

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Jon Lindenauer	Albany NY	265	31	M	1: Open	15:39.7	5:03/M
2	Maxwell Fredette	Saratoga Springs NY	152	15	M	2: Open	17:03.5	5:30/M
3	Byron Grevious	Westport CT	184	13	M	3: Open	17:06.0	5:31/M
4	Christine Myers	Altamont NY	322	21	F	1: Open	17:23.9	5:36/M
5	Terrance Gallogly	Saratoga Springs NY	160	32	M	1: 30-34	17:42.6	5:43/M
6	Eric Young	Latham NY	465	27	M	1: 25-29	17:45.6	5:44/M
7	Ramón Dominguez	Saratoga Springs NY	111	42	M	1: 40-44	17:46.6	5:44/M
8	Denis Samburskiy	Syracuse NY	383	37	M	1: 35-39	18:00.6	5:48/M
9	Mckinley Wheeler	Saratoga Springs NY	456	14	F	2: Open	18:00.8	5:48/M
10	Aidan Waite	Saratoga Springs NY	440	17	M	1: 15-19	18:02.4	5:49/M
11	Nathan Laing	Waterford NY	254	24	M	1: 20-24	18:06.9	5:50/M
12	Chase Baker	Saratoga Springs NY	10	33	M	2: 30-34	18:39.1	6:01/M
13	Greg Ethier	Clifton Park NY	128	45	M	1: 45-49	18:52.1	6:05/M
14	Sheridan Wheeler	Saratoga Springs NY	457	14	F	3: Open	18:57.4	6:07/M
15	Heidi Stears	Ballston Spa NY	413	27	F	1: 25-29	18:59.3	6:07/M
16	Oswaldo Rodriguez	Mechanicville NY	372	40	M	2: 40-44	19:02.2	6:08/M
17	Michael Franke	Watervliet NY	151	32	M	3: 30-34	19:07.1	6:10/M
18	Catherine Mongan	Gansevoort NY	489	15	F	1: 15-19	19:31.4	6:18/M
19	Aidan Rice	Ballston Spa NY	364	18	M	2: 15-19	19:32.3	6:18/M
20	Luke Gobel	Ballston Spa NY	169	20	M	2: 20-24	19:44.0	6:22/M
21	Jack Arnold	Latham NY	7	56	M	1: 55-59	19:46.5	6:23/M
22	Michele Jordan		533	26	M	2: 25-29	19:49.5	6:24/M
23	Richard Joyce	Wynantskill NY	233	59	M	2: 55-59	19:50.6	6:24/M
24	Ryan Legere	Clifton Park NY	263	36	M	2: 35-39	19:51.5	6:24/M
25	Diana Tobon-Knobloch	Schenectady NY	429	38	F	1: 35-39	19:52.6	6:25/M
26	Albert Fisas	Saratoga Springs NY	139	46	M	2: 45-49	20:01.7	6:27/M
27	Sophie Tesla	Greenfield Center NY	425	18	F	2: 15-19	20:02.4	6:28/M
28	Erin Lopez	Saratoga Springs NY	513	38	F	2: 35-39	20:14.5	6:32/M
29	Lance Risler	Rexford NY	369	15	M	3: 15-19	20:17.4	6:33/M
30	Brian Lusignan	Glenmont NY	274	35	M	3: 35-39	20:17.7	6:33/M
31	Jean-Baptiste Laloe	Saratoga Springs NY	255	37	M	4: 35-39	20:19.7	6:33/M
32	Aj Goertzen	Porter Corners NY	171	32	M	4: 30-34	20:21.3	6:34/M
33	John Furgele	Delmar NY	156	51	M	1: 50-54	20:26.4	6:35/M
34	Leydon Hemsworth	Saratoga Springs NY	211	14	M	1: 1-14	20:34.6	6:38/M
35	Adam Guillaume	Gansevoort NY	188	31	M	5: 30-34	20:36.9	6:39/M
36	Cristina Demeo	Saratoga Springs NY	96	16	F	3: 15-19	20:38.5	6:39/M
37	Andrew Eisler	Ballston Spa NY	123	15	M	4: 15-19	20:45.2	6:42/M
38	Jonah Passaro	Gansevoort NY	344	15	M	5: 15-19	20:48.9	6:43/M
39	Jennifer Richardson	Albany NY	365	39	F	3: 35-39	20:53.6	6:44/M
40	Jon Gurney	Saratoga Springs NY	191	56	M	3: 55-59	20:54.0	6:45/M
41	Joshua Wisinski	Lake View NY	461	41	M	3: 40-44	21:01.1	6:47/M
42	Zach Gobel	Ballston Spa NY	170	50	M	2: 50-54	21:02.0	6:47/M
43	John Sweeney	Latham NY	418	19	M	6: 15-19	21:02.9	6:47/M
44	Michelle Lavigne	Albany NY	260	44	F	1: 40-44	21:03.5	6:47/M
45	Anya Belisle	Gansevoort NY	15	13	F	1: 1-14	21:03.9	6:47/M
46	Jon Weilbaker	Saratoga Springs NY	485	60	M	1: 60-64	21:16.3	6:52/M
47	Evan Roz	Guilderland NY	376	33	M	6: 30-34	21:21.3	6:53/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Laura Rosman	Porter Corners NY	374	35	F	4: 35-39	21:23.2	6:54/M
49	Unknown Partic. 3617		3617		M	1: 0-0	21:24.6	6:54/M
50	Philip Spiezio	Greenwich NY	410	54	M	3: 50-54	21:24.8	6:54/M
51	Stacey MacDonald	Porter Corners NY	276	30	F	1: 30-34	21:24.9	6:54/M
52	Matthew Gaschel	Greenfield Center NY	161	33	M	7: 30-34	21:25.5	6:55/M
53	Paul Salerni	Little Neck NY	382	63	M	2: 60-64	21:27.5	6:55/M
54	Robert Sowle	Ballston Spa NY	408	34	M	8: 30-34	21:28.2	6:55/M
55	Alexander Sakmar	Danville PA	522	29	M	3: 25-29	21:29.4	6:56/M
56	Kennedy Vishneowski	Ballston Spa NY	439	17	F	4: 15-19	21:29.6	6:56/M
57	Nicholas Prock	Saratoga Springs NY	358	31	M	9: 30-34	21:29.9	6:56/M
58	Ciara Knott	Saratoga Springs NY	490	18	F	5: 15-19	21:30.7	6:56/M
59	Skyler Knott	Saratoga Springs NY	491	14	F	2: 1-14	21:32.0	6:57/M
60	Matthew Fryer	Clifton Park NY	155	39	M	5: 35-39	21:37.2	6:58/M
61	Kristina Koes	Schenectady NY	247	18	F	6: 15-19	21:43.6	7:00/M
62	Katie Vandyck	Middle Grove NY	434	16	F	7: 15-19	21:46.1	7:01/M
63	Ryan Healy	Glens Falls NY	208	14	M	2: 1-14	21:49.5	7:02/M
64	Dave Glass	Schenectady NY	166	72	M	1: 70-74	21:50.7	7:03/M
65	John Modoski	Amsterdam NY	304	51	M	4: 50-54	21:53.5	7:04/M
66	Megan Harrington	Cambridge NY	203	34	F	2: 30-34	21:54.4	7:04/M
67	Stephen Greivous	Westport CT	185	59	M	4: 55-59	21:54.9	7:04/M
68	Tom Vishneowksi	Ballston Spa NY	438	54	M	5: 50-54	21:55.5	7:04/M
69	Seth Dunn	Saratoga Springs NY	469	48	M	3: 45-49	21:57.1	7:05/M
70	Jamie Casline	Ballston Lake NY	55	59	M	5: 55-59	21:58.3	7:05/M
71	Matthew North	London LBH	332	40	M	4: 40-44	22:03.2	7:07/M
72	Kaila Morgante	Saratoga Springs NY	311	35	F	5: 35-39	22:07.6	7:08/M
73	Scott Iseman	Saratoga Springs NY	222	34	M	10: 30-34	22:08.4	7:08/M
74	Peter Pedrotty	Greenfield Center NY	347	39	M	6: 35-39	22:09.6	7:09/M
75	John Bory	Ballston Spa NY	27	34	M	11: 30-34	22:10.2	7:09/M
76	Jared Dessingue	Waterford NY	99	19	M	7: 15-19	22:10.7	7:09/M
77	Charles Falivena	Forest Hills NY	131	15	M	8: 15-19	22:11.7	7:09/M
78	Matthew Myers	Gansevoort NY	324	19	M	9: 15-19	22:15.7	7:11/M
79	Mike McDonald	Ballston Spa NY	291	15	M	10: 15-19	22:18.0	7:12/M
80	Brian Cuneo	Saratoga Springs NY	83	48	M	4: 45-49	22:18.3	7:12/M
81	John Sullivan	Albany NY	416	47	M	5: 45-49	22:19.0	7:12/M
82	Bill Foley	Wappingers Falls NY	145	65	M	1: 65-69	22:21.0	7:13/M
83	Zachary Hill	Saratoga Spgs NY	505	44	M	5: 40-44	22:22.5	7:13/M
84	Trudy Boulia	Delanson NY	29	47	F	1: 45-49	22:23.8	7:13/M
85	Alicia Bevan	Porter Corners NY	21	38	F	6: 35-39	22:27.3	7:15/M
86	Chad McKissick	Ballston Spa NY	294	44	M	6: 40-44	22:29.5	7:15/M
87	Tommy Maurer	Ballston Spa NY	289	14	M	3: 1-14	22:33.1	7:16/M
88	Sarah Piper	Fort Edward NY	352	39	F	7: 35-39	22:34.0	7:17/M
89	Robert Hahn	Hilton Head Island	193	62	M	3: 60-64	22:34.2	7:17/M
90	Gerard Lavelle	Saratoga NY	486	45	M	6: 45-49	22:37.1	7:18/M
91	Michael Cignarale	Franklin MA	473	31	M	12: 30-34	22:37.3	7:18/M
92	Thomas Iacobelli	Saratoga Springs NY	508	36	M	7: 35-39	22:38.3	7:18/M
93	Jesse Roth	Charlestown MA	496	36	M	8: 35-39	22:38.6	7:18/M
94	Louis Croce	Saratoga Springs NY	82	31	M	13: 30-34	22:40.5	7:19/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
95	Lindsay McGrath	Gansevoort NY	293	18	F	8: 15-19	22:41.5	7:19/M
96	Jacob Armer	Ballston Spa NY	482	14	M	4: 1-14	22:44.5	7:20/M
97	Brady Murphy	Saratoga Springs NY	316	12	M	5: 1-14	22:52.6	7:23/M
98	Paul Houlihan	Saratoga Springs NY	217	46	M	7: 45-49	22:56.6	7:24/M
99	Erin Jordan		532	23	F	1: 20-24	22:58.0	7:25/M
100	Cole Harris	Saratoga Springs NY	204	14	M	6: 1-14	23:08.4	7:28/M
101	Devan Carter	Saratoga Springs NY	49	13	M	7: 1-14	23:09.2	7:28/M
102	Julia Gorevich	Albany NY	177	12	F	3: 1-14	23:09.9	7:28/M
103	Adam Newman	Saratoga Springs NY	330	58	M	6: 55-59	23:10.9	7:28/M
104	Stephen Bravo	Saratoga Springs NY	31	39	M	9: 35-39	23:12.9	7:29/M
105	Katherine Doyle	New York NY	115	25	F	2: 25-29	23:15.2	7:30/M
106	Gonzalo Diaz	Saratoga Springs NY	502	41	M	7: 40-44	23:16.2	7:30/M
107	John Coffey	Brooklyn NY	67	51	M	6: 50-54	23:16.2	7:30/M
108	Phillip White	Ballston Spa NY	458	43	M	8: 40-44	23:17.3	7:31/M
109	Andrew Patrick	Nashville TN	345	44	M	9: 40-44	23:19.9	7:31/M
110	Peter Lopatka	Saratoga Springs NY	269	48	M	8: 45-49	23:20.7	7:32/M
111	W. Brady Thomas	Saratoga Springs NY	427	13	M	8: 1-14	23:27.1	7:34/M
112	Laura Picardi	Saratoga Springs NY	351	54	F	1: 50-54	23:29.5	7:35/M
113	Claire Cuneo	Saratoga Springs NY	84	15	F	9: 15-19	23:29.9	7:35/M
114	Joe Tyler	Saratoga Springs NY	432	52	M	7: 50-54	23:31.0	7:35/M
115	Cal Arnold	Latham NY	5	21	M	3: 20-24	23:35.0	7:36/M
116	Raymond Sarola	Philadelphia PA	386	38	M	10: 35-39	23:41.0	7:38/M
117	Sunil Kumta	Schenectady NY	250	56	M	7: 55-59	23:45.0	7:40/M
118	Jamie Liscom	Saratoga Springs NY	487	36	F	8: 35-39	23:47.5	7:40/M
119	Ed Groves	Saratoga Springs NY	186	54	M	8: 50-54	23:48.2	7:41/M
120	Jim Goodspeed	Queensbury NY	173	68	M	2: 65-69	23:48.8	7:41/M
121	Kim Law	East Greenbush NY	261	61	F	1: 60-64	23:48.9	7:41/M
122	Christopher Dolinsky	Saratoga Springs NY	110	41	M	10: 40-44	23:51.5	7:42/M
123	Richard Carter	Saratoga Springs NY	50	47	M	9: 45-49	23:53.1	7:42/M
124	Don Proulx	Saratoga Springs NY	359	57	M	8: 55-59	23:55.2	7:43/M
125	Joe Aliberti	Voorheesville NY	3	69	M	3: 65-69	24:01.1	7:45/M
126	Erin Callahan	Saratoga Springs NY	43	33	F	3: 30-34	24:01.9	7:45/M
127	Ann Glackin	Ballston Lake NY	165	47	F	2: 45-49	24:03.4	7:45/M
128	Maureen Fitzgerald	Clifton Park NY	141	61	F	2: 60-64	24:04.9	7:46/M
129	Joan Mateos Sanchez	Saratoga Springs NY	288	46	M	10: 45-49	24:07.5	7:47/M
130	Rachel Ward	Greenfield Center NY	449	38	F	9: 35-39	24:11.7	7:48/M
131	Kelly Fitzpatrick	Albany NY	142	19	F	10: 15-19	24:14.2	7:49/M
132	Chris Renzi	Malta NY	363	37	M	11: 35-39	24:15.1	7:49/M
133	Nicholas Generoso	Gansevoort NY	163	14	M	9: 1-14	24:17.2	7:50/M
134	Cassidy Levy	Saratoga Springs NY	494	16	F	11: 15-19	24:18.1	7:50/M
135	Matisyahu Kelleher	Saratoga Springs NY	240	64	M	4: 60-64	24:20.1	7:51/M
136	David Corson	Porter Corners NY	76	42	M	11: 40-44	24:21.5	7:51/M
137	Patrick Connors	Saratoga Springs NY	70	55	M	9: 55-59	24:23.9	7:52/M
138	Carrie Hughes-Cromwick	Saratoga Springs NY	218	35	F	10: 35-39	24:24.1	7:52/M
139	Genevieve Duchaussee	Saratoga Springs NY	116	13	F	4: 1-14	24:29.3	7:54/M
140	Linda Myers	Vestal NY	323	51	F	2: 50-54	24:30.7	7:54/M
141	Carol Kristel	Ballston Lake NY	249	32	F	4: 30-34	24:30.9	7:54/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
142	Adam Coolong	Ballston Spa NY	73	27	M	4: 25-29	24:32.1	7:55/M
143	Daniel Maloney	Gansevoort NY	280	52	M	9: 50-54	24:33.5	7:55/M
144	Jill Gobel	Ballston Spa NY	168	49	F	3: 45-49	24:34.8	7:55/M
145	Peter Lafnitzegger	Albany NY	253	49	M	11: 45-49	24:35.7	7:56/M
146	William Martin	Gansevoort NY	284	62	M	5: 60-64	24:37.7	7:56/M
147	Flash Cirillo	Brooklyn NY	59	46	M	12: 45-49	24:41.0	7:58/M
148	Jim Brundige	Saratoga Springs NY	35	57	M	10: 55-59	24:41.2	7:58/M
149	Bob Mead	East Greenbush NY	500	70	M	2: 70-74	24:42.4	7:58/M
150	Stephen Meyer	Clifton Park NY	299	47	M	13: 45-49	24:43.7	7:58/M
151	Kristian Montenegro	Slingerlands NY	305	36	M	12: 35-39	24:45.9	7:59/M
152	Shannon Britten	Saratoga Springs NY	493	48	F	4: 45-49	24:48.6	8:00/M
153	Marlie Nally	Ballston Spa NY	328	26	F	3: 25-29	24:50.5	8:01/M
154	Casey Arnold	Seattle WA	6	27	F	4: 25-29	24:52.2	8:01/M
155	Steven Spuck	Albany NY	412	52	M	10: 50-54	24:52.9	8:01/M
156	Christine Decker	Saratoga Springs NY	92	47	F	5: 45-49	24:56.6	8:03/M
157	Charles Hotaling	Latham NY	215	46	M	14: 45-49	24:57.5	8:03/M
158	Chad Hotaling	Cohoes NY	214	41	M	12: 40-44	24:59.3	8:04/M
159	Zoe Devito	Gansevoort NY	101	44	F	2: 40-44	24:59.9	8:04/M
160	Michael Benjamin	Schenectady NY	16	32	M	14: 30-34	25:00.7	8:04/M
161	Shannon Walkup	Tully NY	447	38	F	11: 35-39	25:03.2	8:05/M
162	Colton Walkup	Tully NY	446	10	M	10: 1-14	25:03.4	8:05/M
163	Erin Roy	Schenectady NY	375	37	F	12: 35-39	25:08.2	8:06/M
164	Renay Dippert	Saratoga Springs NY	109	38	F	13: 35-39	25:08.8	8:06/M
165	Susan Coyner	Glens Falls NY	77	55	F	1: 55-59	25:13.4	8:08/M
166	Adam Gollub	Albany NY	172	33	M	15: 30-34	25:13.9	8:08/M
167	Benjamin Miller	Ballston Spa NY	301	14	M	11: 1-14	25:15.0	8:09/M
168	Kathy Viggiano	Delmar NY	437	50	F	3: 50-54	25:15.1	8:09/M
169	Elizabeth Moore	Rexford NY	306	35	F	14: 35-39	25:16.0	8:09/M
170	Evan Weatherwax	Saratoga Springs NY	452	14	M	12: 1-14	25:17.6	8:09/M
171	Daniel Ernst	Cohoes NY	126	54	M	11: 50-54	25:25.2	8:12/M
172	Jeffrey Wink	Ballston Spa NY	459	57	M	11: 55-59	25:25.3	8:12/M
173	William Moore	Saratoga Springs NY	309	49	M	15: 45-49	25:27.3	8:13/M
174	Robert Desautels	Amsterdam NY	97	49	M	16: 45-49	25:29.5	8:13/M
175	Maxwell Nerenberg	Troy NY	497	31	M	16: 30-34	25:30.5	8:14/M
176	Walter Thompson	Ballston Spa NY	428	52	M	12: 50-54	25:32.0	8:14/M
177	Jonathan Dippert	Saratoga Springs NY	108	38	M	13: 35-39	25:35.8	8:15/M
178	Leah Spoar	Saint Johnsville NY	411	36	F	15: 35-39	25:37.1	8:16/M
179	Jeffrey Schwartz	Saratoga Springs NY	396	51	M	13: 50-54	25:38.5	8:16/M
180	Alain Laval	Schuylerville NY	259	55	M	12: 55-59	25:40.0	8:17/M
181	Simone Nadeau	Saratoga Springs NY	501	33	F	5: 30-34	25:40.2	8:17/M
182	Michael Bradley	Saratoga Springs NY	30	64	M	6: 60-64	25:42.1	8:17/M
183	Tom Potter	Saratoga Springs NY	356	59	M	13: 55-59	25:42.4	8:17/M
184	Ainsley Billings	Dolgeville NY	22	14	F	5: 1-14	25:45.6	8:18/M
185	Jeff Many	Saratoga Springs NY	283	61	M	7: 60-64	25:46.3	8:19/M
186	Daniel Kammerer	Ballston Lake NY	235	46	M	17: 45-49	25:47.7	8:19/M
187	Terry Smith	Galway NY	406	72	M	3: 70-74	25:48.8	8:19/M
188	Michael Moran	Saratoga Springs NY	310	54	M	14: 50-54	25:59.2	8:23/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
189	Jackie Carman	Albany NY	48	34	F	6: 30-34	26:09.5	8:26/M
190	Abigail Edwards	Greenfield Center NY	118	12	F	6: 1-14	26:11.8	8:27/M
191	Kaylee Grayson	Porter Corners NY	183	12	F	7: 1-14	26:11.9	8:27/M
192	Lydia Kammerer	Ballston Lake NY	236	15	F	12: 15-19	26:17.7	8:29/M
193	Denise McNamara	Ballston Spa NY	510	50	F	4: 50-54	26:22.0	8:30/M
194	Kim Didrich	Clifton Park NY	104	39	F	16: 35-39	26:24.5	8:31/M
195	David Schneider	Jessup MD	392	48	M	18: 45-49	26:30.6	8:33/M
196	Joseph Wyld	Schenectady NY	495	32	M	17: 30-34	26:40.3	8:36/M
197	Kevin Lovett	Saratoga Springs NY	470	31	M	18: 30-34	26:46.1	8:38/M
198	John "red" Murray	Malverne NY	319	13	M	13: 1-14	26:47.3	8:38/M
199	Kim Eisler	Ballston Spa NY	124	52	F	5: 50-54	26:59.8	8:42/M
200	Jarrod Jourdin	Schenectady NY	232	46	M	19: 45-49	27:00.0	8:43/M
201	Rebecca Benjamin	Schenectady NY	17	32	F	7: 30-34	27:00.9	8:43/M
202	Lindsay Cartmill	Rotterdam NY	52	32	F	8: 30-34	27:01.0	8:43/M
203	Mike Pitnell	Schenectady NY	353	58	M	14: 55-59	27:03.1	8:44/M
204	Mia Jeffreys	Saratoga Springs NY	225	26	F	5: 25-29	27:03.6	8:44/M
205	Lori Santilli	Schenectady NY	385	54	F	6: 50-54	27:05.3	8:44/M
206	Karen Doyle	Briarcliff Manor NY	114	58	F	2: 55-59	27:05.9	8:44/M
207	Katie Campbell	Albany NY	44	27	F	6: 25-29	27:06.3	8:45/M
208	Neal Campbell	Albany NY	45	29	M	5: 25-29	27:07.0	8:45/M
209	Cammie Simmes	Queensbury NY	401	46	F	6: 45-49	27:09.5	8:45/M
210	Mike Chovonec	Lutherville Timonium	58	69	M	4: 65-69	27:10.1	8:46/M
211	Suzanne Travis	Clifton Park NY	430	59	F	3: 55-59	27:17.0	8:48/M
212	Alexis Eisler	Ballston Spa NY	122	13	F	8: 1-14	27:17.5	8:48/M
213	Allison Olear	Saratoga Springs NY	339	32	F	9: 30-34	27:20.1	8:49/M
214	Jeff Barlok	Shrewsbury MA	11	53	M	15: 50-54	27:22.2	8:50/M
215	Michael McLain	Saratoga Springs NY	295	13	M	14: 1-14	27:29.0	8:52/M
216	Michael McDonald	Ballston Spa NY	290	47	M	20: 45-49	27:30.2	8:52/M
217	Jen Seeger	Albany NY	398	33	F	10: 30-34	27:31.3	8:53/M
218	Bruce Stevens	Latham NY	414	63	M	8: 60-64	27:33.0	8:53/M
219	Mark Michele		530	60	M	9: 60-64	27:37.1	8:55/M
220	Patricia Cyran	Albany NY	85	29	F	7: 25-29	27:37.3	8:55/M
221	Matthew Waling	Ballston Spa NY	445	45	M	21: 45-49	27:37.8	8:55/M
222	Gina Heid	Ballston Spa NY	209	48	F	7: 45-49	27:38.6	8:55/M
223	Richard Robinson	Clifton Park NY	370	57	M	15: 55-59	27:43.9	8:56/M
224	Sarah Wlodarczyk	Valatie NY	462	33	F	11: 30-34	27:46.9	8:57/M
225	Jacqui Evola	Ballston Spa NY	129	53	F	7: 50-54	27:48.8	8:58/M
226	Nicolas Ernst	Cohoes NY	127	21	M	4: 20-24	27:53.1	9:00/M
227	David Fitts	Hoboken NJ	475	54	M	16: 50-54	27:53.8	9:00/M
228	Todd Sitterly		526	50	M	17: 50-54	27:57.9	9:01/M
229	James Flanagan	Wilton NY	144	45	M	22: 45-49	28:03.1	9:03/M
230	Stephanie Davis	Saratoga Springs NY	89	49	F	8: 45-49	28:04.2	9:03/M
231	Jill Schoepflin	Bloomsburg PA	393	51	F	8: 50-54	28:05.7	9:04/M
232	Peter Carucci	Ballston Lake NY	53	70	M	4: 70-74	28:07.1	9:04/M
233	Richard Bennett	Clifton Park NY	18	67	M	5: 65-69	28:12.1	9:06/M
234	Kirsten Leblanc	Broadalbin NY	262	56	F	4: 55-59	28:15.0	9:07/M
235	Dean Hamilton-Jones	Saratoga Springs NY	197	46	M	23: 45-49	28:15.4	9:07/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
236	Carly Hamilton-Jones	Saratoga Springs NY	196	46	F	9: 45-49	28:15.5	9:07/M
237	Darlene Cardillo	Delmar NY	46	66	F	1: 65-69	28:18.2	9:08/M
238	Peter Demarco	Schenectady NY	95	35	M	14: 35-39	28:19.1	9:08/M
239	Lucy Astor	Franklin MA	472	31	F	12: 30-34	28:19.7	9:08/M
240	Melanie Lovett	Saratoga Springs NY	471	31	F	13: 30-34	28:19.9	9:08/M
241	Brian Debisschop	Shrewsbury MA	91	27	M	6: 25-29	28:22.5	9:09/M
242	Caitlin Guillaume	Gansevoort NY	189	29	F	8: 25-29	28:24.6	9:10/M
243	Marna Meltzer McMorris	Guilderland NY	298	50	F	9: 50-54	28:25.8	9:10/M
244	Jim McMorris	Guilderland NY	296	50	M	18: 50-54	28:26.1	9:10/M
245	David Lifford	Mechanicville NY	506	53	M	19: 50-54	28:27.0	9:11/M
246	Deanne Dipace	Schenectady NY	107	32	F	14: 30-34	28:27.4	9:11/M
247	Cindy Kehn	Gansevoort NY	239	46	F	10: 45-49	28:29.0	9:11/M
248	Michelle Muir	Saratoga Springs NY	512	47	F	11: 45-49	28:30.9	9:12/M
249	Julie Cochran	Westport CT	66	57	F	5: 55-59	28:32.5	9:12/M
250	Cameron Corsi	Gansevoort NY	75	30	F	15: 30-34	28:37.0	9:14/M
251	Brian Corsi	Gansevoort NY	74	31	M	19: 30-34	28:37.1	9:14/M
252	Janine Masiewicz	Clifton Park NY	285	41	F	3: 40-44	28:38.1	9:14/M
253	Jessica Irwin	Niskayuna NY	220	31	F	16: 30-34	28:39.6	9:15/M
254	Susan Fitzpatrick	Albany NY	143	56	F	6: 55-59	28:42.0	9:15/M
255	Allan Weatherwax	Saratoga Springs NY	451	53	M	20: 50-54	28:45.8	9:16/M
256	Jeff Klembczyk	Saratoga Springs NY	246	54	M	21: 50-54	28:52.2	9:19/M
257	Mark Eldridge	Heath MA	125	55	M	16: 55-59	28:53.1	9:19/M
258	Jacob Govel	Schenectady NY	182	17	M	11: 15-19	28:53.3	9:19/M
259	Bill Walsh	Saratoga Springs NY	448	53	M	22: 50-54	28:55.5	9:20/M
260	Bryce Kahler	Gansevoort NY	234	23	M	5: 20-24	28:56.5	9:20/M
261	Rich Tanchyk	Saratoga Springs NY	421	67	M	6: 65-69	28:57.7	9:20/M
262	Unknown Partic. 527		527		M	2: 0-0	29:00.0	9:21/M
263	Zach Arpey	Waterford NY	8	26	M	7: 25-29	29:02.1	9:22/M
264	Danielle Farron	Waterford NY	134	25	F	9: 25-29	29:02.2	9:22/M
265	Stacy Taylor	Ballston Spa NY	423	38	F	17: 35-39	29:05.4	9:23/M
266	Anna Tew	South Hadley MA	426	33	F	17: 30-34	29:07.1	9:24/M
267	Wayne Fosmire	Fort Edward NY	149	52	M	23: 50-54	29:11.7	9:25/M
268	Crystal Eggleston	Whitehall NY	120	37	F	18: 35-39	29:13.0	9:25/M
269	Maureen Burke	Manorville NY	38	58	F	7: 55-59	29:15.3	9:26/M
270	Kate Turner	Porter Corners NY	431	12	F	9: 1-14	29:17.6	9:27/M
271	Mary Lee Smaldone	Gansevoort NY	402	57	F	8: 55-59	29:22.1	9:28/M
272	Emily Govel	Schenectady NY	179	16	F	13: 15-19	29:30.8	9:31/M
273	Joe Rocco	Saratoga Springs NY	516	65	M	7: 65-69	29:31.7	9:31/M
274	Amy Oh	Saratoga Springs NY	337	37	F	19: 35-39	29:31.8	9:31/M
275	Jim Fiore	Latham NY	138	71	M	5: 70-74	29:32.6	9:32/M
276	Erin Govel	Schenectady NY	180	47	F	12: 45-49	29:35.4	9:33/M
277	Lois Shoemaker	Schenectady NY	399	56	F	9: 55-59	29:38.0	9:34/M
278	Zachary Kielb	Ballston Spa NY	242	20	M	6: 20-24	29:39.0	9:34/M
279	Morning Star Howell	Schaghticoke NY	498	35	F	20: 35-39	29:40.9	9:34/M
280	Joshua Bronner	Saratoga Springs NY	514	37	M	15: 35-39	29:46.3	9:36/M
281	Gina Scavone	Saratoga Springs NY	391	60	F	3: 60-64	29:47.9	9:36/M
282	Joshua Hale	Waterford NY	194	34	M	20: 30-34	29:48.0	9:37/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
283	Pat Zemianek	Bennington VT	467	78	F	1: 75-79	29:48.3	9:37/M
284	Brandy Lant	Saratoga Springs NY	474	44	F	4: 40-44	29:48.8	9:37/M
285	Allison Gubala	Saratoga Springs NY	187	44	F	5: 40-44	29:55.5	9:39/M
286	Timothy Boucher	Ballston Spa NY	28	19	M	12: 15-19	30:00.5	9:41/M
287	Martin Rulison	Middle Grove NY	378	56	M	17: 55-59	30:01.2	9:41/M
288	Cheryl Rench	Greenfield Center NY	362	60	F	4: 60-64	30:05.3	9:42/M
289	John Gorevich	Albany NY	176	45	M	24: 45-49	30:16.3	9:46/M
290	Tara Fischer	Saratoga Springs NY	140	39	F	21: 35-39	30:16.8	9:46/M
291	David gasper		529	59	M	18: 55-59	30:16.9	9:46/M
292	Michael Mansir	Ballston Spa NY	282	62	M	10: 60-64	30:23.6	9:48/M
293	Kimberly Caughron	Greenfield Center NY	56	50	F	10: 50-54	30:25.0	9:49/M
294	Randi Dessingue	Waterford NY	100	55	F	10: 55-59	30:27.1	9:49/M
295	Sharon Haynes	Tampa FL	207	52	F	11: 50-54	30:28.5	9:50/M
296	Thomas McTernan	Schenectady NY	297	64	M	11: 60-64	30:29.3	9:50/M
297	Diane Mahar	Ballston Spa NY	277	58	F	11: 55-59	30:29.7	9:50/M
298	Linda Michele		531	58	F	12: 55-59	30:33.4	9:51/M
299	John Jr. Craig	Clifton Park NY	80	26	M	8: 25-29	30:33.9	9:51/M
300	Richard Romano	Saratoga Springs NY	373	51	M	24: 50-54	30:42.0	9:54/M
301	Charles Brockett	Dolgeville NY	34	73	M	6: 70-74	30:43.0	9:55/M
302	Jillian Faison	Brooklyn NY	130	35	F	22: 35-39	30:44.8	9:55/M
303	Lauren Rose Murray	Malverne NY	320	15	F	14: 15-19	30:47.5	9:56/M
304	Tara Sano	Queensbury NY	384	43	F	6: 40-44	30:49.1	9:56/M
305	Michele Eicher	Queensbury NY	121	46	F	13: 45-49	30:50.3	9:57/M
306	Brittany Glenn	Ballston Lake NY	167	29	F	10: 25-29	30:50.4	9:57/M
307	Katie Seaburg	Delmar NY	397	39	F	23: 35-39	30:51.5	9:57/M
308	Meg Gallien	Saratoga Springs NY	159	64	F	5: 60-64	30:54.0	9:58/M
309	Bonnie Hernandez	Arvada CO	503	39	F	24: 35-39	30:56.6	9:59/M
310	Thomas Ridzi	Albany NY	367	36	M	16: 35-39	30:56.7	9:59/M
311	John Ridzi	Clifton Park NY	366	38	M	17: 35-39	30:56.9	9:59/M
312	Rick Hengsterman	Clifton Park NY	212	49	M	25: 45-49	30:57.5	9:59/M
313	Jeff Mt. Pleasant	Clifton Park NY	314	54	M	25: 50-54	30:57.6	9:59/M
314	Peter Kircher	Albany NY	245	66	M	8: 65-69	30:58.6	9:59/M
315	Tim Leonard	Clifton Park NY	264	71	M	7: 70-74	31:03.1	10:01/M
316	Mark Harnett	Brooklyn NY	202	60	M	12: 60-64	31:03.9	10:01/M
317	Jim Moore	Schenectady NY	307	79	M	1: 75-79	31:07.5	10:02/M
318	Anna Ackermann	Hudson Falls NY	1	31	F	18: 30-34	31:08.8	10:03/M
319	Adam Nichols	Schenectady NY	499	49	M	26: 45-49	31:09.3	10:03/M
320	Patricia Sattelberg	Burnt Hills NY	387	32	F	19: 30-34	31:12.6	10:04/M
321	Roger Manion	Ballston Lake NY	519	59	M	19: 55-59	31:13.7	10:04/M
322	Kathleen Tersigni	Burnt Hills NY	424	48	F	14: 45-49	31:24.7	10:08/M
323	Karly Desimone	Ballston Spa NY	98	27	F	11: 25-29	31:26.4	10:08/M
324	Chad Harrison	Ballston Spa NY	206	32	M	21: 30-34	31:26.5	10:08/M
325	Susan Clare	Saratoga Springs NY	60	53	F	12: 50-54	31:28.8	10:09/M
326	Grainne Coogan	Saratoga Springs NY	72	49	F	15: 45-49	31:31.4	10:10/M
327	Mark Palleschi	Schenectady NY	343	58	M	20: 55-59	31:31.8	10:10/M
328	Laura Kashishian	Niagara Falls NY	238	37	F	25: 35-39	31:32.4	10:10/M
329	Breanne Aquino	Latham NY	4	35	F	26: 35-39	31:33.2	10:11/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
330	Maria Massa	Rensselaer NY	287	47	F	16: 45-49	31:34.4	10:11/M
331	Joseph Gabriele	Clifton Park NY	157	33	M	22: 30-34	31:34.5	10:11/M
332	Kathryn Brennan	Queensbury NY	33	66	F	2: 65-69	31:39.9	10:13/M
333	Megan Davenport	Gansevoort NY	88	33	F	20: 30-34	31:43.7	10:14/M
334	Jeffrey Nerney	Rutland VT	329	62	M	13: 60-64	31:49.2	10:16/M
335	Jim Mahar	Ballston Spa NY	278	63	M	14: 60-64	31:49.3	10:16/M
336	Kellie Decker	Saratoga Springs NY	93	45	F	17: 45-49	31:50.8	10:16/M
337	Steven Schriber	Porter Corners NY	507	61	M	15: 60-64	31:52.2	10:17/M
338	Heather Sowle	Ballston Spa NY	407	33	F	21: 30-34	31:52.4	10:17/M
339	Tracy Locke	Porter Corners NY	267	45	F	18: 45-49	32:03.7	10:20/M
340	Teresa Mills	Latham NY	303	53	F	13: 50-54	32:08.7	10:22/M
341	Kathleen Hutson	Clifton Park NY	219	62	F	6: 60-64	32:09.6	10:22/M
342	Maryse Folmsbee	Chatham NY	146	62	F	7: 60-64	32:10.9	10:23/M
343	Keira Clark	Ballston Spa NY	61	47	F	19: 45-49	32:12.1	10:23/M
344	Terry O'Callaghan	Clifton Park NY	334	43	M	13: 40-44	32:21.8	10:26/M
345	Kathleen Delaney	Albany NY	94	61	F	8: 60-64	32:22.7	10:26/M
346	Cassidy Craig	Clifton Park NY	78	23	F	2: 20-24	32:23.1	10:27/M
347	Darlene Barry	Bennington VT	14	66	F	3: 65-69	32:26.3	10:28/M
348	Courtney Krisanda	Mechanicville NY	248	38	F	27: 35-39	32:27.3	10:28/M
349	Cory Gagnon		524	8	M	15: 1-14	32:28.9	10:28/M
350	Jaime Farone	Saratoga Springs NY	133	42	F	7: 40-44	32:29.0	10:29/M
351	Noah Gagnon		525	41	M	14: 40-44	32:29.1	10:29/M
352	Amy Odonnell	Clifton Park NY	336	54	F	14: 50-54	32:31.7	10:29/M
353	Diane Mt. Pleasant	Clifton Park NY	313	51	F	15: 50-54	32:40.7	10:32/M
354	Diane Stone	Waterford NY	415	61	F	9: 60-64	32:45.0	10:34/M
355	Barry Ostrager	New York NY	340	71	M	8: 70-74	32:48.6	10:35/M
356	Emily Donahue	Troy NY	112	31	F	22: 30-34	32:52.3	10:36/M
357	John Janes	Ballston Spa NY	223	50	M	26: 50-54	32:55.1	10:37/M
358	Kayla Mickley-Frichette	Clifton Park NY	300	31	F	23: 30-34	33:02.2	10:39/M
359	Erin Linde	Saratoga Springs NY	515	36	F	28: 35-39	33:06.4	10:41/M
360	Annemarie Ohearn	Saratoga Springs NY	338	57	F	13: 55-59	33:06.7	10:41/M
361	Mark Lucas	Cohoes NY	272	48	M	27: 45-49	33:07.1	10:41/M
362	Aubrie Digiacomio	Scotia NY	106	41	F	8: 40-44	33:07.3	10:41/M
363	Catherine Gagnon	Saratoga Springs NY	158	61	F	10: 60-64	33:12.2	10:43/M
364	Marie Arrao	Saratoga Springs NY	9	63	F	11: 60-64	33:12.4	10:43/M
365	Holley Hahn	Gansevoort NY	192	58	F	14: 55-59	33:15.3	10:44/M
366	Monica Murray	Malverne NY	321	49	F	20: 45-49	33:16.9	10:44/M
367	James Malazita	Troy NY	468	32	M	23: 30-34	33:21.1	10:45/M
368	Nicole Keller	East Greenbush NY	241	38	F	29: 35-39	33:23.5	10:46/M
369	Michael Myers	Gansevoort NY	325	52	M	27: 50-54	33:24.6	10:46/M
370	Eric Hanley	Oviedo FL	198	45	M	28: 45-49	33:28.8	10:48/M
371	Juliana Evans	Saratoga Springs NY	479	9	F	10: 1-14	33:28.8	10:48/M
372	Katarina Evans	Saratoga Springs NY	478	43	F	9: 40-44	33:28.9	10:48/M
373	Charlie Wallingford	Saratoga Springs NY	484	9	M	16: 1-14	33:30.1	10:48/M
374	Jeffrey Waldin	Rotterdam Junction	442	49	M	29: 45-49	33:35.2	10:50/M
375	Karen Wallingford	Saratoga Springs NY	483	42	F	10: 40-44	33:38.7	10:51/M
376	Stacey Morgans	Saratoga Springs NY	492	9	M	17: 1-14	33:39.3	10:51/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
377	Jessica Sakmar	Danville PA	523	31	F	24: 30-34	33:48.4	10:54/M
378	Robert Murphy	Saratoga Springs NY	318	38	M	18: 35-39	33:52.3	10:55/M
379	Katelyne Murphy	Saratoga Springs NY	317	37	F	30: 35-39	33:52.5	10:55/M
380	Nicole Runyon	Rensselaer NY	379	34	F	25: 30-34	33:53.5	10:56/M
381	Peter Tarana	Queensbury NY	422	77	M	2: 75-79	33:54.3	10:56/M
382	Carol Gurney	Saratoga Springs NY	190	54	F	16: 50-54	33:55.8	10:56/M
383	David Waldin	Rotterdam Junction	441	14	M	18: 1-14	34:04.9	10:59/M
384	Stephen Waldin	Rotterdam Junction	443	11	M	19: 1-14	34:05.1	11:00/M
385	Trey Bodkin	Greenwich NY	25	30	M	24: 30-34	34:05.5	11:00/M
386	Lindsay Bodkin	Saratoga Springs NY	24	30	F	26: 30-34	34:05.6	11:00/M
387	Linette Waling	Ballston Spa NY	444	42	F	11: 40-44	34:10.7	11:01/M
388	Pauline Perry	Staten Island NY	349	54	F	17: 50-54	34:22.7	11:05/M
389	Kristi Peterson	Saratoga Springs NY	350	32	F	27: 30-34	34:28.2	11:07/M
390	Chad Hildreth	South Glens Falls NY	521	42	M	15: 40-44	34:41.2	11:11/M
391	Jackie Clinton	Saint Augustine FL	65	42	F	12: 40-44	34:45.9	11:13/M
392	Kate Edwards	Greenfield Center NY	119	57	F	15: 55-59	34:48.7	11:14/M
393	Matthew Otoole	Mechanicville NY	342	12	M	20: 1-14	34:50.5	11:14/M
394	Julie Otoole	Mechanicville NY	341	51	F	18: 50-54	34:51.7	11:15/M
395	Michelina Jornov	Latham NY	231	43	F	13: 40-44	34:57.7	11:16/M
396	Tara Sullivan	Saratoga Springs NY	417	48	F	21: 45-49	34:59.5	11:17/M
397	Mary Dewey	Albany NY	102	55	F	16: 55-59	34:59.6	11:17/M
398	Thomas Schoepflin	Bloomsburg PA	394	58	M	21: 55-59	35:00.7	11:17/M
399	Nonie Manion	Ballston Lake NY	520	58	F	17: 55-59	35:04.8	11:19/M
400	Laurie Ferlazzo	Stillwater NY	135	58	F	18: 55-59	35:04.8	11:19/M
401	Pamela Gould	Queensbury NY	178	47	F	22: 45-49	35:10.2	11:21/M
402	Shelbie Northup	Clifton Park NY	333	43	F	14: 40-44	35:10.9	11:21/M
403	Laura Clark	Saratoga Springs NY	63	72	F	1: 70-74	35:23.8	11:25/M
404	Kathleen Mannix	Delmar NY	281	55	F	19: 55-59	35:26.2	11:26/M
405	Gary Govel	Schenectady NY	181	51	M	28: 50-54	35:34.5	11:28/M
406	Terry Folmsbee	Chatham NY	147	61	M	16: 60-64	35:37.6	11:29/M
407	Lisa Hall	Saratoga Springs NY	195	63	F	12: 60-64	35:45.1	11:32/M
408	Larry Peleggi	Colonie NY	348	61	M	17: 60-64	35:53.2	11:35/M
409	Barb Diamond	Schenectady NY	103	54	F	19: 50-54	36:07.7	11:39/M
410	Miriama Patrick	Greenwich NY	346	53	F	20: 50-54	36:15.1	11:42/M
411	Patrick Bivona	Clifton NJ	23	78	M	3: 75-79	36:30.5	11:46/M
412	Marissa Smith	Schenectady NY	405	10	F	11: 1-14	36:34.4	11:48/M
413	Kathleen Craig	Clifton Park NY	81	55	F	20: 55-59	36:40.3	11:50/M
414	Katie Barlok	Shrewsbury MA	12	25	F	12: 25-29	36:41.2	11:50/M
415	Tracy Barlok	Shrewsbury MA	13	55	F	21: 55-59	36:41.7	11:50/M
416	Kelly Lafnitzegger	Albany NY	252	52	F	21: 50-54	36:46.2	11:52/M
417	Chris Burke	Manorville NY	37	61	M	18: 60-64	36:52.7	11:54/M
418	Leslie Smith	Schenectady NY	403	43	F	15: 40-44	37:01.6	11:56/M
419	Anita Mallya	Guilderland NY	279	32	F	28: 30-34	37:02.0	11:57/M
420	G Burns	Saratoga Springs NY	39	57	M	22: 55-59	37:11.9	12:00/M
421	Jeannine Fagnoli	Ballston Spa NY	132	47	F	23: 45-49	37:19.3	12:02/M
422	Kevin Ryan	Ballston Spa NY	381	59	M	23: 55-59	37:19.7	12:02/M
423	Karla Conway	Middle Grove NY	71	55	F	22: 55-59	37:36.2	12:08/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
424	Renee Vickery	Glenmont NY	436	57	F	23: 55-59	37:42.2	12:10/M
425	Patty Kilgore	Malta NY	243	58	F	24: 55-59	37:48.7	12:12/M
426	Dianne Podesva	Middle Grove NY	354	49	F	24: 45-49	37:53.4	12:13/M
427	Parker Diggory	South Hadley MA	105	36	F	31: 35-39	37:54.8	12:14/M
428	Beth Chatnik	Schenectady NY	57	62	F	13: 60-64	37:58.5	12:15/M
429	Judy Harris	Burnt Hills NY	205	47	F	25: 45-49	38:02.8	12:16/M
430	Kelli Gordon	Troy NY	174	36	F	32: 35-39	38:10.9	12:19/M
431	Gail Wood	Pownal VT	463	67	F	4: 65-69	38:12.1	12:19/M
432	Elena Evans	Saratoga Springs NY	480	10	F	12: 1-14	38:17.4	12:21/M
433	William Evans	Saratoga Springs NY	481	57	M	24: 55-59	38:17.7	12:21/M
434	Gene Figler	Queensbury NY	137	66	M	9: 65-69	38:19.3	12:22/M
435	Becky Darling	Pownal VT	488	52	F	22: 50-54	38:21.3	12:22/M
436	Jonathan Silverman	Arlington MA	400	54	M	29: 50-54	38:21.4	12:22/M
437	Brittany Louie	Granville NY	271	33	F	29: 30-34	38:25.8	12:24/M
438	John Vavasour	Albany NY	435	70	M	9: 70-74	38:30.0	12:25/M
439	Margaret Jacobson		528	58	F	25: 55-59	38:31.5	12:25/M
440	Paula Laroche	Bennington VT	258	48	F	26: 45-49	38:40.4	12:28/M
441	Abigail Morrissey	Ballston Spa NY	312	24	F	3: 20-24	38:52.2	12:32/M
442	Erin Benson	Ballston Lake NY	19	28	F	13: 25-29	38:56.6	12:34/M
443	Jodie Johnson	Greenwich NY	227	45	F	27: 45-49	38:58.8	12:34/M
444	Janet Aliberti	Voorheesville NY	2	68	F	5: 65-69	39:00.1	12:35/M
445	Sally Gordon	Saratoga Springs NY	175	69	F	6: 65-69	39:02.3	12:35/M
446	Elizabeth Woods	Buskirk NY	464	8	F	13: 1-14	39:02.9	12:35/M
447	David Jensen	Ballston Spa NY	226	56	M	25: 55-59	39:03.5	12:36/M
448	Henry Helwig	Ballston Spa NY	210	59	M	26: 55-59	39:03.7	12:36/M
449	Jane Doty	North Little Rock AR	113	65	F	7: 65-69	39:07.8	12:37/M
450	Peter Gemellaro	Waterford NY	162	56	M	27: 55-59	39:09.7	12:38/M
451	Erica Mason	Clifton Park NY	286	40	F	16: 40-44	39:10.1	12:38/M
452	Courtney Jones	Clifton Park NY	229	29	F	14: 25-29	39:20.5	12:41/M
453	Susan Wirkki	Arlington VT	460	70	F	2: 70-74	39:21.7	12:42/M
454	Beryl Frank	Albany NY	511	78	M	4: 75-79	39:28.7	12:44/M
455	Jenni Hanley	Oviedo FL	199	36	F	33: 35-39	39:34.9	12:46/M
456	Adriana Collins	San Francisco CA	69	65	F	8: 65-69	39:40.0	12:48/M
457	Kathy France	Albany NY	150	61	F	14: 60-64	39:40.6	12:48/M
458	Ruth Jones	Arlington VT	230	41	F	17: 40-44	39:54.5	12:52/M
459	Beverly Luft	Saratoga Spgs NY	273	63	F	15: 60-64	39:57.4	12:53/M
460	Marcus Smith	Alexander AR	404	37	M	19: 35-39	40:12.1	12:58/M
461	Robert Hrnanz	Arvada CO	504	39	M	20: 35-39	40:16.4	12:59/M
462	Carolyn Bory	Ballston Spa NY	26	37	F	34: 35-39	40:18.3	13:00/M
463	Jason Cary	Clifton Park NY	54	49	M	30: 45-49	40:19.4	13:00/M
464	Cindy Fosmire	Fort Edward NY	148	47	F	28: 45-49	40:20.0	13:01/M
465	Jacqueline Rubenstein	Pittsford NY	377	61	F	16: 60-64	40:20.1	13:01/M
466	Jill Gluskin	New York NY	509	40	F	18: 40-44	40:32.8	13:05/M
467	Beth Muller	Troy NY	315	56	F	26: 55-59	40:40.5	13:07/M
468	James Dugan	Albany NY	117	62	M	19: 60-64	40:40.6	13:07/M
469	Jonathan Jeerapaet	Saratoga Springs NY	224	34	M	25: 30-34	40:56.6	13:12/M
470	Valerie Ruskin	Clifton Park NY	380	48	F	29: 45-49	41:06.8	13:15/M

Silks and Satins 5k 2019

Race Date
July 13, 2019

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
471	Ayumi Kasai	Ballston Spa NY	237	48	F	30: 45-49	41:29.4	13:23/M
472	Kristen Scholl	Clifton Park NY	395	55	F	27: 55-59	41:36.4	13:25/M
473	Erin Butler	Cohoes NY	42	40	F	19: 40-44	41:37.2	13:25/M
474	Rhyder Hayes	Cohoes NY	517	8	M	21: 1-14	41:37.2	13:25/M
475	Kathy Frost	Shushan NY	154	76	F	2: 75-79	41:48.2	13:29/M
476	Darcy Poppey	Rensselaer NY	355	46	F	31: 45-49	41:58.0	13:32/M
477	John Frost	Shushan NY	153	73	M	10: 70-74	41:58.3	13:32/M
478	Carol Daggs	Saratoga Springs NY	86	49	F	32: 45-49	42:20.7	13:39/M
479	Dee Cogan	Fort Edward NY	68	64	F	17: 60-64	42:33.8	13:44/M
480	Sara Giacchetta	Gansevoort NY	164	30	F	30: 30-34	43:40.9	14:05/M
481	Alex Fitts	Hoboken NJ	477	10	M	22: 1-14	44:37.4	14:24/M
482	Dawn Fitts	Hoboken NJ	476	46	M	31: 45-49	44:38.3	14:24/M
483	Shawn Tan	Ballston Spa NY	420	17	M	13: 15-19	45:18.1	14:37/M
484	Marcy Fieldstadt	Stony Creek NY	136	35	F	35: 35-39	45:31.3	14:41/M
485	Pamela Holland	Brooklyn NY	213	61	F	18: 60-64	45:37.4	14:43/M
486	Christine Hotaling	Ballston Lake NY	216	60	F	19: 60-64	45:45.0	14:45/M
487	Colter Carlstedt	Fort Edward NY	47	23	M	7: 20-24	46:07.6	14:53/M
488	Mary Ann Spiezio	Greenwich NY	409	51	F	23: 50-54	46:07.9	14:53/M
489	James Owens	Latham NY	518	83	M	1: 80-84	46:26.2	14:59/M
490	Ron Nadeau	Cohoes NY	327	78	M	5: 75-79	46:48.7	15:06/M
491	Gary Washock	Troy NY	450	55	M	28: 55-59	46:49.6	15:06/M
492	Marva Nadeau	Cohoes NY	326	77	F	3: 75-79	46:54.7	15:08/M
493	Judy Savitt	Bridgeport CT	388	79	F	4: 75-79	47:07.7	15:12/M
494	Rae Johnson	Stillwater NY	228	37	F	36: 35-39	48:42.9	15:43/M
495	Dana Pruden	Ballston Spa NY	360	42	F	20: 40-44	48:48.3	15:45/M
496	Tracey Vanallen	Glenville NY	433	51	F	24: 50-54	48:53.4	15:46/M
497	Armand Langevin	Vero Beach FL	256	82	M	2: 80-84	50:28.7	16:17/M
498	Betty Langevin	Vero Beach FL	257	79	F	5: 75-79	51:57.9	16:45/M
499	Sandra W Niles	Buskirk NY	331	70	F	3: 70-74	58:25.8	18:51/M
500	Mary Prest	Cohoes NY	357	66	F	9: 65-69	1:01:34.1	19:52/M
501	Rebecca Lohnes	Schaghticoke NY	268	57	F	28: 55-59	1:01:34.4	19:52/M
502	Penelope Brunt	Schenectady NY	36	55	F	29: 55-59	1:01:34.5	19:52/M
503	Richard Linell	Bridgeport CT	266	76	M	6: 75-79	1:03:28.5	20:28/M
DQ	Gregory Bussing	Glens Falls NY	40	59	M	DQ: 55-59	15:46.8	5:05/M
DQ	Michelle Bussing	Glens Falls NY	41	51	F	DQ: 50-54	17:36.3	5:41/M