

LGOWS 5k&10k Swims

Age Group Results

5k Non-Wetsuit

Race Date
August 29, 2015

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Eileen Mallowney	Burlington VT	25	265	1	1:19:47.0
2	Laurie Hug	Ambler PA	50	146	2	1:20:00.4
3	Heather Bernstein	West Hartford CT	30	227	3	1:22:04.8

(Scroll for Age-Groups)



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Female 18 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Eileen Mallowney	Burlington VT	25	265	1	1:19:47.0
2	Alejandra Rodriguez	Davidson NC	24	276	5	1:22:11.0
3	Amelia Possanza	Brooklyn NY	24	272	8	1:33:36.1
4	Jess Jiang	Brooklyn NY	29	253	10	1:35:02.9

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Heather Bernstein	West Hartford CT	30	227	3	1:22:04.8
2	Gabrielle Chaizy	Brooklyn NY	32	231	4	1:22:09.3
3	Amanda Eckler	New York NY	38	242	9	1:34:58.6
4	Jayme Torelli	Selkirk NY	33	283	20	1:45:46.9
5	Hayley Friedman	New York NY	35	246	23	1:47:27.2
6	Abigail Fairman	New York NY	38	478	24	1:47:28.7
7	Tess Guckenheimer	Ithaca NY	30	248	36	2:04:42.9
8	Valerie Lefebvre	Montreal QC	34	258	41	2:10:35.0

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Andrea Marsh	Baltimore MD	49	261	11	1:35:11.0
2	Beth Kirkpatrick	Westford VT	49	255	15	1:40:07.4
3	Pauline Shu	Brooklyn NY	42	279	22	1:47:11.2
4	Caroline Spelman	Mamaroneck NY	40	281	25	1:47:30.2
5	Ellen Venditti	Ulster Park NY	49	287	28	1:53:06.9
6	Kristen Koines	Oakton VA	42	257	29	1:56:00.9
7	Suzanne Majewski	Washington DC	49	260	39	2:09:02.6
8	Laura Wong-Pan	Gardiner NY	49	293	42	2:11:23.2
9	Bridget Simpson	Ticonderoga NY	47	280	44	2:18:35.1

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Laurie Hug	Ambler PA	50	146	2	1:20:00.4
2	Gail Holland	Worcester MA	56	251	13	1:38:27.7
3	Tammara Van Ryn	Greenwich NY	51	285	14	1:39:31.8
4	Kimberly Edgar	Chittenango NY	50	243	30	1:56:05.5
5	Susan Troll	Latham NY	56	284	31	1:56:27.2
6	Merrill Hilf	Philadelphia PA	55	250	32	1:57:50.1

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Female 50 to 59

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7	Deborah Armstrong	Jamesville NY	52	225	35	2:04:40.9
8	Nan Min	Bayside Hills NY	50	264	37	2:05:21.8
9	Randi Walker	Valatie NY	51	290	40	2:09:29.7
10	Carolyn Placke	Philadelphia PA	51	271	45	2:25:09.5

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Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Jake Bond	Riverdale NJ	27	229	6	1:23:32.0
2	Sheldon Katz	South Burlington VT	56	254	7	1:25:34.0
3	John Thomas	Brooklyn NY	26	282	12	1:36:28.0

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Male 18 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Jake Bond	Riverdale NJ	27	229	6	1:23:32.0
2	John Thomas	Brooklyn NY	26	282	12	1:36:28.0

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Hao Pan	New York NY	36	269	17	1:40:49.0
2	Alan Washington	Brooklyn NY	33	292	18	1:43:41.3

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Tom Curley	Brewster NY	48	235	21	1:46:05.5
2	Jan Noordin	New York NY	45	266	38	2:09:02.3

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Sheldon Katz	South Burlington VT	56	254	7	1:25:34.0
2	Jimi Hayashi	Quincy IL	58	249	16	1:40:12.1
3	John Doty	Westford VT	51	239	19	1:44:02.1
4	Robert Hopkins	Windsor NY	59	252	26	1:48:26.0
5	Richard Veenstra	Outremont QC	50	286	27	1:50:13.3
6	Rich McNally	Valley Falls NY	54	263	33	2:00:20.8
7	Patrick Couture	Dollard-Des-Ormeaux	50	234	34	2:02:39.7
8	John Pugh	Gaithersburg MD	58	273	43	2:16:52.9