341	1 F Top	10	20:26.2	1:30.2	7	1:00:05.5	1:24.7	11	22:19.7	1:45:46.3		
7	Ben Verschueren	327	1 M 35-39	9	20:22.1	1:34.0	6	1:00:01.3	1:29.5	13	22:39.6	1:46:06.7		
8	Logan Jones	362	1 M 30-34	13	20:29.8	1:03.2	18	1:02:49.0	1:20.1	7	21:34.0	1:47:16.3		
9	Jacquie Jones	361	2 F Top	11	20:29.4	1:16.8	17	1:02:40.4	1:15.7	8	21:34.0	1:47:16.4		
10	Jeff Clark	358	1 M 55-59	16	21:10.0	1:18.1	11	1:00:49.6	1:06.0	18	23:44.4	1:48:08.3		
11	Timothy Thomas	347	1 M 45-49	8	20:19.0	1:40.0	15	1:01:59.6	1:59.2	15	23:09.9	1:49:07.9		
12	Leroy Brace	387	2 M 50-54	18	21:12.6	2:28.7	10	1:00:33.5	1:39.4	16	23:25.9	1:49:20.3		
13	KARL HENSLER	354	1 M 25-29	15	21:00.8	1:55.8	3	58:03.0	1:39.3	31	27:10.5	1:49:49.5		
14	Vincent Kirby	330	2 M 55-59	19	21:15.2	0:53.2	19	1:03:09.1	1:11.5	17	23:27.1	1:49:56.3		
15	Stepman Layden	384	2 M 45-49	12	20:29.8	0:35.4	26	1:06:39.7	0:51.0	5	21:21.0	1:49:57.0		
16	Tracy Perry	333	3 F Top	26	23:51.1	1:08.4	5	59:05.8	1:20.3	23	24:32.2	1:49:57.9		
17	Tim Drake	360	3 M 50-54	20	22:03.1	2:01.1	8	1:00:19.7	1:32.9	29	25:33.9	1:51:30.9		
18	Mark Schachner	367	3 M 55-59	27	23:59.3	1:41.7	16	1:02:18.4	1:42.3	12	22:34.8	1:52:16.7		
19	Jim Cunningham	331	1 M 70-74	31	24:34.7	1:53.8	13	1:01:14.8	1:16.0	26	25:12.9	1:54:12.2		
20	Joseph Sporko	386	4 M 55-59	28	24:08.8	2:16.0	14	1:01:58.7	1:25.2	24	24:36.4	1:54:25.3		
21	Matt Mahoney	332	2 M 40-44	6	20:01.9	1:26.9	32	1:09:30.4	1:32.2	9	21:59.2	1:54:30.8		
22	Kerri Thomas	383	1 F 35-39	17	21:11.6	0:59.8	30	1:08:39.3	1:14.2	14	22:56.7	1:55:01.8		
23	Ed Silverman	352	5 M 55-59	24	22:35.6	1:32.6	24	1:05:55.0	1:22.6	21	23:47.6	1:55:13.6		
24	Michael Rozell	340	6 M 55-59	23	22:14.8	1:09.4	25	1:05:58.6	1:04.4	25	25:03.6	1:55:31.0		
25	nick lamando	342	7 M 55-59	14	20:30.3	2:06.0	29	1:08:20.4	1:36.1	22	23:50.5	1:56:23.4		
26	Chad Jones	370	2 M 35-39	21	22:10.6	1:55.9	27	1:08:09.4	1:17.6	19	23:44.6	1:57:18.3		
27	Heather Jones	371	2 F 35-39	22	22:11.2	1:59.4	28	1:08:15.0	1:07.3	20	23:45.2	1:57:18.3		
28	Mike Heiland	365	4 M 50-54	34	25:09.2	2:00.6	21	1:04:05.7	1:52.3	33	27:54.9	2:01:02.8		
29	Dave Fish	334	8 M 55-59	33	24:52.7	2:04.9	20	1:03:22.7	1:42.7	36	30:15.3	2:02:18.4		
30	Charles T Brockett	343	1 M 65-69	37	25:53.5	1:42.5	23	1:04:45.3	1:55.0	34	28:11.8	2:02:28.1		
31	Jaime Wyzykowski	338	1 F 25-29	25	23:25.7	1:38.1	33	1:10:31.5	1:24.1	28	25:31.1	2:02:30.6		
32	Jim Giglio	364	5 M 50-54	30	24:32.7	1:13.9	31	1:08:53.5	0:51.5	32	27:11.3	2:02:43.1		
33	Alex Howk	356	1 M 15-19	4	18:29.9	2:43.7	36	1:19:23.3	1:29.0	6	21:24.7	2:03:30.8		

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				<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
34	Maureen Roberts	344	1 F 55-59	32	24:43.4	1:25.9	35	1:16:18.2	1:30.9	27	25:24.9	2:09:23.5
35	JIM SUOZZO	337	1 M 60-64	39	27:34.6	3:22.6	22	1:04:33.8	2:47.4	38	31:51.0	2:10:09.6
36	Judy LeComb	335	1 F 60-64	29	24:29.4	3:22.1	34	1:16:16.7	3:29.0	30	25:39.8	2:13:17.1
37	Brian Howk	355	9 M 55-59	38	26:41.9	2:15.2	37	1:19:57.7	2:23.6	35	29:29.3	2:20:47.9
38	Anand Aruna Kumar	336	3 M 40-44	35	25:51.1	6:25.6	38	1:23:33.2	2:53.9	39	33:15.9	2:32:00.0
39	Deborah Curtis	345	1 F 50-54	36	25:52.8	1:41.8	40	1:32:14.2	1:43.5	37	31:47.7	2:33:20.3
40	Terri Silverman	351	2 F 55-59	41	35:22.9	1:31.2	39	1:26:26.6	2:38.9	41	42:07.1	2:48:06.9
41	Balakrishnan Meenakshisundaram	366	3 M 35-39	40	29:12.2	3:46.2	42	1:42:27.6	1:29.5	40	33:29.8	2:50:25.5
42	Joyce Baker	329	3 F 55-59	42	37:15.3	2:20.6	41	1:40:40.7	2:06.9	42	43:17.6	3:05:41.3