

Glens Falls Lions Club Duathlon

Race Date

October 10, 2015

Overall Results

Individuals

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Time</u>	<u>Run1</u>	<u>T1</u>	<u>Bike</u>	<u>T2</u>	<u>Run2</u>	<u>Total</u>	
						<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	Craig Tynan	31	1 M Top Fin	2	17:25.3	0:53.1	2	51:11.4	0:37.7	2	17:55.8	1:28:03.6
2	Cheyne Hoag	12	2 M Top Fin	1	16:59.3	0:54.2	1	51:01.7	1:14.5	4	19:57.5	1:30:07.4
3	Michael Cooley	4	3 M Top Fin	3	17:32.4	0:45.8	7	55:26.3	0:36.9	1	17:39.3	1:32:00.8
4	Daniel Murphy	22	1 M 40-44	4	18:00.9	0:52.8	6	54:26.4	0:51.5	3	18:41.6	1:32:53.5
5	Todd Eicher	37	2 M 40-44	5	18:55.2	0:51.9	5	54:17.1	0:40.9	9	20:43.2	1:35:28.4
6	David Hoag	13	1 M 55-59	12	20:42.5	1:10.5	3	52:11.9	0:46.9	15	22:45.9	1:37:37.8
7	Jim Basil	34	1 M 50-54	16	21:35.1	1:39.0	4	53:32.1	1:43.6	13	22:29.2	1:40:59.3
8	Tom Portuese	26	1 M 30-34	6	19:00.2	0:50.6	14	1:00:22.7	1:04.0	5	20:09.2	1:41:26.9
9	Lucas Raymond	40	1 M 25-29	9	19:56.6	1:03.0	9	57:41.3	0:56.2	12	21:54.4	1:41:31.6
10	Joe Place	43	2 M 50-54	7	19:20.2	1:27.2	10	59:00.1	1:22.5	7	20:36.5	1:41:46.7
11	Beth Stalker	33	1 F Top Fin	11	20:22.4	1:09.6	13	1:00:02.4	1:14.0	6	20:31.7	1:43:20.4
12	Kerri Thomas	36	2 F Top Fin	10	20:04.4	0:43.5	17	1:01:26.9	0:45.4	8	20:37.2	1:43:37.7
13	Keith Meyer	39	2 M 55-59	22	23:05.2	1:08.7	8	57:16.8	1:14.9	17	23:24.9	1:46:10.6
14	Nick Lamando	17	3 M 55-59	8	19:21.0	1:18.7	20	1:03:03.8	1:30.1	10	21:14.3	1:46:28.0
15	Lance Decker	7	1 M 45-49	20	22:00.2	1:19.1	11	59:48.0	1:13.1	14	22:44.5	1:47:05.0
16	Nick Mercurio	38	1 M 65-69	18	21:40.1	1:04.2	12	59:58.7	0:54.3	20	23:51.2	1:47:28.8
17	STEPHEN LAYDEN	19	2 M 45-49	17	21:39.2	1:36.9	22	1:03:57.7	1:46.4	11	21:43.9	1:50:44.3
18	Matthew Tebo	29	1 M 35-39	26	23:26.5	1:12.2	16	1:01:25.9	1:19.7	19	23:51.1	1:51:15.5
19	Joanne Burns	41	3 F Top Fin	14	21:25.9	1:48.7	21	1:03:45.4	1:12.6	18	23:25.7	1:51:38.5
20	Leroy Brace	42	3 M 50-54	27	23:30.6	1:23.6	18	1:02:13.1	1:08.5	23	24:40.2	1:52:56.2
21	Mark Schachner	28	1 M 60-64	23	23:06.6	1:36.7	19	1:02:40.7	1:53.4	21	24:12.2	1:53:29.8
22	Vincent Kirby	16	4 M 55-59	21	22:28.5	1:05.3	26	1:06:05.8	0:56.3	16	23:18.8	1:53:54.9
23	Jim Cunningham	6	1 M 70-74	33	25:10.9	1:26.8	15	1:00:31.8	1:11.2	26	26:47.8	1:55:08.8
24	Dan Korff	35	4 M 50-54	25	23:25.5	1:22.0	25	1:06:00.6	1:00.9	28	27:47.6	1:59:36.8
25	Jim Giglio	11	5 M 50-54	29	24:19.7	1:32.4	27	1:07:12.8	2:16.6	24	25:52.8	2:01:14.5
26	Norman Freund	9	6 M 50-54	34	25:16.9	1:19.4	24	1:05:57.3	1:26.4	29	28:22.8	2:02:23.0
27	Gwen Williams	32	1 F 55-59	19	21:59.7	3:47.4	28	1:10:00.8	2:38.6	22	24:23.9	2:02:50.6
28	Charles Brockett	2	2 M 65-69	35	27:21.0	1:59.4	23	1:04:47.0	1:34.4	30	28:45.7	2:04:27.7
29	Traci Cornwell	5	1 F 25-29	15	21:30.0	1:24.7				32	1:43:14.4	2:06:09.2
30	Jaime Hoag	14	2 F 25-29	30	24:30.5	1:10.3	29	1:14:14.4	1:18.3	25	26:45.7	2:07:59.4
31	Amanda Lefton	20	1 F 30-34	28	24:05.2	1:05.7	30	1:16:04.1		27	27:46.9	2:09:02.0
32	TJ Houser	15	2 M 35-39	13	20:53.9	1:27.2	31	1:19:00.5		31	29:52.1	2:11:13.9
33	Ronni Travers	30	2 F 55-59	31	24:37.3	4:02.5				33	1:44:02.5	2:12:42.5

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				<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
34	Mark Brainard	1	5 M 55-59	32	25:02.7	2:43.7				34	1:47:55.3	2:15:41.7
35	Elizabeth Ragsdale	27	2 F 30-34	24	23:24.1	1:21.0				35	1:58:00.6	2:22:45.8