

Race Date
May 29, 2016

Saratoga Lions Club Duathlon

Overall Results

Individual Duathlon

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	Joshua Leblanc	80	1 M Top Fin	1	16:34.8	0:41.3	8	50:03.0	0:43.2	2	17:54.0	1:25:56.5	
2	Craig Tynan	157	2 M Top Fin	2	18:58.5	0:41.8	4	49:18.0	0:34.3	3	19:29.0	1:29:01.9	
3	James Stafford	146	3 M Top Fin	7	19:32.0	0:53.6	1	47:46.8	0:53.6	9	21:11.1	1:30:17.3	
4	Matthew Crave	166	1 M 35-39	5	19:09.9	0:43.5	7	49:50.8	0:49.2	4	20:09.3	1:30:42.9	
5	Carl Regenauer	99	1 M 50-54	4	19:08.5	0:35.8	5	49:40.8	0:38.4	6	20:47.3	1:30:51.0	
6	Kevin Long	82	1 M 25-29	12	20:20.5	0:45.8	2	48:22.8	0:41.3	11	21:27.5	1:31:38.1	
7	Carson Shedd	110	2 M 35-39	3	19:04.1	0:58.6	12	51:27.5	0:50.9	8	20:58.3	1:33:19.6	
8	Brenden Rillahan	103	1 M 40-44	6	19:23.3	0:40.2	6	49:44.2	0:36.9	25	23:20.9	1:33:45.7	
9	Beth Ruiz	106	1 F Top Fin	17	21:07.4	1:25.0	3	48:27.5	0:59.2	18	22:40.4	1:34:39.7	
10	Nathan Rieger	102	1 M 30-34	15	20:33.2	1:03.4	11	51:23.7	0:58.7	5	20:42.9	1:34:42.1	
11	Amy Farrell	50	2 F Top Fin	9	20:00.7	0:48.0	18	52:45.1	0:44.8	10	21:26.5	1:35:45.3	
12	Dan Murphy	91	2 M 40-44	8	19:43.9	1:14.2	16	52:39.2	1:20.0	7	20:48.6	1:35:46.1	
13	Jason Gardner	53	1 M 45-49	18	21:16.3	0:49.5	9	50:36.0	0:44.9	30	23:45.6	1:37:12.5	
14	John Ratzan	159	3 M 40-44	11	20:19.0	0:49.5	19	53:50.2	0:48.0	13	21:52.2	1:37:39.1	
15	Randy Swift	120	4 M 40-44	25	21:35.5	1:18.6	13	51:42.3	1:11.4	20	22:58.0	1:38:45.9	
16	Ron Green	57	1 M 55-59	13	20:23.7	0:48.7	22	54:19.6	0:50.7	17	22:40.2	1:39:03.0	
17	Isabelle Dickens	45	3 F Top Fin	20	21:23.2	0:52.3	23	54:20.6	0:45.3	15	22:24.4	1:39:46.1	
18	Greg Moore	87	2 M 45-49	26	21:46.2	0:55.9	17	52:42.5	0:52.8	29	23:38.8	1:39:56.5	
19	Jason Van Wie	124	3 M 45-49	31	21:59.7	0:51.3	15	52:29.5	0:43.1	33	24:01.5	1:40:05.3	
20	John Bonetsky	27	5 M 40-44	23	21:27.6	1:28.8	10	51:05.9	1:11.8	42	24:56.1	1:40:10.5	
21	Chris Evans	49	3 M 35-39	28	21:51.0	0:43.7	21	54:11.4	0:44.4	19	22:46.0	1:40:16.6	
22	Paul Allen	17	4 M 45-49	10	20:11.2	0:55.9	25	54:48.4	1:00.6	26	23:21.3	1:40:17.5	
23	Beth Stalker	114	1 F 55-59	24	21:30.0	0:53.3	33	55:54.0	1:03.8	14	21:53.9	1:41:15.1	
24	Todd McAuley	149	5 M 45-49	14	20:32.0	1:32.4	36	56:38.4	1:33.6	12	21:50.7	1:42:07.3	
25	Ian Morrison	89	6 M 40-44	30	21:57.6	1:06.6	24	54:40.7	1:00.5	32	24:00.0	1:42:45.6	
26	Tom Fraser	51	7 M 40-44	16	20:42.8	1:19.7	35	56:20.1	1:16.8	23	23:18.5	1:42:58.0	
27	Cory Sullivan	118	2 M 25-29	34	22:15.6	1:03.9	27	55:15.1	1:04.0	27	23:30.9	1:43:09.6	
28	Philip Guerrant	60	2 M 30-34	19	21:17.5	1:00.2	46	58:02.4	0:55.9	16	22:28.0	1:43:44.2	
29	Ben Cohen	35	3 M 25-29	27	21:49.3	1:02.5	30	55:33.5	0:54.0	40	24:41.9	1:44:01.4	
30	Steven Nicoll	92	8 M 40-44	22	21:27.0	1:28.3	29	55:29.9	2:16.5	28	23:34.7	1:44:16.6	
31	Ryan Keller	73	4 M 25-29	46	23:25.2	0:56.5	26	54:59.9	1:03.7	35	24:11.3	1:44:36.8	
32	Steve Vnuk	129	1 M 60-64	44	23:11.7	0:51.9	28	55:25.8	1:06.3	36	24:32.5	1:45:08.3	
33	Trevor Dzikowicz	156	1 M 0-19							128	1:45:51.8	1:45:51.8	

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Run1</u>		<u>T-1</u>		<u>Bike</u>		<u>T-2</u>		<u>Run2</u>		<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
34	Joe Place	141	2 M 50-54	21	21:26.0	1:13.7	32	55:53.4	1:13.0	48	26:07.4	1:45:53.7		
35	Erin Ayala	19	1 F 25-29	52	23:48.5	0:54.4	31	55:43.2	0:51.9	38	24:37.8	1:45:56.0		
36	Neil Sergott	109	6 M 45-49	29	21:52.0	1:05.8	37	56:50.0	0:58.8	45	25:15.6	1:46:02.3		
37	Evan Chismark	147	4 M 35-39	32	22:11.0	2:05.8	20	54:09.3	4:35.7	24	23:19.3	1:46:21.3		
38	Kiel Vanwagner	140	3 M 30-34	38	22:41.3	1:05.9	38	57:00.4	1:07.4	43	24:58.7	1:46:53.8		
39	Christopher Holley	68	5 M 35-39	40	22:53.4	1:06.4	48	58:20.4	0:51.6	34	24:06.7	1:47:18.6		
40	Lyman Tinc	122	4 M 30-34	53	23:49.5	0:33.4	34	56:09.8	0:41.8	51	26:28.1	1:47:42.8		
41	Todd Digragoli	160	3 M 50-54	37	22:39.5	0:55.5	54	59:44.9	0:43.1	31	23:53.1	1:47:56.3		
42	Dan Casey	32	6 M 35-39	42	22:59.9	1:11.7	42	57:37.3	1:07.1	44	25:14.4	1:48:10.5		
43	Rachel Waller	132	1 F 30-34	33	22:11.9	0:59.7	55	59:58.8	1:17.6	37	24:33.6	1:49:01.7		
44	Cathy Oldrich	94	1 F 40-44	51	23:47.9	0:57.1	41	57:21.2	0:52.7	53	26:34.8	1:49:33.8		
45	Mark Weidner	133	2 M 55-59	36	22:21.2	1:46.7	58	1:00:54.6	1:15.4	22	23:16.1	1:49:34.2		
46	Nick Mercurio	167	1 M 65-99	48	23:36.1	1:00.2	47	58:13.9	1:00.5	49	26:22.8	1:50:13.7		
47	Sara Madden	148	1 F 35-39	35	22:15.8	1:13.3	70	1:03:00.9	1:19.5	21	23:05.2	1:50:54.9		
48	Amanda Zullo	137	2 F 35-39	63	24:47.8	1:14.7	45	57:56.6	0:56.8	55	26:39.9	1:51:36.1		
49	Eric Bergin	23	9 M 40-44	79	25:46.4	1:18.3	49	58:39.3	1:13.8	41	24:55.3	1:51:53.3		
50	Paul Dicaprio	44	4 M 50-54	65	24:55.4	1:21.6	14	52:03.6	1:11.0	99	32:31.0	1:52:02.9		
51	Will Glass	55	5 M 50-54	58	24:10.3	1:02.5	52	59:12.0	0:57.7	57	26:43.5	1:52:06.3		
52	Michael Stalker	115	6 M 50-54	47	23:28.5	1:55.0	50	58:58.6	1:32.0	56	26:42.1	1:52:36.3		
53	Timothy Thomas	121	7 M 45-49	43	23:06.6	1:15.4	56	1:00:14.9	1:42.0	54	26:34.9	1:52:54.0		
54	Tim Booth	28	7 M 35-39	67	24:59.0	1:35.4	40	57:20.4	1:43.1	64	27:39.5	1:53:17.7		
55	John Bolton	26	8 M 45-49	57	24:10.1	1:56.6	43	57:41.8	1:39.3	69	28:17.3	1:53:45.4		
56	Ronald Richards	101	7 M 50-54	68	25:03.1	1:21.8	60	1:01:23.5	1:27.9	39	24:39.3	1:53:55.7		
57	Max Eriksson	48	2 M 0-19	39	22:44.2	1:20.7	62	1:01:51.9	1:23.4	62	27:17.9	1:54:38.3		
58	Lisa Eriksson	47	1 F 45-49	54	23:49.7	2:30.5	53	59:37.6	1:47.7	58	26:53.5	1:54:39.2		
59	Lance Decker	43	9 M 45-49	60	24:23.3	1:03.0	39	57:06.7	0:59.8	88	31:10.6	1:54:43.6		
60	John Lawrence	151	10 M 45-49	62	24:42.4	1:09.5	67	1:02:13.8	0:57.0	46	25:53.7	1:54:56.6		
61	Patrick Sorsby	111	10 M 40-44	41	22:54.7	2:36.4	59	1:01:06.6	2:44.9	47	26:05.1	1:55:27.9		
62	Tom Sisson	152	3 M 55-59	84	26:58.2	1:25.1	51	59:08.3	1:17.7	68	28:07.5	1:56:57.0		
63	Jon Eriksson	46	11 M 45-49	50	23:45.3	2:18.5	68	1:02:18.6	1:36.2	63	27:24.6	1:57:23.4		
64	Jeffrey Halusic	63	12 M 45-49	89	27:35.5	1:58.4	44	57:53.5	1:16.0	75	29:33.5	1:58:17.1		
65	Christopher Rusc	107	5 M 30-34	55	23:58.0	1:28.0	71	1:03:22.5	1:11.0	74	29:30.2	1:59:29.9		
66	Chris Perrone	96	8 M 35-39	45	23:16.9	1:18.2	85	1:07:27.9	1:29.9	52	26:33.1	2:00:06.3		

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				<u>Rnk</u> <u>Time</u>	<u>Time</u> <u>Rnk</u>	<u>Time</u> <u>Rnk</u>	<u>Time</u> <u>Rnk</u>	<u>Time</u> <u>Rnk</u>	<u>Time</u>
67	Ashlea Keene	72	2 F 25-29	69 25:05.7	1:23.1 82	1:06:10.7	1:03.6 50	26:27.0	2:00:10.4
68	Julie Cuneo	40	2 F 40-44	87 27:24.9	1:32.7 57	1:00:46.9	1:44.9 71	28:46.6	2:00:16.1
69	Karen Viger	127	2 F 45-49	73 25:21.3	1:54.9 74	1:04:40.4	1:51.2 61	27:05.1	2:00:52.9
70	Joshua Waller	130	9 M 35-39	70 25:06.5	1:40.4 63	1:01:56.2	1:46.9 84	30:32.2	2:01:02.4
71	Michael Bukowski	30	10 M 35-39	64 24:48.5	2:25.5 73	1:04:10.4	1:39.9 70	28:21.4	2:01:25.9
72	Karen Swift	119	3 F 40-44	80 25:54.1	1:29.8 65	1:02:04.8	1:46.3 83	30:24.7	2:01:39.8
73	Lisa Pleban	98	1 F 50-54	75 25:32.3	1:49.7 77	1:05:33.6	1:27.7 65	27:45.0	2:02:08.4
74	Joseph Sporko	113	2 M 60-64	97 28:07.3	2:07.6 64	1:02:01.4	1:36.2 72	28:49.0	2:02:41.7
75	Jeffrey Schwartz	108	13 M 45-49	72 25:16.3	1:19.2 78	1:05:41.0	1:40.3 73	29:21.9	2:03:18.9
76	Nicholas Verdile	126	11 M 40-44	78 25:43.1	1:30.5 83	1:07:01.8	1:09.4 67	27:56.5	2:03:21.6
77	Jeffrey Marx	85	14 M 45-49	82 26:18.2	1:27.1 72	1:03:42.1	1:23.9 85	30:43.1	2:03:34.7
78	Jennifer Lachell	75	1 F 20-24	76 25:32.4	1:34.5 80	1:05:51.7	1:20.6 78	29:38.5	2:03:58.0
79	T.j. Houser	150	11 M 35-39	61 24:24.3	2:14.0 69	1:02:51.3	2:04.1 101	32:44.0	2:04:17.9
80	Lukas Waller	131	6 M 30-34	59 24:14.9	1:41.7 81	1:05:53.2	1:43.8 86	31:02.0	2:04:35.8
81	George Baranauskas	20	3 M 60-64	49 23:41.0	1:30.5 100	1:11:54.2	0:50.4 60	27:02.7	2:04:59.1
82	Danny Arnold	18	4 M 55-59	66 24:57.9	1:46.3 92	1:09:12.6	2:08.3 66	27:56.1	2:06:01.3
83	Lisa Valentine	162	2 F 55-59	105 29:00.6	1:38.9 61	1:01:50.6	1:54.9 92	31:53.8	2:06:19.0
84	Jim Cunningham	41	2 M 65-99	104 28:50.2	2:09.5 66	1:02:12.7	1:32.8 102	33:10.7	2:07:56.1
85	Bryon Buchanan	29	15 M 45-49	71 25:16.0	2:53.8 76	1:04:55.8	2:52.9 93	31:59.1	2:07:57.8
86	Raelee Grimm	59	3 F 35-39	83 26:49.5	1:09:12.7		1:08.4 90	31:46.7	2:08:57.4
87	Mark Wojcik	135	5 M 55-59	98 28:18.8	2:08.7 84	1:07:23.5	1:59.6 82	30:09.6	2:10:00.4
88	Christine McKnight	86	1 F 65-99	117 31:47.6	1:13.0 75	1:04:48.8	1:13.9 87	31:06.5	2:10:10.0
89	Alexandra Besso	24	2 F 30-34	95 27:55.1	1:24.9 79	1:05:49.5	0:58.8 107	34:09.9	2:10:18.3
90	Erin Jones	71	3 F 30-34	74 25:22.2	1:04.1 109	1:13:22.0	1:11.9 79	29:39.6	2:10:40.0
91	Harold Moore, Jr	88	12 M 35-39	56 24:04.3	1:14.2 99	1:11:26.9	0:57.6 109	34:43.5	2:12:26.8
92	Erika Morrisette	90	3 F 25-29	88 27:25.1	3:05.4 103	1:12:10.8	3:01.5 59	26:54.4	2:12:37.3
93	Kathy Vanvalen	125	3 F 45-49	90 27:35.9	1:52.5 95	1:10:02.0	1:19.5 97	32:16.9	2:13:07.1
94	Amy Perillo	142	3 F 55-59	110 29:53.4	1:38.0 89	1:08:16.1	1:57.3 98	32:18.5	2:14:03.6
95	Douglas Clark	34	8 M 50-54	112 30:39.7	1:24.6 91	1:08:50.1	1:39.1 91	31:49.3	2:14:22.9
96	Anne Butler	31	4 F 45-49	101 28:35.6	2:02.1 97	1:10:05.0	2:07.5 89	31:42.0	2:14:32.3
97	Ciclia Bigler	138	4 F 35-39	103 28:39.8	1:47.8 98	1:10:20.8	1:35.1 100	32:31.3	2:14:54.9
98	Daniel Oconnell	93	9 M 50-54	85 27:17.2	2:21.6 90	1:08:24.4	1:40.4 112	35:14.1	2:14:57.9
99	Gina Heid	64	5 F 45-49	96 28:01.1	2:31.7 104	1:12:13.8	2:45.6 76	29:34.9	2:15:07.2

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				<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>				
100	Denise Gonder	56	2 F 50-54	91	27:36.4		2:05.0	108	1:13:20.2	2:28.4	80	29:45.0	2:15:15.2
101	Kristen Petty	97	4 F 30-34	113	30:48.1		1:40.8	94	1:09:50.3	1:24.8	95	32:06.3	2:15:50.4
102	Gerard Barry	21	13 M 35-39	100	28:27.6		1:21.9	112	1:14:44.8	1:39.7	77	29:37.8	2:15:51.9
103	Jason Gregory	58	12 M 40-44	77	25:37.5		1:56.6	101	1:12:00.0	1:45.1	108	34:42.4	2:16:01.9
104	Deborah Curtis	42	4 F 55-59	99	28:27.1		1:31.6	93	1:09:16.1	2:11.2	110	34:49.4	2:16:15.6
105	Donna Lustenhouwer	83	1 F 60-64	106	29:07.9		1:28.3	105	1:12:14.8	1:26.3	96	32:09.9	2:16:27.5
106	Cynthia Collins	37	5 F 35-39	94	27:41.7		2:10.9	110	1:13:57.5	1:54.6	105	33:57.7	2:19:42.5
107	Judy Beers	22	2 F 60-64	102	28:37.0		1:24.5	114	1:19:03.7	1:16.1	81	29:52.6	2:20:14.1
108	Shelly Young	136	3 F 50-54	111	30:24.6		2:11.4	102	1:12:10.2	2:09.1	104	33:30.5	2:20:26.0
109	Milissa Mueller	161	6 F 35-39	81	26:04.1		2:03.2	118	1:21:35.8	1:42.1	94	32:03.9	2:23:29.2
110	Bill Blake	25	6 M 55-59	127	2:07:27.9						1	16:27.1	2:23:55.1
111	Robert Hinman	67	7 M 30-34	86	27:21.5		2:00.5	115	1:20:24.1	1:49.9	103	33:17.2	2:24:53.2
112	Caitlin Sparks	112	5 F 30-34	123	33:17.0		2:17.5	107	1:13:12.1	1:50.6	118	37:53.6	2:28:31.0
113	Kayla Dzikowicz	155	1 F 0-19	122	33:13.1		1:29.4	111	1:14:37.0	1:09.2	120	38:17.9	2:28:46.8
114	Mike Romano	105	13 M 40-44	108	29:12.7		2:49.4	113	1:16:17.0	4:52.4	114	37:24.1	2:30:35.9
115	Dominic Lastoria	79	16 M 45-49	92	27:37.4		4:00.2	87	1:08:02.7	13:29.1	115	37:26.6	2:30:36.2
116	Peter Comito	38	14 M 40-44	107	29:12.4		2:29.7	86	1:07:56.8	13:30.9	116	37:26.7	2:30:36.7
117	Marco Crivello	39	17 M 45-49	93	27:37.6		3:58.6	88	1:08:04.5	13:25.9	117	37:30.0	2:30:36.8
118	Guy Allain	16	4 M 60-64	119	32:43.3		4:34.7	96	1:10:04.6	4:05.2	123	41:17.5	2:32:45.6
119	Marcie Pasanen	95	7 F 35-39	115	30:55.7		1:43.9	121	1:25:08.4	1:46.0	106	34:00.3	2:33:34.5
120	John Berley	158	3 M 65-99	116	31:15.3		1:48.8	117	1:21:27.1	1:17.2	119	37:58.7	2:33:47.4
121	Danielle Freebern	52	8 F 35-39	109	29:41.9		2:09.8	122	1:25:09.2	1:58.0	113	36:44.5	2:35:43.6
122	Patricia Johnston	70	5 F 55-59	114	30:48.9		2:46.7	116	1:21:00.0	2:39.7	121	38:31.8	2:35:47.3
123	Brittni Levinson	81	6 F 30-34	118	32:33.2		2:22.0	120	1:24:32.4	1:58.7	111	34:57.8	2:36:24.2
124	Ashley Lacourse	76	4 F 25-29	120	32:43.6		1:26.1	119	1:22:13.1	1:35.4	122	40:30.1	2:38:28.4
125	Stephani Krzysik	74	3 F 60-64	126	46:57.6		2:24.5	106	1:13:01.0	2:56.5	127	50:25.9	2:55:45.7
126	Dave Heyward	65	5 M 60-64	121	32:51.3		1:10.8	124	1:34:51.4	1:30.2	125	46:17.4	2:56:41.3
127	Colleen Hadley	61	4 F 50-54	124	38:32.0		1:32.5	123	1:30:03.2	2:24.3	124	45:25.7	2:57:57.8
128	Lori Langdon	78	4 F 40-44	125	39:13.5		1:44.5	125	1:39:59.8	2:07.5	126	48:12.5	3:11:18.1