

## 2019 LGOWS

Age Group ResultsRace Date

August 17, 2019

**5k Non-Wetsuit****Female 55 to 59****Female Open Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	Brooke Kelley	Plattsburgh NY	4	1:21:29.8
2	Kimberly MacDonald	Clinton NY	8	1:28:39.4
3	Elke Hofmann	Brooklyn NY	9	1:29:00.5

**Female 18 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Jessica McMillen	Wynantskill NY	14	1:33:21.7
2 *	Catherine Fournier	Hamden CT	21	1:39:42.4

**Female 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Christina Scharmer	Albany NY	13	1:32:22.9
2 *	Jasmine Johnson	Spring TX	20	1:38:25.7

**Female 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Jess Jiang	Brooklyn NY	12	1:31:33.8
2 *	Maude Bonneville	Middlebury VT	35	1:46:10.5
3 *	Eve Beauchemin	Montréal QC	49	1:55:30.1

**Female 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Shaina Dinsdale	Brooklyn NY	17	1:35:05.2
2 *	Katrina Gleich	Grantham NH	41	1:50:32.0
3 *	April Rabkin	Brooklyn NY	71	2:30:27.1

**Female 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Susan Blake	Schenectady NY	16	1:33:44.6
2 *	Rachel Gissingar	Bronx NY	24	1:40:26.6
3 *	Viktoria Dziubina	Brooklyn NY	33	1:44:22.8
4	Kristina Saxena	New York NY	40	1:50:19.5
5	Nancy Alperson	Shrewsbury MA	43	1:50:46.8
6	Sheridan Black	Brooklyn NY	50	1:55:46.7
7	Gretchen Wagner	Roslindale MA	58	2:03:46.3
8	Kimberly Kern	Brooklyn NY	59	2:04:52.0
9	Elizabeth Schmaltz	West Bloomfield	70	2:28:48.7

**Female 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Heather Barna	Allston MA	45	1:52:23.7
2 *	Nicola MacNeil	Rotterdam Junction	69	2:26:32.7

**Female 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Mary Pasquale	Worcester MA	18	1:35:57.7
2 *	Kate Auwaerter	Syracuse NY	28	1:40:52.4
3 *	Laura Grimmer	Haddam CT	47	1:54:20.8
4	Katie Reed	Portsmouth RI	54	1:59:21.5
5	Jennifer Boehmer	Rochester NY	61	2:10:11.5
6	Ellen Venditti	Ulster Park NY	64	2:17:53.1
7	Marina Sadikoska	Bloomington NJ	68	2:25:21.5

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Robyn Schaffer	Pikesville MD	19	1:36:56.0
2 *	Tammara Van Ryn	Greenwich NY	22	1:39:49.9
3 *	Sue McNeil	Fayetteville NY	27	1:40:40.2
4	Louise Beaulieu	Montreal QC	42	1:50:40.3
5	Kimberly Edgar	Chittenango NY	60	2:08:07.2
6	Tina Hayden	Delmar NY	63	2:12:34.1

**Female 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Ann Faust	Haddam CT	29	1:41:22.6
2 *	Patricia Hambrick	Weston MA	31	1:43:53.5
3 *	Gail Holland	Worcester MA	34	1:46:06.3
4	Susan Bowman	New York NY	53	1:59:21.4

Race Date  
August 17, 2019

2019 LGOWS  
Age Group Results

**5k Non-Wetsuit**

**Male Open Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	Jesse Haraden	Ballston Spa NY	1	1:11:10.5
2	Andrew Canjura	Gansevoort NY	2	1:18:15.6
3	Stephan Rodiger	Washington DC	3	1:19:18.6

**Male 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Marc McLaurin	Springfield	11	1:31:28.8
2 *	Jay Pulitano	Brooklyn NY	25	1:40:28.1
3 *	Nicholas Tyson	New York NY	37	1:48:38.3
4	Mark Wild	Holden MA	39	1:50:12.4

**Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Will McNiece	Boston MA	48	1:55:20.8
2 *	Jose Pasillio	New York NY	66	2:22:19.2

**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Blaine Saito	Cambridge MA	36	1:46:48.0
2 *	Nathan Burstein	New York NY	44	1:51:37.1

**Male 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Timothy Boughal	Brooklyn NY	5	1:22:21.8
2 *	Andre Landini	Pointe-Claire QC	7	1:27:25.4
3 *	Stu Jordan	Rochester NY	65	2:17:57.9

**Male 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Guido Poncia	Manlius NY	23	1:40:13.1
2 *	Robert Coyne	Plainfield NJ	26	1:40:36.0
3 *	Ralph Peters	Montreal QC	52	1:58:14.1
4	Peter Steciuk	Lake George NY	56	2:03:43.9
5	Matthew Chisholm	New York NY	62	2:12:17.6

**Male 55 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Douglas Bosley	Somerville MA	6	1:24:53.5
2 *	Matthew Alpern	Latham NY	10	1:30:53.3
3 *	Donald Allen	Bethesda MD	38	1:49:23.6
4	Allan Robinson	Dorchester Center	57	2:03:45.9

**Male 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	James Harding	Clifton Park NY	15	1:33:44.5
2 *	James O'shea	Guilderland NY	30	1:42:36.9
3 *	Hervé Juste	Montreal QC	32	1:43:54.9
4	Robert Hopkins	Windsor NY	46	1:53:11.8
5	David Kisacky	Brooklyn NY	51	1:58:13.6
6	Frank Brennan	Norwich VT	55	1:59:54.0
7	Donald Remiak		67	2:22:19.3