

Glens Falls Lions Club Duathlon

All Teams Combined

Race Date

October 12, 2014

<u>Place</u>	<u>Team No</u>	<u>Bib No</u>	<u>Team Name / Partic. Name</u>	<u>Event</u>	<u>Event Rank</u>	<u>Event Time</u>	<u>Total Time</u>
1	376		Rebellious Vikings, Ali				1:32:58.2
		376	Ali Ainsworth	Run1	4	21:30.6	21:30.6
		377	James Keyzer	T1	2	0:21.9	21:52.5
		377	James Keyzer	Bike	1	47:51.7	1:09:44.3
		376	Ali Ainsworth	T2	2	0:19.3	1:10:03.6
		376	Ali Ainsworth	Run2	1	22:54.6	1:32:58.2
2	372		The New Mr and Mrs, Kim				1:40:28.1
		373	Shaun Donegan	Run1	1	15:13.2	15:13.2
		372	Kim Donegan	T1	4	1:09:13.8	1:24:27.1
		373	Shaun Donegan	T2	1		1:08:16.9
		373	Shaun Donegan	Run2	2	32:11.1	1:40:28.1
3	380		Cane-Morris-Carusone				1:49:16.7
		381	Joe Morris	Run1	3	20:46.4	20:46.4
		380	Emily Kane	T1	5	1:04:41.6	1:25:28.1
		382	Jason Carusone	Bike			
		380	Emily Kane	T2	3		1:25:22.2
		380	Emily Kane	Run2	3	23:54.5	1:49:16.7
4	378		The Blonde leading the				1:54:44.8
		378	Katie Mack	Run1	2	18:45.9	18:45.9
		379	Julia Varian	T1	1	0:17.8	19:03.7
		379	Julia Varian	Bike	2	1:15:49.5	1:34:53.2
		378	Katie Mack	T2	4	0:21.2	1:35:14.5
		378	Katie Mack	Run2	4	19:30.2	1:54:44.8
5	374		Mr. & Mrs.,Smith, Christina				2:07:36.3
		374	Christina Smith	Run1	5	26:35.5	26:35.5
		375	Michael Smith	T1	3	0:25.7	27:01.3
		375	Michael Smith	Bike	3	1:12:12.5	1:39:13.8
		374	Christina Smith	T2	5	0:15.8	1:39:29.7
		374	Christina Smith	Run2	5	28:06.6	2:07:36.3