

RSTMP\$\$\$

Moreau Lake 15k/5k  
15 Kilometer  
Moreau, New York  
Sept 16, 2018  
Timing by www.greenleafacing.com

\*\*\*\*\* AWARDS LIST FOR 15K RACE \*\*\*\*\*

\*\*\*\*\* OVERALL RESULTS FOR FEMALES \*\*\*\*\*

1	Lenka Halamkova	43	Averill Park	NY	126	1:58:50
2	Julie Urbanski	49	Stillwater	NY	154	2:14:27
3	Kim Seabury	51	Old Chatham	NY	146	2:17:35

\*\*\*\*\* OVERALL RESULTS FOR MALES \*\*\*\*\*

1	Paul Fronhofer	40	Fort Edward	NY	123	1:36:02
2	Zach Stufflebeam	25	Schenectady	NY	150	1:38:11
3	Hugh Davis	58	Saratoga Spring	NY	115	1:47:35

FEMALE AGE GROUP: 01 - 19

MALE AGE GROUP: 01 - 19

FEMALE AGE GROUP: 20 - 29

1	38	christa kanellis	28	Greenwich	NY	2:33:18
2	50	Tung Maltsev	24	Cohoes	NY	3:51:11

MALE AGE GROUP: 20 - 29

1	10	Mike Konderwich	27	Valatie	NY	1:52:01
2	18	Adam Burn	29	Guilderland	NY	2:05:18
3	37	cody vincent	27	Albany	NY	2:33:08

FEMALE AGE GROUP: 30 - 39

1	31	Kelly Kolnick	34	Ballston Spa	NY	2:28:24
2	42	Jenny Kurnit	31	Albany	NY	2:44:03
3	45	Rebecca Evansky	39	Hudson Falls	NY	2:52:33
4	46	Ariel Dickson	37	Schuylerville	NY	2:52:33

MALE AGE GROUP: 30 - 39

1	11	Tim Hanlon	33	Lake George	NY	1:52:13
2	16	Tom Tiberio	33	Scotia	NY	2:00:28
3	26	Paul Howard	34	Gansevoort	NY	2:17:53
4	28	David Cittadino	32	Ilion	NY	2:19:02
5	29	christopher edick	34	New York Mills	NY	2:19:29
6	30	Rock Travis	36	Clifton Park	NY	2:20:20
7	33	Trevor Diefendorf	32	Ballston Spa	NY	2:30:05
8	34	Kyle Simmons	33	Albany	NY	2:30:51
9	35	Jeff Miller	34	Schenectady	NY	2:30:54
10	36	Jeffrey Arnold	31	Averill Park	NY	2:30:58

FEMALE AGE GROUP: 40 - 49

1	43	Tracy Podnorszki	43	Fort Edward	NY	2:47:17
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MALE AGE GROUP: 40 - 49

1	12	Brian Dillenbeck	47	Alplaus	NY	1:54:00
2	19	Andrew Kos	45	Gansevoort	NY	2:08:02
3	22	John Evansky	40	Hudson Falls	NY	2:13:37
4	24	Mike Bowman	46	Schenectady	NY	2:15:19
5	32	Michael Breslin	42	Albany	NY	2:29:40
6	39	Jeremy Kergel	43	Schenectady	NY	2:35:02
7	47	Bill Sims	45	Schenectady	NY	3:16:06

FEMALE AGE GROUP: 50 - 59

MALE AGE GROUP: 50 - 59

1	13	Steve Seabury	50	Old Chatham	NY	1:54:40
2	15	Jim Amell	59	Gansevoort	NY	1:59:16
3	21	Timothy Lippert	57	Berne	NY	2:12:40

FEMALE AGE GROUP: 60 - 69

RSTMP\$\$\$

MALE AGE GROUP: 60 - 69

1	17 Dennis Humphrey	62 Delmar	NY 2:03:29
2	27 Steve Sweeney	63 Delanson	NY 2:18:02
3	40 Jeff Clark	60 Glenmont	NY 2:35:12
4	44 Vincent Kirby	61 Mechanicville	NY 2:52:04

FEMALE AGE GROUP: 70 - 99

1	48 Laura Clark	71 Saratoga Springs	NY 3:41:19
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MALE AGE GROUP: 70 - 99