

Race Date

October 09, 2016

5th Annual Glens Falls Lions Club Duathlon

Age Group Results

Individuals

Female Open Winners

| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Run1</u> <u>Time</u> | <u>T1</u> <u>Time</u> | <u>Rnk</u> | <u>Bike</u> <u>Time</u> | <u>T2</u> <u>Time</u> | <u>Rnk</u> | <u>Run2</u> <u>Time</u> | <u>Total</u> <u>Time</u> |
|--------------|----------------|------------------|---------------|------------|------------|----------------------------|--------------------------|------------|----------------------------|--------------------------|------------|----------------------------|-----------------------------|
| 1 | 5 | Beth Ruiz | 326 | 43 | ***** | 18:57.5 | 1:01.5 | ***** | 51:00.9 | 0:39.0 | ***** | 21:10.5 | 1:32:49.7 |
| 2 | 9 | Ann Marie Moskal | 297 | 36 | ***** | 18:57.0 | 0:50.5 | ***** | 59:15.9 | 0:47.1 | ***** | 20:31.7 | 1:40:22.5 |
| 3 | 12 | Kerri Thomas | 369 | 40 | ***** | 20:18.8 | 0:37.9 | ***** | 59:59.9 | 0:43.2 | ***** | 21:10.2 | 1:42:50.2 |

5th Annual Glens Falls Lions Club Duathlon

Age Group Results

Individuals

Race Date

October 09, 2016

Female 25 to 29

| Place | Overall | Name | Bib No | Age | Run1 Rnk | Run1 Time | T1 Time | Bike Rnk | Bike Time | T2 Time | Run2 Rnk | Run2 Time | Total Time |
|-------|---------|------------|--------|-----|----------|-----------|---------|----------|-----------|---------|----------|-----------|------------|
| 1 | 42 | Jaime Hoag | 397 | 27 | 1 | 24:47.4 | 0:56.7 | 1 | 1:12:56.0 | 1:26.6 | 1 | 26:35.7 | 2:06:42.6 |

Female 35 to 39

| Place | Overall | Name | Bib No | Age | Run1 Rnk | Run1 Time | T1 Time | Bike Rnk | Bike Time | T2 Time | Run2 Rnk | Run2 Time | Total Time |
|-------|---------|----------------------|--------|-----|----------|-----------|---------|----------|-----------|---------|----------|-----------|------------|
| 1 | 14 | Kim Morrison | 296 | 37 | 1 | 19:02.8 | 0:49.2 | 1 | 1:02:30.4 | 0:53.4 | 1 | 21:32.8 | 1:44:48.8 |
| 2 | 36 | Heather Siegel-Sawma | 339 | 36 | 2 | 25:15.4 | 1:07.4 | 2 | 1:04:17.9 | 1:13.8 | 2 | 27:26.0 | 1:59:20.6 |
| 3 | 56 | Christina Calabrese | 266 | 37 | 3 | 36:16.1 | 1:43.8 | 3 | 1:23:46.4 | 2:41.4 | 3 | 46:22.0 | 2:50:49.8 |

Female 40 to 44

| Place | Overall | Name | Bib No | Age | Run1 Rnk | Run1 Time | T1 Time | Bike Rnk | Bike Time | T2 Time | Run2 Rnk | Run2 Time | Total Time |
|-------|---------|--------------------|--------|-----|----------|-----------|---------|----------|-----------|---------|----------|-----------|------------|
| 1 | 18 | Elizabeth Benjamin | 260 | 44 | 1 | 22:15.1 | 1:06.9 | 2 | 1:01:25.0 | 1:20.5 | 1 | 22:42.9 | 1:48:50.6 |
| 2 | 28 | Crystal Moran | 294 | 44 | 3 | 25:24.1 | 2:37.0 | 1 | 59:58.8 | 1:24.9 | 4 | 27:41.2 | 1:57:06.2 |
| 3 | 33 | Jennifer McKenna | 480 | 42 | 4 | 25:37.0 | 1:22.7 | 3 | 1:03:35.1 | 1:08.5 | 3 | 26:51.0 | 1:58:34.5 |
| 4 | 39 | Karen Gregory | 283 | 41 | 2 | 25:02.4 | 1:22.8 | 4 | 1:09:10.3 | 1:16.8 | 2 | 26:50.5 | 2:03:43.0 |
| 5 | 51 | Michele Eicher | 395 | 43 | 5 | 26:36.8 | 1:23.3 | 5 | 1:24:51.3 | 1:40.6 | 5 | 28:53.2 | 2:23:25.3 |

Female 45 to 49

| Place | Overall | Name | Bib No | Age | Run1 Rnk | Run1 Time | T1 Time | Bike Rnk | Bike Time | T2 Time | Run2 Rnk | Run2 Time | Total Time |
|-------|---------|------|--------|-----|----------|-----------|---------|----------|-----------|---------|----------|-----------|------------|
|-------|---------|------|--------|-----|----------|-----------|---------|----------|-----------|---------|----------|-----------|------------|

5th Annual Glens Falls Lions Club Duathlon

Race Date

October 09, 2016

Age Group Results

Individuals

Female 45 to 49

| Place | | Name | Bib No | Age | ---- Run1 ---- | | T1 | ---- Bike ---- | | T2 | ---- Run2 ---- | | Total |
|-------|---------|---------------------|--------|-----|----------------|---------|--------|----------------|-----------|--------|----------------|---------|-----------|
| Place | Overall | | | | Rnk | Time | Time | Rnk | Time | Time | Rnk | Time | Time |
| 1 | 54 | Tara Penge | 300 | 46 | 1 | 26:14.7 | 2:51.3 | 2 | 1:30:43.1 | 1:27.3 | 1 | 29:09.5 | 2:30:26.2 |
| 2 | 55 | Christine Bordonaro | 263 | 49 | 2 | 30:09.7 | 2:15.2 | 1 | 1:24:46.8 | 1:58.6 | 2 | 31:52.9 | 2:31:03.4 |

Female 50 to 54

| Place | | Name | Bib No | Age | ---- Run1 ---- | | T1 | ---- Bike ---- | | T2 | ---- Run2 ---- | | Total |
|-------|---------|--------------|--------|-----|----------------|---------|--------|----------------|-----------|--------|----------------|---------|-----------|
| Place | Overall | | | | Rnk | Time | Time | Rnk | Time | Time | Rnk | Time | Time |
| 1 | 58 | Wendy Yeaton | 393 | 53 | 1 | 35:50.0 | 3:56.4 | 1 | 1:42:28.8 | 1:37.7 | 1 | 42:32.4 | 3:06:25.5 |

Female 55 to 59

| Place | | Name | Bib No | Age | ---- Run1 ---- | | T1 | ---- Bike ---- | | T2 | ---- Run2 ---- | | Total |
|-------|---------|----------------------|--------|-----|----------------|---------|--------|----------------|-----------|--------|----------------|---------|-----------|
| Place | Overall | | | | Rnk | Time | Time | Rnk | Time | Time | Rnk | Time | Time |
| 1 | 37 | Jeri Bursese | 264 | 55 | 1 | 25:41.1 | 2:12.9 | 1 | 1:05:09.2 | 1:56.2 | 1 | 25:59.2 | 2:00:58.8 |
| 2 | 53 | Lorraine Doyno Evans | 272 | 58 | 2 | 29:22.1 | 6:57.3 | 2 | 1:16:45.0 | 2:55.2 | 2 | 32:54.5 | 2:28:54.4 |
| 3 | 57 | Terri Silverman | 357 | 59 | 3 | 37:38.9 | 1:40.1 | 3 | 1:28:33.7 | 1:17.4 | 3 | 43:46.4 | 2:52:56.8 |

Female 60 to 64

| Place | | Name | Bib No | Age | ---- Run1 ---- | | T1 | ---- Bike ---- | | T2 | ---- Run2 ---- | | Total |
|-------|---------|---------------|--------|-----|----------------|---------|--------|----------------|-----------|--------|----------------|---------|-----------|
| Place | Overall | | | | Rnk | Time | Time | Rnk | Time | Time | Rnk | Time | Time |
| 1 | 49 | Judy Beers | 259 | 63 | 1 | 26:25.2 | 1:28.0 | 2 | 1:22:40.4 | 1:20.0 | 1 | 27:01.6 | 2:18:55.4 |
| 2 | 52 | Susan Hoffman | 284 | 63 | 2 | 31:51.9 | 1:46.2 | 1 | 1:18:52.0 | 1:14.9 | 2 | 33:11.1 | 2:26:56.3 |

Race Date

October 09, 2016

5th Annual Glens Falls Lions Club Duathlon

Age Group Results

Individuals

| |
|--------------------|
| Female 75 and Over |
|--------------------|

| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Run1</u> <u>Time</u> | <u>T1</u> <u>Time</u> | <u>Rnk</u> | <u>Bike</u> <u>Time</u> | <u>T2</u> <u>Time</u> | <u>Rnk</u> | <u>Run2</u> <u>Time</u> | <u>Total</u> <u>Time</u> |
|--------------|----------------|--------------|---------------|------------|------------|----------------------------|--------------------------|------------|----------------------------|--------------------------|------------|----------------------------|-----------------------------|
| 1 | 22 | Joanne Burns | 400 | 99 | 1 | 22:11.0 | 1:08.4 | 1 | 1:03:53.4 | 1:18.1 | 1 | 23:51.7 | 1:52:22.8 |

5th Annual Glens Falls Lions Club Duathlon

Age Group Results

Individuals

Male Open Winners

| Place | | | | | Run1 | | T1 | | Bike | | T2 | | Run2 | | Total |
|--------------|----------------|------------------|---------------|------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> |
| 1 | 1 | Michael Cooley | 268 | 36 | ***** | 17:01.2 | 0:38.1 | ***** | 50:52.5 | 0:26.3 | ***** | 16:53.8 | 1:25:52.1 | | |
| 2 | 2 | Cheyne Hoag | 396 | 27 | ***** | 16:03.2 | 0:49.9 | ***** | 50:51.0 | 0:47.2 | ***** | 17:34.2 | 1:26:05.7 | | |
| 3 | 3 | Brenden Rillahan | 399 | 43 | ***** | 17:41.0 | 0:30.9 | ***** | 50:18.4 | 0:27.4 | ***** | 18:33.1 | 1:27:31.0 | | |

5th Annual Glens Falls Lions Club Duathlon

Age Group Results

Individuals

Race Date

October 09, 2016

no age given

| Place | Place | | | | Run1 | | T1 | | Bike | | T2 | | Run2 | | Total |
|--------------|----------------|-----------------|---------------|------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> |
| 1 | 34 | Unknown Partic. | 479 | | 1 | 25:36.8 | 1:48.2 | 1 | 1:03:08.6 | 1:29.4 | 1 | 26:31.5 | 1:58:34.6 | | |

Male 30 to 34

| Place | Place | | | | Run1 | | T1 | | Bike | | T2 | | Run2 | | Total |
|--------------|----------------|-------------------|---------------|------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> |
| 1 | 24 | Steve Smith | 368 | 34 | 1 | 23:46.7 | 1:36.8 | 1 | 1:01:31.2 | 1:32.4 | 1 | 24:35.0 | 1:53:02.2 | | |
| 2 | 47 | Andrew Wickersham | 391 | 30 | 2 | 25:37.8 | 1:20.8 | 2 | 1:14:45.3 | 0:55.9 | 2 | 29:19.0 | 2:11:59.1 | | |

Male 35 to 39

| Place | Place | | | | Run1 | | T1 | | Bike | | T2 | | Run2 | | Total |
|--------------|----------------|--------------------|---------------|------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> |
| 1 | 6 | Gary Dennis | 398 | 38 | 1 | 18:57.0 | 1:02.9 | 1 | 54:00.0 | 2:00.3 | 1 | 20:30.6 | 1:36:31.0 | | |
| 2 | 10 | Ian Morrison | 295 | 39 | 2 | 20:28.8 | 0:50.4 | 2 | 56:51.4 | 0:51.4 | 2 | 22:33.7 | 1:41:35.9 | | |
| 3 | 19 | Sean Odonnell | 299 | 38 | 3 | 20:50.2 | 1:14.0 | 3 | 1:00:48.2 | 1:36.2 | 3 | 25:53.7 | 1:50:22.4 | | |
| 4 | 31 | Steven McCutcheon | 292 | 39 | 5 | 24:47.2 | 1:16.1 | 4 | 1:03:53.2 | 1:33.1 | 4 | 26:58.6 | 1:58:28.4 | | |
| 5 | 45 | Harold Moore | 293 | 35 | 4 | 24:45.6 | 1:16.7 | 5 | 1:09:43.7 | 2:15.0 | 6 | 32:36.7 | 2:10:37.9 | | |
| 6 | 48 | Matthieu Masquelet | 291 | 36 | 6 | 28:15.4 | 1:03.7 | 6 | 1:11:40.8 | 1:52.6 | 5 | 30:37.2 | 2:13:29.9 | | |

Male 40 to 44

| Place | Place | | | | Run1 | | T1 | | Bike | | T2 | | Run2 | | Total |
|--------------|----------------|-------------|---------------|------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> | <u>Time</u> |

5th Annual Glens Falls Lions Club Duathlon

Race Date

October 09, 2016

Age Group Results

Individuals

Male 40 to 44

| Place | | Name | Bib No | Age | Run1 | | T1 | Bike | | T2 | Run2 | | Total |
|---------|-----|------------------|--------|-----|------|---------|--------|------|-----------|--------|------|---------|-----------|
| Overall | Rnk | | | | Time | Rnk | Time | Time | Rnk | Time | Time | Rnk | Time |
| 1 | 8 | Michael Tower | 389 | 43 | 1 | 19:56.8 | 0:55.5 | 1 | 56:18.2 | 0:40.2 | 2 | 22:13.5 | 1:40:04.3 |
| 2 | 13 | John Coleman | 267 | 43 | 2 | 20:34.9 | 1:21.5 | 2 | 59:21.4 | 0:56.3 | 1 | 22:13.2 | 1:44:27.4 |
| 3 | 25 | Jason Gregory | 282 | 40 | 3 | 21:31.5 | 1:40.0 | 3 | 1:06:07.0 | 1:42.3 | 3 | 24:33.5 | 1:55:34.3 |
| 4 | 40 | Jeremy Geroux | 279 | 42 | 4 | 23:33.4 | 2:03.1 | 4 | 1:09:11.4 | 4:09.6 | 4 | 25:06.7 | 2:04:04.4 |
| 5 | 44 | Matthew McMorris | 394 | 41 | 5 | 24:52.2 | 1:14.8 | 5 | 1:11:40.5 | 1:32.8 | 6 | 29:56.9 | 2:09:17.4 |
| 6 | 50 | Daniel Wallace | 390 | 41 | 6 | 24:52.9 | 0:39.4 | 6 | 1:31:30.3 | 0:40.3 | 5 | 25:37.4 | 2:23:20.4 |

Male 45 to 49

| Place | | Name | Bib No | Age | Run1 | | T1 | Bike | | T2 | Run2 | | Total |
|---------|-----|----------------------|--------|-----|------|---------|--------|------|-----------|--------|------|---------|-----------|
| Overall | Rnk | | | | Time | Rnk | Time | Time | Rnk | Time | Time | Rnk | Time |
| 1 | 16 | Lance Decker | 270 | 46 | 2 | 21:43.3 | 0:55.1 | 1 | 57:58.9 | 0:54.5 | 3 | 24:18.0 | 1:45:49.9 |
| 2 | 17 | Timothy Thomas | 388 | 49 | 1 | 20:51.5 | 1:18.3 | 2 | 1:00:06.7 | 1:54.1 | 2 | 23:40.9 | 1:47:51.6 |
| 3 | 20 | Stephen Layden | 486 | 49 | 3 | 22:10.4 | 1:37.3 | 4 | 1:02:47.9 | 1:47.5 | 1 | 22:13.4 | 1:50:36.6 |
| 4 | 27 | Aaron Evans | 273 | 49 | 4 | 23:56.4 | 1:34.7 | 3 | 1:01:19.1 | 2:40.8 | 5 | 27:05.0 | 1:56:36.0 |
| 5 | 32 | Christopher Fernando | 275 | 46 | 6 | 24:45.2 | 1:13.9 | 5 | 1:06:09.3 | 0:55.3 | 4 | 25:28.1 | 1:58:31.9 |
| DNF | DNF | John Lawrence | 289 | 47 | 5 | 23:57.3 | 1:09.0 | | | | | | |

Male 50 to 54

| Place | | Name | Bib No | Age | Run1 | | T1 | Bike | | T2 | Run2 | | Total |
|---------|-----|-----------------|--------|-----|------|---------|--------|------|-----------|--------|------|---------|-----------|
| Overall | Rnk | | | | Time | Rnk | Time | Time | Rnk | Time | Time | Rnk | Time |
| 1 | 15 | Kenneth Lane | 288 | 50 | 1 | 21:38.1 | 1:02.3 | 1 | 59:17.8 | 0:48.2 | 1 | 22:46.5 | 1:45:33.0 |
| 2 | 21 | Dr. Tom Denham | 271 | 50 | 2 | 22:07.7 | 1:03.2 | 2 | 1:03:32.0 | 0:35.0 | 3 | 24:58.6 | 1:52:16.6 |
| 3 | 30 | Stephen Fifield | 276 | 51 | 3 | 23:47.1 | 1:05.4 | 3 | 1:06:39.3 | 1:25.8 | 2 | 24:43.9 | 1:57:41.6 |

5th Annual Glens Falls Lions Club Duathlon

Race Date
October 09, 2016

Age Group Results

Individuals

Male 50 to 54

| Place | | | ----- Run1 ----- | | T1 | ----- Bike ----- | | T2 | ----- Run2 ----- | | Total | | | |
|--------------|----------------|----------------|------------------|------------|------------|------------------|------------|-------------|------------------|------------|-------------|-------------|---------|-----------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | | |
| 4 | 41 | Michael Fisher | 277 | 52 | 4 | 24:40.4 | | 1:16.1 | 5 | 1:09:39.2 | 1:17.4 | 4 | 28:38.6 | 2:05:31.8 |
| 5 | 46 | Norman Freund | 278 | 51 | 5 | 30:01.2 | | 1:11.0 | 4 | 1:08:10.8 | 1:28.5 | 5 | 30:31.1 | 2:11:22.8 |

Male 55 to 59

| Place | | | ----- Run1 ----- | | T1 | ----- Bike ----- | | T2 | ----- Run2 ----- | | Total | | | |
|--------------|----------------|----------------|------------------|------------|------------|------------------|------------|-------------|------------------|------------|-------------|-------------|---------|-----------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | | |
| 1 | 4 | John Noonan | 298 | 57 | 1 | 17:25.9 | | 0:35.2 | 1 | 50:35.8 | 0:49.8 | 1 | 18:24.8 | 1:27:51.6 |
| 2 | 7 | Ron Green | 281 | 57 | 2 | 18:57.9 | | 0:55.9 | 2 | 56:19.7 | 0:56.2 | 3 | 21:44.5 | 1:38:54.5 |
| 3 | 11 | Scott Ferguson | 274 | 57 | 3 | 19:57.8 | | 0:00.1 | 3 | 1:00:44.8 | 1:06.1 | 2 | 20:45.8 | 1:42:34.8 |
| 4 | 23 | Vincent Kirby | 287 | 59 | 4 | 22:46.6 | | 1:10.0 | 4 | 1:04:24.7 | 0:55.2 | 4 | 23:25.6 | 1:52:42.4 |

Male 60 to 64

| Place | | | ----- Run1 ----- | | T1 | ----- Bike ----- | | T2 | ----- Run2 ----- | | Total | | | |
|--------------|----------------|----------------|------------------|------------|------------|------------------|------------|-------------|------------------|------------|-------------|-------------|---------|-----------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | | |
| 1 | 26 | Mark Schachner | 328 | 61 | 1 | 24:41.3 | | 1:56.3 | 2 | 1:02:45.5 | 1:36.4 | 1 | 24:56.4 | 1:55:56.1 |
| 2 | 29 | Ed Silverman | 346 | 61 | 2 | 24:47.1 | | 1:29.6 | 3 | 1:04:36.2 | 1:07.6 | 2 | 25:19.9 | 1:57:20.5 |
| 3 | 35 | Sam Bursese | 265 | 62 | 4 | 25:11.3 | | 1:34.9 | 1 | 1:02:10.5 | 1:58.7 | 4 | 28:24.4 | 1:59:20.0 |
| 4 | 43 | Eric Leskovec | 290 | 60 | 3 | 24:52.9 | | 1:54.4 | 4 | 1:14:14.9 | 1:38.5 | 3 | 25:53.8 | 2:08:34.8 |

5th Annual Glens Falls Lions Club Duathlon

Race Date

October 09, 2016

Age Group Results

Individuals

Male 65 to 69

| Place | | | ----- Run1 ----- | | T1 | ----- Bike ----- | | T2 | ----- Run2 ----- | | Total | | | |
|--------------|----------------|-------------|------------------|------------|------------|------------------|------------|-------------|------------------|------------|-------------|-------------|---------|-----------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | | |
| 1 | 59 | Don Yeaton | 392 | 65 | 1 | 35:42.6 | | 4:02.6 | 1 | 1:42:32.0 | 1:34.9 | 1 | 42:33.7 | 3:06:25.9 |

Male 70 to 74

| Place | | | ----- Run1 ----- | | T1 | ----- Bike ----- | | T2 | ----- Run2 ----- | | Total | | | |
|--------------|----------------|----------------|------------------|------------|------------|------------------|------------|-------------|------------------|------------|-------------|-------------|---------|-----------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | | |
| 1 | 38 | Jim Cunningham | 269 | 72 | 1 | 26:35.4 | | 1:09.5 | 1 | 1:03:03.5 | 1:10.7 | 1 | 30:33.4 | 2:02:32.7 |