

Race Date
May 29, 2016

Saratoga Lions Club Duathlon
Age Group Results
Individual Duathlon

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run1</u> <u>Time</u>	<u>T-1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>T-2</u> <u>Time</u>	<u>Rnk</u>	<u>Run2</u> <u>Time</u>	<u>Total</u> <u>Time</u>
1	9	Beth Ruiz	106	43	2	21:07.4	1:25.0	1	48:27.5	0:59.2	3	22:40.4	1:34:39.7
2	11	Amy Farrell	50	39	1	20:00.7	0:48.0	2	52:45.1	0:44.8	1	21:26.5	1:35:45.3
3	17	Isabelle Dickens	45	40	3	21:23.2	0:52.3	3	54:20.6	0:45.3	2	22:24.4	1:39:46.1

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Saratoga Lions Club Duathlon
Age Group Results
Individual Duathlon

Female 19 and Under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	113	Kayla Dzikowicz	155	16	1	33:13.1	1:29.4	1	1:14:37.0	1:09.2	1	38:17.9	2:28:46.8	

Female 20 to 24

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	78	Jennifer Lachell	75	23	1	25:32.4	1:34.5	1	1:05:51.7	1:20.6	1	29:38.5	2:03:58.0	

Female 25 to 29

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	35	Erin Ayala	19	29	1	23:48.5	0:54.4	1	55:43.2	0:51.9	1	24:37.8	1:45:56.0	
2	67	Ashlea Keene	72	28	2	25:05.7	1:23.1	2	1:06:10.7	1:03.6	2	26:27.0	2:00:10.4	
3	92	Erika Morrisette	90	28	3	27:25.1	3:05.4	3	1:12:10.8	3:01.5	3	26:54.4	2:12:37.3	
4	124	Ashley Lacourse	76	27	4	32:43.6	1:26.1	4	1:22:13.1	1:35.4	4	40:30.1	2:38:28.4	

Female 30 to 34

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	43	Rachel Waller	132	30	1	22:11.9	0:59.7	1	59:58.8	1:17.6	1	24:33.6	1:49:01.7	
2	89	Alexandra Besso	24	30	3	27:55.1	1:24.9	2	1:05:49.5	0:58.8	4	34:09.9	2:10:18.3	
3	90	Erin Jones	71	31	2	25:22.2	1:04.1	5	1:13:22.0	1:11.9	2	29:39.6	2:10:40.0	

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Individual Duathlon

Female 30 to 34

Place					----	Run1	----		T-1		----	Bike	----		T-2		----	Run2	----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time		Time	Rnk	Time		Time	Rnk	Time		Time	Rnk	Time		Time	
4	101	Kristen Petty	97	30	4	30:48.1		1:40.8	3	1:09:50.3		1:24.8	3	32:06.3		2:15:50.4					
5	112	Caitlin Sparks	112	31	6	33:17.0		2:17.5	4	1:13:12.1		1:50.6	6	37:53.6		2:28:31.0					
6	123	Brittini Levinson	81	32	5	32:33.2		2:22.0	6	1:24:32.4		1:58.7	5	34:57.8		2:36:24.2					

Female 35 to 39

Place					----	Run1	----		T-1		----	Bike	----		T-2		----	Run2	----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time		Time	Rnk	Time		Time	Rnk	Time		Time	Rnk	Time		Time	
1	47	Sara Madden	148	39	1	22:15.8		1:13.3	2	1:03:00.9		1:19.5	1	23:05.2		1:50:54.9					
2	48	Amanda Zullo	137	36	2	24:47.8		1:14.7	1	57:56.6		0:56.8	2	26:39.9		1:51:36.1					
3	86	Raelee Grimm	59	35	4	26:49.5		1:09:12.7				1:08.4	3	31:46.7		2:08:57.4					
4	97	Ciclia Bigler	138	36	6	28:39.8		1:47.8	3	1:10:20.8		1:35.1	5	32:31.3		2:14:54.9					
5	106	Cynthia Collins	37	38	5	27:41.7		2:10.9	4	1:13:57.5		1:54.6	6	33:57.7		2:19:42.5					
6	109	Milissa Mueller	161	35	3	26:04.1		2:03.2	5	1:21:35.8		1:42.1	4	32:03.9		2:23:29.2					
7	119	Marcie Pasanen	95	35	8	30:55.7		1:43.9	6	1:25:08.4		1:46.0	7	34:00.3		2:33:34.5					
8	121	Danielle Freebern	52	35	7	29:41.9		2:09.8	7	1:25:09.2		1:58.0	8	36:44.5		2:35:43.6					

Female 40 to 44

Place					----	Run1	----		T-1		----	Bike	----		T-2		----	Run2	----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time		Time	Rnk	Time		Time	Rnk	Time		Time	Rnk	Time		Time	
1	44	Cathy Oldrich	94	42	1	23:47.9		0:57.1	1	57:21.2		0:52.7	1	26:34.8		1:49:33.8					
2	68	Julie Cuneo	40	44	3	27:24.9		1:32.7	2	1:00:46.9		1:44.9	2	28:46.6		2:00:16.1					
3	72	Karen Swift	119	42	2	25:54.1		1:29.8	3	1:02:04.8		1:46.3	3	30:24.7		2:01:39.8					
4	128	Lori Langdon	78	41	4	39:13.5		1:44.5	4	1:39:59.8		2:07.5	4	48:12.5		3:11:18.1					

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Saratoga Lions Club Duathlon
Age Group Results
Individual Duathlon

Female 45 to 49

Place			----- Run1 -----		T-1	----- Bike -----		T-2	----- Run2 -----		Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	
1	58	Lisa Eriksson	47	48	1	23:49.7	2:30.5	1	59:37.6	1:47.7	1	26:53.5	1:54:39.2
2	69	Karen Viger	127	47	2	25:21.3	1:54.9	2	1:04:40.4	1:51.2	2	27:05.1	2:00:52.9
3	93	Kathy Vanvalen	125	47	3	27:35.9	1:52.5	3	1:10:02.0	1:19.5	5	32:16.9	2:13:07.1
4	96	Anne Butler	31	46	5	28:35.6	2:02.1	4	1:10:05.0	2:07.5	4	31:42.0	2:14:32.3
5	99	Gina Heid	64	46	4	28:01.1	2:31.7	5	1:12:13.8	2:45.6	3	29:34.9	2:15:07.2

Female 50 to 54

Place			----- Run1 -----		T-1	----- Bike -----		T-2	----- Run2 -----		Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	
1	73	Lisa Pleban	98	52	2	25:32.3	1:49.7	2	1:05:33.6	1:27.7	1	27:45.0	2:02:08.4
2	100	Denise Gonder	56	52	3	27:36.4	2:05.0	4	1:13:20.2	2:28.4	2	29:45.0	2:15:15.2
3	108	Shelly Young	136	50	4	30:24.6	2:11.4	3	1:12:10.2	2:09.1	3	33:30.5	2:20:26.0
4	127	Colleen Hadley	61	53	5	38:32.0	1:32.5	5	1:30:03.2	2:24.3	4	45:25.7	2:57:57.8

Female 55 to 59

Place			----- Run1 -----		T-1	----- Bike -----		T-2	----- Run2 -----		Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	
1	23	Beth Stalker	114	57	1	21:30.0	0:53.3	1	55:54.0	1:03.8	1	21:53.9	1:41:15.1
2	83	Lisa Valentine	162	55	3	29:00.6	1:38.9	2	1:01:50.6	1:54.9	2	31:53.8	2:06:19.0
3	94	Amy Perillo	142	57	4	29:53.4	1:38.0	3	1:08:16.1	1:57.3	3	32:18.5	2:14:03.6
4	104	Deborah Curtis	42	56	2	28:27.1	1:31.6	4	1:09:16.1	2:11.2	4	34:49.4	2:16:15.6
5	122	Patricia Johnston	70	55	5	30:48.9	2:46.7	5	1:21:00.0	2:39.7	5	38:31.8	2:35:47.3

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Saratoga Lions Club Duathlon
Age Group Results
Individual Duathlon

Female 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	105	Donna Lustenhouer	83	63	2	29:07.9	1:28.3		1	1:12:14.8	1:26.3		2	32:09.9	2:16:27.5	
2	107	Judy Beers	22	63	1	28:37.0	1:24.5		3	1:19:03.7	1:16.1		1	29:52.6	2:20:14.1	
3	125	Stephani Krzysik	74	63	3	46:57.6	2:24.5		2	1:13:01.0	2:56.5		3	50:25.9	2:55:45.7	

Female 65 and Over

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	88	Christine McKnight	86	69	1	31:47.6	1:13.0		1	1:04:48.8	1:13.9		1	31:06.5	2:10:10.0	

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Individual Duathlon

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run1</u> <u>Time</u>	<u>T-1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>T-2</u> <u>Time</u>	<u>Rnk</u>	<u>Run2</u> <u>Time</u>	<u>Total</u> <u>Time</u>
1	1	Joshua Leblanc	80	27	1	16:34.8	0:41.3	3	50:03.0	0:43.2	1	17:54.0	1:25:56.5
2	2	Craig Tynan	157	47	2	18:58.5	0:41.8	2	49:18.0	0:34.3	2	19:29.0	1:29:01.9
3	3	James Stafford	146	52	3	19:32.0	0:53.6	1	47:46.8	0:53.6	3	21:11.1	1:30:17.3

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Saratoga Lions Club Duathlon
Age Group Results
Individual Duathlon

Male 19 and Under

Place		Name	Bib No	Age	Run1		T-1	Bike		T-2	Run2		Total
Overall	Rnk				Time	Time	Rnk	Time	Time	Rnk	Time	Time	
1	33	Trevor Dzikowicz	156	12							2	1:45:51.8	1:45:51.8
2	57	Max Eriksson	48	17	1	22:44.2	1:20.7	1	1:01:51.9	1:23.4	1	27:17.9	1:54:38.3

Male 25 to 29

Place		Name	Bib No	Age	Run1		T-1	Bike		T-2	Run2		Total
Overall	Rnk				Time	Time	Rnk	Time	Time	Rnk	Time	Time	
1	6	Kevin Long	82	28	1	20:20.5	0:45.8	1	48:22.8	0:41.3	1	21:27.5	1:31:38.1
2	27	Cory Sullivan	118	28	3	22:15.6	1:03.9	3	55:15.1	1:04.0	2	23:30.9	1:43:09.6
3	29	Ben Cohen	35	26	2	21:49.3	1:02.5	4	55:33.5	0:54.0	4	24:41.9	1:44:01.4
4	31	Ryan Keller	73	28	4	23:25.2	0:56.5	2	54:59.9	1:03.7	3	24:11.3	1:44:36.8

Male 30 to 34

Place		Name	Bib No	Age	Run1		T-1	Bike		T-2	Run2		Total
Overall	Rnk				Time	Time	Rnk	Time	Time	Rnk	Time	Time	
1	10	Nathan Rieger	102	33	1	20:33.2	1:03.4	1	51:23.7	0:58.7	1	20:42.9	1:34:42.1
2	28	Philip Guerrant	60	31	2	21:17.5	1:00.2	4	58:02.4	0:55.9	2	22:28.0	1:43:44.2
3	38	Kiel Vanwagner	140	32	3	22:41.3	1:05.9	3	57:00.4	1:07.4	3	24:58.7	1:46:53.8
4	40	Lyman Tinc	122	32	4	23:49.5	0:33.4	2	56:09.8	0:41.8	4	26:28.1	1:47:42.8
5	65	Christopher Rusc	107	32	5	23:58.0	1:28.0	5	1:03:22.5	1:11.0	5	29:30.2	1:59:29.9
6	80	Lukas Waller	131	33	6	24:14.9	1:41.7	6	1:05:53.2	1:43.8	6	31:02.0	2:04:35.8
7	111	Robert Hinman	67	31	7	27:21.5	2:00.5	7	1:20:24.1	1:49.9	7	33:17.2	2:24:53.2

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Saratoga Lions Club Duathlon
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Individual Duathlon

Male 35 to 39

Place		Name	Bib No	Age	Run1		T-1	Bike		T-2	Run2		Total
Overall	Rnk				Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
1	4	Matthew Crave	166	39	2	19:09.9	0:43.5	1	49:50.8	0:49.2	1	20:09.3	1:30:42.9
2	7	Carson Shedd	110	35	1	19:04.1	0:58.6	2	51:27.5	0:50.9	2	20:58.3	1:33:19.6
3	21	Chris Evans	49	37	3	21:51.0	0:43.7	4	54:11.4	0:44.4	3	22:46.0	1:40:16.6
4	37	Evan Chismark	147	38	4	22:11.0	2:05.8	3	54:09.3	4:35.7	4	23:19.3	1:46:21.3
5	39	Christopher Holley	68	35	5	22:53.4	1:06.4	7	58:20.4	0:51.6	5	24:06.7	1:47:18.6
6	42	Dan Casey	32	38	6	22:59.9	1:11.7	6	57:37.3	1:07.1	6	25:14.4	1:48:10.5
7	54	Tim Booth	28	37	11	24:59.0	1:35.4	5	57:20.4	1:43.1	8	27:39.5	1:53:17.7
8	66	Chris Perrone	96	38	7	23:16.9	1:18.2	11	1:07:27.9	1:29.9	7	26:33.1	2:00:06.3
9	70	Joshua Waller	130	35	12	25:06.5	1:40.4	8	1:01:56.2	1:46.9	11	30:32.2	2:01:02.4
10	71	Michael Bukowski	30	36	10	24:48.5	2:25.5	10	1:04:10.4	1:39.9	9	28:21.4	2:01:25.9
11	79	T.j. Houser	150	38	9	24:24.3	2:14.0	9	1:02:51.3	2:04.1	12	32:44.0	2:04:17.9
12	91	Harold Moore, Jr	88	36	8	24:04.3	1:14.2	12	1:11:26.9	0:57.6	13	34:43.5	2:12:26.8
13	102	Gerard Barry	21	38	13	28:27.6	1:21.9	13	1:14:44.8	1:39.7	10	29:37.8	2:15:51.9

Male 40 to 44

Place		Name	Bib No	Age	Run1		T-1	Bike		T-2	Run2		Total
Overall	Rnk				Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
1	8	Brenden Rillahan	103	43	1	19:23.3	0:40.2	1	49:44.2	0:36.9	5	23:20.9	1:33:45.7
2	12	Dan Murphy	91	42	2	19:43.9	1:14.2	4	52:39.2	1:20.0	1	20:48.6	1:35:46.1
3	14	John Ratzan	159	42	3	20:19.0	0:49.5	5	53:50.2	0:48.0	2	21:52.2	1:37:39.1
4	15	Randy Swift	120	44	7	21:35.5	1:18.6	3	51:42.3	1:11.4	3	22:58.0	1:38:45.9
5	20	John Bonetsky	27	41	6	21:27.6	1:28.8	2	51:05.9	1:11.8	9	24:56.1	1:40:10.5
6	25	Ian Morrison	89	40	8	21:57.6	1:06.6	6	54:40.7	1:00.5	7	24:00.0	1:42:45.6
7	26	Tom Fraser	51	44	4	20:42.8	1:19.7	8	56:20.1	1:16.8	4	23:18.5	1:42:58.0
8	30	Steven Nicoll	92	43	5	21:27.0	1:28.3	7	55:29.9	2:16.5	6	23:34.7	1:44:16.6

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Saratoga Lions Club Duathlon
Age Group Results
Individual Duathlon

Male 40 to 44

Place					----	Run1	----				----	T-2	----	Run2	----	Total
Place	Overall	Name	Bib No	Age	Rnk	Time		Time	Rnk	Time		Time	Rnk	Time		Time
9	49	Eric Bergin	23	44	12	25:46.4		1:18.3	9	58:39.3		1:13.8	8	24:55.3		1:51:53.3
10	61	Patrick Sorsby	111	41	9	22:54.7		2:36.4	10	1:01:06.6		2:44.9	10	26:05.1		1:55:27.9
11	76	Nicholas Verdile	126	41	11	25:43.1		1:30.5	11	1:07:01.8		1:09.4	11	27:56.5		2:03:21.6
12	103	Jason Gregory	58	40	10	25:37.5		1:56.6	13	1:12:00.0		1:45.1	12	34:42.4		2:16:01.9
13	114	Mike Romano	105	44	14	29:12.7		2:49.4	14	1:16:17.0		4:52.4	13	37:24.1		2:30:35.9
14	116	Peter Comito	38	42	13	29:12.4		2:29.7	12	1:07:56.8		13:30.9	14	37:26.7		2:30:36.7

Male 45 to 49

Place					----	Run1	----				----	T-2	----	Run2	----	Total
Place	Overall	Name	Bib No	Age	Rnk	Time		Time	Rnk	Time		Time	Rnk	Time		Time
1	13	Jason Gardner	53	46	3	21:16.3		0:49.5	1	50:36.0		0:44.9	4	23:45.6		1:37:12.5
2	18	Greg Moore	87	46	4	21:46.2		0:55.9	3	52:42.5		0:52.8	3	23:38.8		1:39:56.5
3	19	Jason Van Wie	124	46	6	21:59.7		0:51.3	2	52:29.5		0:43.1	5	24:01.5		1:40:05.3
4	22	Paul Allen	17	49	1	20:11.2		0:55.9	4	54:48.4		1:00.6	2	23:21.3		1:40:17.5
5	24	Todd McAuley	149	48	2	20:32.0		1:32.4	5	56:38.4		1:33.6	1	21:50.7		1:42:07.3
6	36	Neil Sergott	109	45	5	21:52.0		1:05.8	6	56:50.0		0:58.8	6	25:15.6		1:46:02.3
7	53	Timothy Thomas	121	49	7	23:06.6		1:15.4	10	1:00:14.9		1:42.0	8	26:34.9		1:52:54.0
8	55	John Bolton	26	47	9	24:10.1		1:56.6	8	57:41.8		1:39.3	10	28:17.3		1:53:45.4
9	59	Lance Decker	43	46	10	24:23.3		1:03.0	7	57:06.7		0:59.8	14	31:10.6		1:54:43.6
10	60	John Lawrence	151	47	11	24:42.4		1:09.5	11	1:02:13.8		0:57.0	7	25:53.7		1:54:56.6
11	63	Jon Eriksson	46	48	8	23:45.3		2:18.5	12	1:02:18.6		1:36.2	9	27:24.6		1:57:23.4
12	64	Jeffrey Halusic	63	49	15	27:35.5		1:58.4	9	57:53.5		1:16.0	12	29:33.5		1:58:17.1
13	75	Jeffrey Schwartz	108	48	13	25:16.3		1:19.2	15	1:05:41.0		1:40.3	11	29:21.9		2:03:18.9
14	77	Jeffrey Marx	85	45	14	26:18.2		1:27.1	13	1:03:42.1		1:23.9	13	30:43.1		2:03:34.7
15	85	Bryon Buchanan	29	46	12	25:16.0		2:53.8	14	1:04:55.8		2:52.9	15	31:59.1		2:07:57.8

Race Date
May 29, 2016

Saratoga Lions Club Duathlon
Age Group Results
Individual Duathlon

Male 45 to 49

Place		Name	Bib No	Age	Run1		T-1	Bike		T-2	Run2		Total
Overall	Rnk				Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
16	115	Dominic Lastoria	79	45	16	27:37.4	4:00.2	16	1:08:02.7	13:29.1	16	37:26.6	2:30:36.2
17	117	Marco Crivello	39	48	17	27:37.6	3:58.6	17	1:08:04.5	13:25.9	17	37:30.0	2:30:36.8

Male 50 to 54

Place		Name	Bib No	Age	Run1		T-1	Bike		T-2	Run2		Total
Overall	Rnk				Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
1	5	Carl Regenauer	99	51	1	19:08.5	0:35.8	1	49:40.8	0:38.4	1	20:47.3	1:30:51.0
2	34	Joe Place	141	53	2	21:26.0	1:13.7	3	55:53.4	1:13.0	4	26:07.4	1:45:53.7
3	41	Todd Digragoli	160	50	3	22:39.5	0:55.5	6	59:44.9	0:43.1	2	23:53.1	1:47:56.3
4	50	Paul Dicaprio	44	52	6	24:55.4	1:21.6	2	52:03.6	1:11.0	8	32:31.0	1:52:02.9
5	51	Will Glass	55	53	5	24:10.3	1:02.5	5	59:12.0	0:57.7	6	26:43.5	1:52:06.3
6	52	Michael Stalker	115	54	4	23:28.5	1:55.0	4	58:58.6	1:32.0	5	26:42.1	1:52:36.3
7	56	Ronald Richards	101	50	7	25:03.1	1:21.8	7	1:01:23.5	1:27.9	3	24:39.3	1:53:55.7
8	95	Douglas Clark	34	54	9	30:39.7	1:24.6	9	1:08:50.1	1:39.1	7	31:49.3	2:14:22.9
9	98	Daniel Oconnell	93	53	8	27:17.2	2:21.6	8	1:08:24.4	1:40.4	9	35:14.1	2:14:57.9

Male 55 to 59

Place		Name	Bib No	Age	Run1		T-1	Bike		T-2	Run2		Total
Overall	Rnk				Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
1	16	Ron Green	57	58	1	20:23.7	0:48.7	1	54:19.6	0:50.7	2	22:40.2	1:39:03.0
2	45	Mark Weidner	133	55	3	22:21.2	1:46.7	3	1:00:54.6	1:15.4	3	23:16.1	1:49:34.2
3	62	Tom Sisson	152	55	5	26:58.2	1:25.1	2	59:08.3	1:17.7	5	28:07.5	1:56:57.0
4	82	Danny Arnold	18	59	4	24:57.9	1:46.3	5	1:09:12.6	2:08.3	4	27:56.1	2:06:01.3

Race Date
May 29, 2016

Saratoga Lions Club Duathlon
Age Group Results
Individual Duathlon

Male 55 to 59

Place			----- Run1 -----		T-1	----- Bike -----		T-2	----- Run2 -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
5	87	Mark Wojcik	135	56	6	28:18.8		2:08.7	4	1:07:23.5	1:59.6	6	30:09.6	2:10:00.4
6	110	Bill Blake	25	56	7	2:07:27.9						1	16:27.1	2:23:55.1

Male 60 to 64

Place			----- Run1 -----		T-1	----- Bike -----		T-2	----- Run2 -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
1	32	Steve Vnuk	129	61	1	23:11.7		0:51.9	1	55:25.8	1:06.3	1	24:32.5	1:45:08.3
2	74	Joseph Sporko	113	60	3	28:07.3		2:07.6	2	1:02:01.4	1:36.2	3	28:49.0	2:02:41.7
3	81	George Baranauskas	20	63	2	23:41.0		1:30.5	4	1:11:54.2	0:50.4	2	27:02.7	2:04:59.1
4	118	Guy Allain	16	64	4	32:43.3		4:34.7	3	1:10:04.6	4:05.2	4	41:17.5	2:32:45.6
5	126	Dave Heyward	65	63	5	32:51.3		1:10.8	5	1:34:51.4	1:30.2	5	46:17.4	2:56:41.3

Male 65 and Over

Place			----- Run1 -----		T-1	----- Bike -----		T-2	----- Run2 -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
1	46	Nick Mercurio	167	70	1	23:36.1		1:00.2	1	58:13.9	1:00.5	1	26:22.8	1:50:13.7
2	84	Jim Cunningham	41	72	2	28:50.2		2:09.5	2	1:02:12.7	1:32.8	2	33:10.7	2:07:56.1
3	120	John Berley	158	65	3	31:15.3		1:48.8	3	1:21:27.1	1:17.2	3	37:58.7	2:33:47.4