

Race Date
May 28, 2017

Saratoga Lions Club Duathlon

Overall Results

Individual Duathlon

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>	
						<u>Run1</u>		<u>Bike</u>		<u>Run2</u>				
1	Tim Russell	105	1 M Top Fin	1	18:02.9			0:25.4	2	44:49.0	0:29.3	2	19:16.7	1:23:03.4
2	Kristofer Johnson	103	2 M Top Fin	3	18:24.2			0:31.0	3	46:08.4	0:35.5	5	19:30.6	1:25:09.9
3	Todd Shatynski	112	3 M Top Fin	2	18:12.8			0:32.7	6	47:46.1	0:28.2	3	19:21.7	1:26:21.7
4	Matthew Purdy	66	1 M 35-39	7	19:16.2			0:56.2	7	47:50.0	0:36.2	4	19:27.7	1:28:06.5
5	Andy Ruiz	110	1 M 50-54	8	19:17.3			0:39.9	5	46:57.6	0:31.1	10	20:52.9	1:28:18.9
6	John Noonan	59	1 M 55-59	6	19:11.7			0:34.0	11	50:15.1	0:39.2	6	20:04.0	1:30:44.2
7	Jason Amoriell	2	1 M 45-49	13	20:38.9			0:55.5	12	50:30.1	0:46.8	15	21:46.0	1:34:37.6
8	Daniel Murphy	119	1 M 40-44	11	20:13.6			0:36.7	21	53:37.0	0:39.7	8	20:35.0	1:35:42.2
9	Keith Woodward	95	1 M 65-99	19	21:05.9			0:33.8	17	52:52.2	0:37.5	14	21:45.1	1:36:54.8
10	John Bovetsky	122	2 M 40-44	21	21:09.3			1:03.3	10	50:08.1	1:01.2	31	23:49.5	1:37:11.6
11	Tomo Miyama	116	2 M 50-54	17	21:03.0			0:39.1	15	52:28.3	0:34.7	22	22:27.0	1:37:12.2
12	Jenelle Glover	35	1 F Top Fin	14	20:50.2			0:51.1	22	53:51.6	0:38.6	12	21:16.9	1:37:28.6
13	Doug Girling	33	3 M 50-54	15	20:54.3			0:55.8	16	52:31.2	0:50.4	21	22:24.0	1:37:35.8
14	Michael Stalker	77	2 M 55-59	12	20:28.6			1:03.8	24	54:01.9	1:14.5	11	21:00.9	1:37:49.9
15	Ryan Keller	47	1 M 25-29	23	21:28.0			0:40.2	20	53:31.0	0:30.9	18	22:08.2	1:38:18.5
16	Ron Green	38	3 M 55-59	10	20:10.0			0:44.5	27	55:28.4	0:39.7	16	21:57.6	1:39:00.4
17	Greg Moore	55	2 M 45-49	26	21:36.2			0:48.6	18	53:04.6	0:41.6	25	23:02.7	1:39:13.9
18	Matt Ryan	72	3 M 40-44	50	23:56.4			1:06.8	9	49:23.7	1:03.0	36	24:10.5	1:39:40.5
19	Trevor Dzikowicz	114	1 M 0-19	9	19:19.9			0:40.2	38	57:46.7	0:32.5	19	22:11.6	1:40:31.0
20	Randy Swift	79	3 M 45-49	25	21:34.8			1:10.3	23	54:01.0	1:01.2	26	23:04.7	1:40:52.2
21	Paul Dicaprio	24	4 M 50-54	61	25:04.9			0:38.5	8	48:32.8	0:37.4	57	26:01.9	1:40:55.7
22	Neil Sergott	100	4 M 45-49	24	21:33.1			0:45.4	30	55:47.4	0:43.2	20	22:16.8	1:41:06.0
23	Lyman Tinc	113	1 M 30-34	43	23:24.7			0:33.8	14	52:25.8	0:28.9	38	24:19.6	1:41:13.0
24	Tom Tiberio	82	2 M 30-34	41	23:18.3			1:06.9	25	54:46.2	0:53.5	13	21:17.9	1:41:23.0
25	Robert Frisbie	32	4 M 40-44	16	20:57.9			1:03.2	29	55:43.8	0:56.0	27	23:08.7	1:41:49.8
26	Beth Stalker	76	2 F Top Fin	20	21:07.7			0:50.6	35	56:55.7	0:53.8	17	22:01.8	1:41:49.9
27	Kevin Cronin	20	2 M 0-19	4	18:33.0			0:24.5	62	1:01:59.9	0:22.5	9	20:43.5	1:42:03.7
28	Peter Comito	19	5 M 40-44	62	25:06.6			4:04.6	4	46:19.3	0:43.4	60	26:07.2	1:42:21.2
29	Dominick Audi	3	1 M 60-64	32	22:48.1			1:13.8	13	51:56.9	1:38.2	47	25:05.8	1:42:43.0
30	Matthew Toporowski	84	3 M 30-34	5	18:41.8			1:05.1	65	1:02:33.2	0:38.8	7	20:16.6	1:43:15.7
31	John Parisella	60	4 M 55-59	22	21:09.5			1:05.7	34	56:43.7	1:05.9	30	23:38.8	1:43:43.7
32	G. Dennis Beardsley	8	5 M 45-49	42	23:18.3			1:09.9	26	55:20.4	1:25.0	28	23:25.7	1:44:39.5
33	John Coleman	18	6 M 40-44	34	22:54.6			1:00.4	31	56:08.4	0:43.1	39	24:20.2	1:45:06.9

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
34	Ian Morrison	57	7 M 40-44	39	23:12.1	0:51.2	28	55:43.0	0:50.7	50	25:15.3	1:45:52.4	
35	Kim Morrison	58	3 F Top Fin	18	21:03.9	0:41.0	47	1:00:37.4	0:46.4	24	22:43.5	1:45:52.4	
36	Eric Ostrander	125	1 M 20-24	28	22:23.4	0:53.2	36	57:03.6	0:44.1	44	24:51.3	1:45:55.9	
37	Christophe Godinou	36	4 M 30-34	27	21:57.2	1:09.9	40	59:00.2	0:57.8	32	23:53.4	1:46:58.6	
38	Steve Vnuk	88	2 M 60-64	55	24:16.9	0:58.2	33	56:19.8	0:48.2	42	24:43.6	1:47:06.8	
39	Nick Mercurio	120	2 M 65-99	37	23:08.0	0:39.1	37	57:40.6	0:47.5	46	25:04.7	1:47:20.0	
40	Will Glass	34	5 M 50-54	36	23:05.4	0:47.5	43	59:54.7	0:42.4	37	24:13.1	1:48:43.2	
41	Amie Thomas	80	1 F 30-34	54	24:14.0	58:12.1			1:17.1	48	25:06.5	1:48:49.8	
42	Mark Weidner	92	5 M 55-59	30	22:28.7	1:23.2	60	1:01:48.4	0:58.3	29	23:35.0	1:50:13.7	
43	Colleen Murray	101	1 F 40-44	47	23:37.5	1:09.9	50	1:00:46.8	1:14.4	34	24:02.6	1:50:51.3	
44	Ryan Baker	4	3 M 0-19	31	22:47.8	0:45.9	52	1:00:53.5	1:23.7	49	25:13.5	1:51:04.6	
45	Michael Bukowski	13	2 M 35-39	45	23:32.8	1:36.5	39	58:58.9	1:04.8	56	25:53.0	1:51:06.1	
46	Patrick Sorsby	75	8 M 40-44	44	23:30.6	1:04.4	48	1:00:41.9	1:26.5	40	24:32.3	1:51:15.7	
47	Bridgett Frary	31	1 F 55-59	48	23:42.5	1:26.2	59	1:01:47.2	0:43.9	33	23:58.5	1:51:38.5	
48	Jodi Plante	63	2 F 40-44	79	26:50.8	0:49.8	32	56:19.0	0:45.3	69	27:16.5	1:52:01.5	
49	Matt Reardon	68	6 M 45-49	115	34:59.0	1:21.9	1	32:52.9	1:24.0	117	42:06.8	1:52:44.8	
50	John Davidson	22	6 M 55-59	46	23:34.0	0:29.7	51	1:00:48.2	0:31.7	71	27:27.9	1:52:51.8	
51	Erika Beardsley	7	3 F 40-44	60	24:58.4	1:25.3	42	59:53.1	1:02.8	54	25:36.1	1:52:55.9	
52	Jason Gregory	39	9 M 40-44	33	22:49.5	0:53.2	69	1:03:17.9	0:55.9	53	25:34.2	1:53:31.0	
53	Christopher Rusc	104	5 M 30-34	52	24:00.8	1:09.6	63	1:02:05.2	0:44.2	55	25:36.3	1:53:36.3	
54	Dr. Tom Denham	23	6 M 50-54	53	24:04.2	0:48.0	56	1:01:40.8	0:30.3	65	26:33.7	1:53:37.1	
55	Patricia Driscoll	25	1 F 60-64	67	25:18.9	0:40.5	44	1:00:11.1	1:07.7	64	26:30.5	1:53:48.8	
56	Shawn Raimo	67	10 M 40-44	29	22:26.4	0:54.7	70	1:03:36.1	0:59.0	58	26:05.5	1:54:01.9	
57	Brian Worthington	96	11 M 40-44	40	23:17.4	1:14.3	72	1:04:07.9	0:53.2	41	24:34.0	1:54:07.0	
58	Jon Eriksson	27	7 M 45-49	38	23:11.2	2:09.4	64	1:02:18.7	1:18.4	52	25:32.6	1:54:30.6	
59	Lisa Eriksson	28	1 F 45-49	118	1:29:09.9		45	1:00:30.8	46:57.9			1:55:06.8	
60	Matt Buonanno	121	6 M 30-34	68	25:36.5	1:17.8	41	59:16.1	1:12.4	76	27:57.5	1:55:20.5	
61	Jonathan Golden	37	12 M 40-44	35	22:56.0	1:40.3	87	1:07:14.4	1:18.4	23	22:37.1	1:55:46.3	
62	Ward King	49	3 M 65-99	71	26:13.5	1:05.9	55	1:01:22.3	0:54.5	63	26:15.0	1:55:51.4	
63	Roberta Vogt	89	1 F 50-54	63	25:06.7	1:34.1	66	1:02:34.3	1:05.6	62	26:13.9	1:56:34.8	
64	Karen Swift	78	4 F 40-44	77	26:41.2	1:05.5	46	1:00:32.0	1:05.3	75	27:51.6	1:57:15.7	
65	Nicholas Verdile	86	13 M 40-44	58	24:47.3	1:09.3	75	1:04:45.2	0:48.8	59	26:05.8	1:57:36.5	
66	Kelsey Allen	1	1 F 25-29	57	24:40.9	1:29.7	71	1:03:39.3	1:08.1	68	27:00.1	1:57:58.3	

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Overall Results

Individual Duathlon

Place	Name	Bib No	AG Place	Run1		T-1		Bike		T-2		Run2		Total Time
				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time			
67	John Viloria	87	3 M 35-39	56	24:20.8	2:21.6	82	1:06:31.2	0:38.0	35	24:07.5	1:57:59.3		
68	Michael Cebula	17	7 M 50-54	51	23:59.2	1:17.9	84	1:06:47.1	0:59.1	45	25:03.0	1:58:06.5		
69	John Martin	98	4 M 65-99	75	26:37.5	1:12.1	49	1:00:43.8	1:12.6	83	28:51.8	1:58:37.9		
70	Ronald Richards	71	8 M 50-54	76	26:37.5	1:18.0	67	1:02:51.2	1:24.1	67	26:55.2	1:59:06.3		
71	Larissa Bates	6	1 F 35-39	59	24:54.0	1:45.3	79	1:06:05.9	1:25.7	51	25:26.3	1:59:37.4		
72	John Butler	16	9 M 50-54	86	27:37.3	1:19.8	68	1:03:04.9	1:07.1	74	27:50.8	2:01:00.1		
73	Julie Cuneo	109	2 F 45-49	88	27:55.7	1:27.6	54	1:01:20.1	1:46.8	78	28:30.7	2:01:01.1		
74	James Jordan	46	14 M 40-44	89	27:58.2	1:22.4	57	1:01:44.5	1:12.3	85	28:59.1	2:01:16.6		
75	Anthony Whaley	94	10 M 50-54	106	31:00.6	1:43.5	19	53:08.2	1:41.1	102	33:46.3	2:01:19.8		
76	George Baranauskas	5	3 M 60-64	49	23:43.1	1:52.8	91	1:09:41.0	1:22.3	43	24:48.9	2:01:28.3		
77	Jeffrey Schwartz	73	8 M 45-49	65	25:13.3	1:32.8	76	1:05:01.9	1:22.6	77	28:27.9	2:01:38.7		
78	Karl Webb	91	9 M 45-49	69	25:50.1	1:20.8	74	1:04:29.1	1:13.1	87	29:19.7	2:02:13.0		
79	Karen Viger	102	3 F 45-49	81	26:54.0	1:29.9	77	1:05:56.1	1:12.0	72	27:28.5	2:03:00.7		
80	Lisa Pleban	97	2 F 50-54	73	26:32.1	1:54.0	80	1:06:27.4	1:26.6	66	26:54.5	2:03:14.7		
81	Kimberly Kilby	48	5 F 40-44	100	29:31.3	1:02.8	53	1:00:54.2	0:53.7	96	31:39.4	2:04:01.5		
82	Dawn Werneck	99	1 F 65-99	102	29:47.0	1:07.2	58	1:01:46.7	0:59.7	95	31:25.1	2:05:05.9		
83	Dan Burton	14	15 M 40-44	74	26:35.7	1:13.0	61	1:01:53.5	0:53.5	107	34:34.4	2:05:10.3		
84	Matt Mahoney	52	10 M 45-49	64	25:10.5	1:33.6	90	1:09:08.6	1:15.8	81	28:37.1	2:05:45.7		
85	Melissa Tiberio	81	2 F 30-34	108	31:11.5	1:15.7	73	1:04:11.8	1:05.7	79	28:31.2	2:06:16.0		
86	Hannah Westfall	93	2 F 25-29	70	25:54.9	1:17.2	93	1:11:04.2	1:01.6	70	27:19.6	2:06:37.7		
87	Lucas Rogers	123	2 M 25-29	66	25:15.3	1:50.9	95	1:12:03.2	1:37.1	61	26:09.9	2:06:56.6		
88	Unknown Partic. 1600	1600	4 M 0-19	119	1:36:41.0					91	30:27.6	2:07:08.6		
89	Gina Heid	42	4 F 45-49	82	26:56.6	2:05.5	89	1:07:59.7	1:42.8	80	28:36.1	2:07:20.8		
90	Amanda Williams	107	3 F 25-29	72	26:13.5	1:00.9	94	1:11:51.5	0:41.5	73	27:50.8	2:07:38.4		
91	Deborah Curtis	21	2 F 55-59	92	28:24.2	0:54.5	86	1:06:55.8	1:04.6	90	30:22.7	2:07:42.0		
92	Howard Kohn	118	4 M 60-64	105	30:55.3	1:01.5	81	1:06:30.7	0:47.1	88	29:22.4	2:08:37.3		
93	Bill Blake	10	7 M 55-59	80	26:51.9	1:11:19.3			2:00.8	84	28:54.0	2:09:06.1		
94	Alexandra Besso	9	3 F 30-34	91	28:17.3	1:01.5	85	1:06:49.8	0:46.2	97	32:24.9	2:09:19.9		
95	Tara Penge	62	5 F 45-49	87	27:44.2	2:22.9	109	1:22:35.2	1:00.2	1	15:51.1	2:09:33.8		
96	Christine McKnight	53	2 F 65-99	111	31:46.1	1:05.2	78	1:06:01.9	1:07.6	98	32:25.6	2:12:26.6		
97	Denise Sorsby	74	3 F 50-54	83	27:12.9	1:16.7	100	1:13:33.5	1:58.8	82	28:48.7	2:12:50.8		
98	Mariah Duell	26	4 F 30-34	84	27:32.5	1:04.0	98	1:12:40.8	1:06.4	93	31:18.9	2:13:42.7		
99	Mark Szkowicz	115	11 M 50-54	107	31:04.9	1:35.6	88	1:07:23.1	1:32.3	101	33:35.6	2:15:11.6		

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Time</u>	<u>T-1</u>	<u>Rnk</u>	<u>Time</u>	<u>T-2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
100	Anne Butler	15	6 F 45-49	95	29:14.6	2:31.1	99	1:12:44.8	1:35.5	92	30:38.5	2:16:44.7	
101	Charles T Brockett	11	5 M 65-99	114	32:47.6	2:08.0	83	1:06:46.2	1:21.2	105	34:21.8	2:17:25.0	
102	Maryanne McNamara	54	2 F 60-64	94	29:00.8	1:13.5	97	1:12:38.8	1:20.8	106	34:27.4	2:18:41.5	
103	Crystal Moran	56	7 F 45-49	78	26:47.0	1:57.8	105	1:16:37.7	0:40.5	99	32:45.1	2:18:48.3	
104	Danielle Freebern	106	2 F 35-39	96	29:15.2	2:07.2	104	1:15:20.6	1:51.6	94	31:21.4	2:19:56.1	
105	John Prybylowski	65	5 M 60-64	109	31:20.8	1:47.2	92	1:10:03.5	1:54.3	112	35:43.4	2:20:49.5	
106	Dee Fisher-Golden	30	8 F 45-49	110	31:42.4	3:07.0	96	1:12:09.6	2:09.0	100	33:07.0	2:22:15.2	
107	Tricia Johnston	44	3 F 55-59	101	29:34.7	2:24.4	102	1:13:55.3	2:41.4	104	34:21.7	2:22:57.6	
108	T Dalaba	111	12 M 50-54	90	28:03.1	1:48.1	101	1:13:37.2	2:14.0	115	38:18.0	2:24:00.6	
109	Thomas Ostrander	1516	13 M 50-54	104	30:10.7	1:25.7	107	1:18:33.7	1:54.6	103	34:18.5	2:26:23.3	
110	Marcie Pasanen	61	3 F 35-39	103	30:07.9	1:19.1	108	1:21:31.5	1:16.8	111	35:25.2	2:29:40.7	
111	Valerie Huot	43	4 F 55-59	85	27:33.8	4:40.6	111	1:27:01.1	1:47.5	86	29:13.9	2:30:17.0	
112	Erica Halbrook	40	9 F 45-49	112	32:04.6	3:34.5	106	1:17:23.8	2:43.9	110	35:20.4	2:31:07.5	
113	Matt Jones	45	6 M 60-64	93	28:54.8	1:10.2	112	1:32:30.4	1:04.0	89	30:14.1	2:33:53.6	
114	Stephen Mastaitis	124	7 M 60-64	116	36:50.2	2:16.8	103	1:14:21.1	2:43.9	116	40:43.9	2:36:56.0	
115	Alan Leake	50	6 M 65-99	113	32:05.7	1:26.7	113	1:35:03.3	1:02.6	109	35:10.1	2:44:48.6	
116	Jessica Harms	41	5 F 30-34	97	29:17.8	6:10.3	114	1:37:17.9	2:23.7	108	34:47.2	2:49:57.1	
117	Melissa Tubbs	85	6 F 40-44	117	38:32.2	2:41.7	110	1:24:58.0	1:24.7	118	45:05.7	2:52:42.4	
118	Keegan Reyna	69	5 M 0-19	99	29:29.6	1:51.3	116	1:46:08.6	1:14.3	113	37:01.0	2:55:45.0	
119	Tammy Reyna	70	7 F 40-44	98	29:29.4	1:52.8	115	1:46:06.9	1:16.1	114	37:15.6	2:56:00.9	