

Race Date
May 11, 2019

Summer Smith 5k

Age Group Results

Female Open Winners

Place	Name	City	Age	O'all	Time
1	Shannon O'Meara	Rensselaer NY	37	12	22:36.3
2	Laura Groudine	Latham NY	29	16	23:16.9
3	Kay Williams	Scotia NY	38	17	23:23.9

Female 8 and Under

Place	Name	City	Age	O'all	Time
1 *	Avery Brumley	Gansevoort NY	6	152	33:51.6

Female 9 to 14

Place	Name	City	Age	O'all	Time
1 *	Maya Puretzt	Rotterdam NY	9	120	31:50.5
2 *	Emma Graves	Schenectady NY	11	150	33:41.8
3 *	Alexa Voland	Voorheesville NY	12	202	40:27.8
4	Kaylah Richards	Albany NY	11	205	40:34.0
5	Jada Richards	Albany NY	9	206	40:37.7

Female 15 to 19

Place	Name	City	Age	O'all	Time
1 *	Haley Barber	Castleton On	17	240	46:38.0
2 *	Emma Maloney	Waterford NY	17	270	51:04.7
3 *	Alyssa Walls	Troy NY	17	287	53:12.9
4	Madeline Ingoldsby	Rensselaer NY	16	326	57:00.9
5	Jessica Sinopoli	Ballston Lake NY	18	339	59:05.4
6	Madison Rodriguez	Delmar NY	18	358	1:01:23.9
7	Heather Lafreniere	Mechanicville NY	17	393	1:05:37.3

Female 20 to 29

Place	Name	City	Age	O'all	Time
1 *	Rebecca Haggan	Albany NY	28	22	23:55.8
2 *	Anna Whitney	Altamont NY	24	30	24:50.7
3 *	Lindsey Schupp	Albany NY	26	62	27:37.1
4	Taylor Nachtrieb	Cohoes NY	28	64	27:51.2
5	Ditmara Nader	Norristown PA	29	66	28:05.1
6	Leonie Prins	Loudonville NY	22	72	28:29.2
7	Marykate Cusack	Clifton Park NY	24	93	29:49.7
8	Elizabeth Cusack	Clifton Park NY	24	94	29:50.1
9	Julie Rockrohr	Hopewell Junction	23	96	29:51.9
10	Melissa Stuart	Schenectady NY	20	105	30:48.2
11	Tiaira Greene	Troy NY	28	129	32:32.0
12	Jane Skinner	Schenectady NY	25	135	32:37.9
13	Molly Skinner	Schenectady NY	22	136	32:37.9
14	Marie Brady	Castleton On	23	143	33:16.6
15	Victoria Phibbs	Castleton On	23	167	35:11.1
16	Anna Mankowski	Albany NY	25	209	41:01.5
17	Maria McNamara	Marlborough MA	23	212	41:52.6
18	Heatherann Guarini	Troy NY	28	213	41:59.6
19	Lana Rubaszek	Middle Grove NY	29	218	43:26.2
20	Breanna Bushnell	Albany NY	26	225	44:15.9
21	Danielle Dortch	Albany NY	29	226	44:18.0
22	Allison Shivka	Hudson Falls NY	29	243	47:24.0
23	Hannah Feldman	Mechanicville NY	21	244	47:32.9
24	Mallory Heflin	Ballston Lake NY	22	245	47:32.9
25	Olivia Daby	Albany NY	21	246	47:33.6
26	Rhianna Hera	Clifton Park NY	22	247	47:34.0
27	Amber Reed	Cohoes NY	28	250	47:38.2
28	Elizabeth Houston	Skaneateles NY	27	264	50:29.9

29	Shannon Weilert	Westbury NY	21	268	50:48.1
30	Lisa Musico	Highland Mills NY	22	269	50:48.4
31	Stacie Sypniewski	Troy NY	21	280	52:37.6
32	Nicole McLarney	Albany NY	24	292	54:09.7
33	Alexandra Thompson	Schenectady NY	27	311	56:38.0
34	Caianne Lasota	Albany NY	26	333	58:00.5
35	Celia Chaikowski	Schenectady NY	21	377	1:03:28.0
36	Amanda Keleher	Delmar NY	28	389	1:04:45.6
37	Marissa Hodes	Troy NY	29	398	1:07:02.6
38	Sarah Hampton	Albany NY	29	404	1:09:32.0
39	Emily Bohl	Schenectady NY	28	405	1:09:40.9
40	Shannon Miller	Albany NY	22	417	1:12:28.4
41	Eileen Mangan	Troy NY	26	424	1:16:15.8
42	Natasha Mangan	Troy NY	27	426	1:16:17.2

Female 30 to 39

Place	Name	City	Age	O'all	Time
1 *	Katie Croly	Ballston Spa NY	34	20	23:42.0
2 *	Colleen McMahon	Schenectady NY	35	26	24:36.5
3 *	Kimberly Peckowitz	Waterford NY	32	28	24:39.7
4	Sarah Ledger	Saratoga Springs	30	34	25:17.7
5	Mackenzie Halse	Watervliet NY	31	38	25:37.6
6	Pam Clemente	Albany NY	32	42	25:59.7
7	Mary Flagg	Glenmontont NY	35	44	26:15.7
8	Jane Romm	Dover NJ	32	52	26:53.4
9	Rebecca Demeo	Schenectady NY	33	53	26:57.4
10	Rachelle Colloton	Schenectady NY	36	56	27:14.9
11	Elizabeth Martin	Altamont NY	36	59	27:22.0
12	Lauren Barrowman	Delmar NY	35	79	28:48.3
13	Kathryn Greene	Clifton Park NY	31	84	29:21.9
14	Karli Keator	Medusa NY	39	101	30:25.0
15	Jenny Shea	Cohoes NY	32	107	30:54.2
16	Jolene Creewski	Saratoga Springs	35	110	31:03.8
17	Elissa Sheehan	Clifton Park/clifton	32	111	31:04.0
18	Colleen Rickert	Clifton Park NY	36	119	31:43.4
19	Shaine Kaschak	Waterford NY	32	121	31:54.3
20	Christina Arango	West Sand Lake	35	123	31:59.4
21	Anna Niccoli	Albany NY	39	134	32:36.1
22	Alexandra Lapietra	Troy NY	30	139	32:50.4
23	Chelsea Young	Delmar NY	37	145	33:20.5
24	Kristie Belokopitsky	Clifton Park NY	39	148	33:25.1
25	Pamela Brumley	Gansevoort NY	39	154	33:52.5
26	Kate Shellard	Latham NY	30	158	34:30.2
27	Ashley Brant	Latham NY	32	160	34:38.6
28	Khalan Heid	Watervliet NY	33	162	34:38.7
29	Faye Jones	Troy NY	32	164	34:46.7
30	Kate Perez	Niskayuna NY	32	171	35:34.8
31	Cristy Corlew	Albany NY	35	176	36:10.6
32	Jackie Franchini	Waterford NY	39	178	36:15.0
33	Elizabeth Wickswat	Rexford NY	30	180	36:29.7
34	Mary Radigan	Amherst MA	36	184	36:42.0
35	Caroline Brancatella	Delmar NY	38	187	36:48.1
36	Marlene Kring	Troy NY	36	203	40:28.0
37	Andrea Onstot	Catskill NY	30	208	40:48.7
38	Stephanie Dwyer	Glenmont NY	35	215	42:33.0
39	Joni Sheldon	Albany NY	38	216	42:44.2
40	Shannon Wagoner	Schenectady NY	36	219	43:30.7
41	Danielle Gallagher	Scotia NY	35	220	43:30.7
42	Kristen Padilla	Delmar NY	38	233	45:01.3
43	Katherine Gardner	Rotterdam NY	33	239	46:33.7
44	Sarah Carter	Albany NY	33	265	50:34.0
45	Lauren Bonelli	Schenectady NY	31	276	51:59.2

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Age Group Results

Female 30 to 39

Place	Name	City	Age	O'all	Time
46	Breanne Aquino	Latham NY	35	277	51:59.8
47	Alison Moore	Troy NY	35	281	52:38.2
48	Allison Shinn	South Glens Falls	30	284	53:10.3
49	Kara Saint John	Latham NY	35	293	54:14.9
50	Kathleen Axtmann	Albany NY	34	295	54:41.9
51	Valerie Jones	Albany NY	34	297	55:07.2
52	Jennifer Hildenbrand		36	298	55:08.9
53	Jennifer Hildenbrand	Albany NY	36	299	55:09.4
54	Kimberly Pukis	Albany NY	33	303	55:30.4
55	Kelly Melita	Amsterdam NY	39	305	55:45.6
56	Lisa Danz	Voorheesville NY	34	306	55:55.2
57	Wendy Roldan	Albany NY	36	323	57:00.3
58	Nicole Villa	Albany NY	39	331	57:56.3
59	Tori Forman	Albany NY	32	332	58:00.4
60	Melinda Dreibtko	Albany NY	34	335	58:58.2
61	Leanne Kessler	Albany NY	37	336	59:01.1
62	Jessica Richardson	Albany NY	34	345	59:34.8
63	Nicole McNamara	Loudonville NY	36	353	1:00:31.1
64	Yacarely Mairena	Waterville NY	33	357	1:00:35.8
65	Laurie Lavallee	Schenectady NY	37	361	1:01:52.4
66	Lydia Parrott	Schenectady NY	32	362	1:01:52.4
67	Beth Kourt	Glenmont NY	37	364	1:01:58.1
68	Brigette Walsh	Delmar NY	30	370	1:02:58.4
69	Sara Backowski		32	371	1:02:59.1
70	Carmelita Cruz	Albany NY	36	379	1:03:58.6
71	Julie Cross	Ravena NY	30	391	1:04:46.4
72	Ann Palmer	Niskayuna NY	30	399	1:07:07.6
73	Jillian Multari	Albany NY	31	400	1:07:07.8
74	Kiera Lacy	Albany NY	33	401	1:07:08.0
75	Clare Conway	Albany NY	31	402	1:07:08.1
76	Jessica Donohue	Albany NY	31	403	1:09:31.9
77	Crystal Sheldon	Albany NY	31	412	1:09:53.8
78	Erica Petersen	Albany NY	30	414	1:10:27.8

Female 40 to 49

Place	Name	City	Age	O'all	Time
1	* Deanna Geesler	Slingerlands NY	47	24	24:15.3
2	* Sheila Weimer	Orchard Park NY	49	33	25:09.2
3	* Tracian G	Ballston Spa NY	41	36	25:32.6
4	Amanda Brazee	Niskayuna NY	40	45	26:20.9
5	Heather Dibiasi	Clifton Park NY	44	54	27:13.1
6	Sheila Snyder	Clifton Park NY	45	55	27:13.1
7	Mary Vrana	Liverpool NY	46	65	27:55.4
8	Lara Kaye	Averill Park NY	49	91	29:45.2
9	Keri Peek	Saratoga Springs	40	114	31:29.3
10	Kristen Onyon	Clifton Park NY	40	118	31:42.7
11	Michelle Graves	Schenectady NY	42	122	31:54.4
12	Jenifer Kish	Albany NY	45	124	32:12.0
13	Dorian Mozone	Loudonville NY	40	126	32:15.9
14	Tracy Locke	Porter Corners NY	45	147	33:23.7
15	Kristina Smith	Clifton Park NY	42	163	34:44.9
16	Amanda Clark	Copake NY	41	181	36:34.1
17	Katie Mangan	Ithaca NY	48	186	36:46.0
18	Kimberly Trapani	Cohoes NY	42	195	37:57.7
19	April Cole	Troy NY	43	204	40:30.2
20	Jennifer Vitkus	Albany NY	45	229	44:41.2
21	Tracy Bruno	Liverpool NY	47	235	45:25.7
22	Jennifer Torgersen	Albany NY	43	236	46:16.6

23	Liliana Finch	Latham NY	49	249	47:38.2
24	Kim Maloney	Waterford NY	46	272	51:38.0
25	Martina Swiers	Schenectady NY	43	327	57:01.5
26	Fran Sinopoli	Ballston Lake NY	49	338	59:05.2
27	Melissa Kerestes	Albany NY	42	373	1:03:09.2
28	Diona Smith	Albany NY	44	374	1:03:09.8
29	Cindy Hoffman	Castleton On	49	382	1:04:00.6
30	Jennifer Wilks	Troy NY	44	408	1:09:42.0

Female 50 to 59

Place	Name	City	Age	O'all	Time
1	* Kathryn Lang	Glenmont NY	52	21	23:47.5
2	* Jodi Selzer	Rensselaer NY	52	37	25:34.8
3	* Bridgette Mattison	Watervliet NY	50	39	25:42.5
4	Melanie Gulde	Queensbury NY	50	50	26:43.3
5	Elisa Schneider	Troy NY	53	60	27:26.9
6	Marilyn Ripple	Schenectady NY	50	70	28:11.9
7	Lynne McLeer	Glenmont NY	57	74	28:36.9
8	Margaret Capozzola	Delmar NY	58	75	28:37.3
9	Lynn Sgambellone	Rexford NY	51	76	28:40.2
10	Tracy Dilauro	Clifton Park NY	56	77	28:43.5
11	Jennifer Waldek	Clifton Park NY	50	87	29:33.0
12	Mary Martin	Delmar NY	59	103	30:46.3
13	Carol Stuart	Schenectady NY	53	104	30:48.2
14	Chieko Vititow	Schenectady NY	52	106	30:51.0
15	Dawn Vitti	Ballston Lake NY	54	117	31:42.6
16	Karen Smith	Castleton On	55	128	32:31.6
17	Lori Munger	Mechanicville NY	51	130	32:32.6
18	Kimberly Brant	Latham NY	55	161	34:38.7
19	Terry May	Clifton Park NY	50	165	34:51.3
20	Kristin Smith	Schenectady NY	53	168	35:11.7
21	Denise Padula	Schenectady NY	52	169	35:15.6
22	Nancy May-Skinner	Schenectady NY	55	172	36:02.0
23	Beth McMillan	Clifton Park NY	54	173	36:02.8
24	Kim C	Schenectady NY	54	175	36:09.3
25	Michele O'keefe	Mechanicville NY	57	201	40:00.5
26	Christina Longo	Glenville NY	54	210	41:19.5
27	Laurie Davis	Delanson NY	57	211	41:51.4
28	Sheila Morrissey	Clifton Park NY	51	241	47:05.6
29	Judith Diamond	Latham NY	55	248	47:37.8
30	Jan Turlick	Albany NY	57	251	47:49.4
31	Mary Potter	Clifton Park NY	50	260	50:10.8
32	June Lazzaro	Clifton Park NY	53	261	50:11.2
33	Nancy Landry	Waterford NY	56	278	52:03.1
34	Ann McClure	Waterford NY	59	279	52:03.2
35	Jen Smith	Slingerlands NY	56	288	53:54.3
36	Loriann Smith	Rensselaer NY	58	289	53:54.8
37	April Douglas	Rexford NY	55	290	53:57.4
38	Tina Moore	Delmar NY	52	294	54:41.8
39	Lisa Kirby-Ryan	Loudonville NY	56	300	55:17.1
40	Cathleen Rodriguez	Delmar NY	53	302	55:29.5
41	Clare McNally	Albany NY	52	304	55:31.0
42	Debbie Odorizzi	Voorheesville NY	53	316	56:51.6
43	Suzanne Lefevre	Saratoga Springs	53	317	56:51.7
44	Maureen Ferrucci	Schenectady NY	57	318	56:55.2
45	Kimberly Ingoldsby	Rensselaer NY	50	334	58:50.4
46	Julie Barber	Albany NY	54	340	59:18.0
47	Laura Scotto	Slingerlands NY	51	341	59:18.7
48	Theresa McCab	Albany NY	55	343	59:19.1
49	Barbara Biechman	Nassau NY	58	346	59:44.4
50	Kristine Lanchantin	Glenmont NY	59	348	1:00:16.1
51	Penny Bonanno	Glenmont NY	59	354	1:00:34.2

Race Date
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Summer Smith 5k

Age Group Results

6 Laura Leahy

Lagrangeville NY 70 423 1:16:13.3

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
52	Jami Ehring	Delmar NY	58	355	1:00:34.3
53	Donna Green	Waterville NY	58	356	1:00:34.6
54	Stacey Barber	Castleton On	51	365	1:02:10.8
55	Karen Brady	Castleton On	54	372	1:03:02.7
56	Kathi Kramer	Troy NY	59	378	1:03:57.7
57	Pat Lincourt	Delanson NY	57	380	1:03:59.6
58	Liz Lansing	Castleton On	54	381	1:04:00.5
59	Hope Hyman	Delmar NY	58	395	1:05:56.8
60	Lauren MacDonald	Rensselaer NY	58	397	1:06:35.0
61	Barbara Duclos	Delmar NY	59	413	1:10:02.2
62	Christine Cahill	Albany NY	53	416	1:12:27.8
63	Amy Chandler	Crown Point NY	54	421	1:15:02.3
64	Betsie Osborn	Ballston Spa NY	52	428	1:16:32.1

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1 *	Darlene Cardillo	Delmar NY	66	63	27:39.2
2 *	Theresa Girvin	Castleton On	61	80	29:04.6
3 *	Lynn Carman Bodden	Schenectady NY	61	109	31:03.5
4	Cynthia Coghill	Latham NY	65	125	32:14.0
5	Judy Lynch	Castleton On	69	155	34:08.2
6	Gail Hein	Altamont NY	67	177	36:14.2
7	Patricia Weaver	Voorheesville NY	61	183	36:41.8
8	Audrey Blakemore	Albany NY	68	188	37:07.9
9	Jodi Patenaude	Cohoes, Ny NY	62	189	37:10.2
10	Carol Gregg	Schenectady NY	62	196	38:14.6
11	Maureen Provost	Saratoga Springs	60	197	38:14.7
12	Alice Carpenter	Delmar NY	68	198	38:25.1
13	Dianna Brigadier	Cobleskill NY	66	200	38:35.0
14	Barbara Rosselli	Albany NY	67	256	49:53.9
15	Marie Olsen	Clifton Park NY	62	258	50:01.8
16	Janice Lombardo	Glenmont NY	61	263	50:27.0
17	Trich Hennessy	Schenectady NY	61	266	50:35.0
18	Susan Hennessy	Schenectady NY	63	267	50:37.0
19	Morgann Fazzone	Latham NY	65	275	51:57.5
20	Gail Pendergast	Clifton Park NY	64	296	55:02.4
21	Cathy Mart	Schenectady NY	64	308	56:22.0
22	Renee Merges	Delmar NY	60	310	56:23.1
23	Janet Coreno	Schenectady NY	60	312	56:38.2
24	Deborah Giacone	Delmar NY	61	313	56:45.1
25	Joyce McGuire	Glenmont NY	66	314	56:45.8
26	Jeanne Foley	Glenmont NY	66	315	56:46.1
27	Teresa Kaplan	Glenmont NY	61	347	1:00:14.0
28	Deborah Mennillo	Loudonville NY	64	384	1:04:12.5
29	Lesley McLaughlin	Albany NY	65	394	1:05:56.0
30	Karen Coakley	Latham NY	63	407	1:09:41.4
31	Martha Luzinas	Cohoes NY	67	410	1:09:45.4
32	Barbara Langston	Latham NY	64	411	1:09:45.6
33	Liza Frenette	Albany NY	60	422	1:15:09.7

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1 *	Patricia Budlong	Glens Falls NY	72	92	29:48.2
2 *	Nancy Johnston	Ballston Lake NY	73	237	46:28.9
3 *	Linda Welch	Troy NY	70	329	57:53.0
4	Sally Maloney	Diamond Point NY	71	330	57:53.2
5	Carol McCarthy	Delmar NY	73	344	59:21.0

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Age Group Results

Male Open Winners

Place	Name	City	Age	O'all	Time
1	Tyler Morrissey	Clifton Park NY	22	1	17:16.6
2	Michael Daugherty	Clifton Park NY	27	2	18:22.1
3	Cory Chrysogelos	Rensselaer NY	31	3	18:30.7

Male No Age Provided

Place	Name	City	Age	O'all	Time
1	Paul Normand		360		1:01:25.7

Male 8 and Under

Place	Name	City	Age	O'all	Time
1 *	Felix Puret	Rotterdam NY	7	238	46:33.3

Male 9 to 14

Place	Name	City	Age	O'all	Time
1 *	Jonathan Jones	Clifton Park NY	14	27	24:39.1
2 *	Tyler Baudy	Albany NY	13	100	30:19.8
3 *	Isaac Puret	Rotterdam NY	10	115	31:32.7
4	Davon Maloney	Troy NY	11	151	33:46.2
5	Landon Brumley	Gansevoort NY	9	153	33:52.3
6	Josiah Richards	Albany NY	14	192	37:35.6
7	Jacob Baudy	Albany NY	14	193	37:39.7
8	Ethan Baudy	Albany NY	12	194	37:49.3
9	Anthony Smith	Schenectady NY	9	217	43:25.2
10	Griffith Maloney	Waterford NY	11	222	43:55.7
11	Brayden Maloney	Waterford NY	13	271	51:05.7

Male 15 to 19

Place	Name	City	Age	O'all	Time
1 *	Lance Risler	Rexford NY	15	5	20:00.7
2 *	Ryan Mariano	Schenectady NY	15	29	24:41.1
3 *	Sean Stuart	Schenectady NY	18	58	27:17.0
4	Trevor Maloney	Waterford NY	18	223	43:57.5
5	Blade Osborn	Ballston Spa NY	19	427	1:16:31.1

Male 20 to 29

Place	Name	City	Age	O'all	Time
1 *	Justin Kirby	Loudonville NY	26	4	19:53.7
2 *	Justin Luzinas	Troy NY	29	11	22:35.5
3 *	Michael Asterino	Albany NY	29	15	23:13.5
4	Jordon Baker	Watervliet NY	24	18	23:29.4
5	Paul Filkins	Ballston Spa NY	25	31	25:01.4
6	David Lazzaro	Clifton Park NY	23	40	25:43.4
7	Anthony Lee	Albany NY	25	71	28:13.3
8	Michael Morrissey	Clifton Park NY	22	81	29:06.9
9	Matt Cawley	Carmel NY	22	82	29:07.1
10	Dominick Paciello	New Hartford NY	22	83	29:09.4
11	Brian Walsh	Clifton Park NY	21	97	29:52.8
12	Louis Walsh	Clifton Park NY	25	98	29:53.1
13	Michael Ringrose	Albany NY	28	127	32:18.4
14	Miles Graham	Rochester NY	28	137	32:38.1
15	James Ocker	Cropseyville NY	29	138	32:47.5
16	Adrian Barber	Wilbraham MA	22	142	33:16.3
17	Christopher Coakley	Latham NY	29	149	33:36.8
18	Micheal Luzzaro	Clifton Park NY	20	199	38:27.7
19	Martin Slafsky	Albany NY	25	228	44:32.9

20	Brandon Costanzo	Clifton Park NY	24	231	44:46.5
21	Joshua Abood	Albany NY	21	242	47:12.8
22	Bailey Pratt	Shushan NY	21	254	49:29.8
23	Jimmy Weimer	Orchard Park NY	21	255	49:32.9
24	Michael Fazzino	Latham NY	28	274	51:56.8
25	Travis King	Troy NY	24	285	53:11.8
26	Marcel Walls	Troy NY	20	286	53:12.5
27	Dylan Rodriguez	Delmar NY	20	359	1:01:24.0
28	Jacob Lujan	Schenectady NY	20	376	1:03:27.7
29	John Brazill	Troy NY	26	385	1:04:12.8
30	George Higgler	Troy NY	29	420	1:14:33.9

Male 30 to 39

Place	Name	City	Age	O'all	Time
1 *	Matthew Fryer	Clifton Park NY	39	8	22:00.1
2 *	Michael Van Flue	Troy NY	36	9	22:21.4
3 *	James Alund	Albany NY	33	13	22:56.1
4	Roy Holden	Albany NY	34	14	22:57.3
5	Greg Franchini	Waterford NY	39	25	24:30.8
6	Micheal Maher	Ballston Spa NY	39	32	25:01.8
7	Johnathan Flagg	Glenmont NY	34	41	25:44.9
8	Justin Morales	Watervliet NY	35	46	26:26.0
9	Michael Martin	Altamont NY	36	48	26:38.0
10	Joshua Wickert	Schenectady NY	31	51	26:45.7
11	Mark Colloton	Schenectady NY	36	57	27:14.9
12	Kellan Morgan	Waterville NY	35	67	28:07.6
13	Gregory Saint John	Latham NY	35	68	28:07.8
14	Kieran McNamara	Albany NY	33	73	28:30.7
15	Ben Barrowman	Delmar NY	35	78	28:48.2
16	John Neumann	Watervliet NY	31	85	29:23.8
17	Gregory Mahar	Schenectady NY	36	88	29:34.0
18	Patrick O'Shea	Albany NY	33	102	30:40.0
19	Jason Perez	Albany NY	31	112	31:12.6
20	Adam Miller	Rotterdam NY	36	116	31:34.0
21	Drew Shellard	Latham NY	33	132	32:33.9
22	Andrew Gorman	Clifton Park NY	30	140	32:57.8
23	Joel Landas	Albany NY	35	141	33:04.7
24	John Broadus	Watervliet NY	33	144	33:17.7
25	Scott O'Reilly	Watervliet NY	32	146	33:22.3
26	Joe Thoun	Queensbury NY	36	159	34:38.6
27	Petro Tzambourakis	Troy NY	33	166	34:53.5
28	Raymond Radigan	Amherst MA	35	179	36:23.3
29	Stephen Hoffman	Latham NY	34	190	37:15.3
30	Colin Dwyer	Glenmont NY	36	214	42:31.9
31	Jordan Green	Poultney VT	32	227	44:31.9
32	Kent Sopris	Delmar NY	38	252	47:59.0
33	Travis Gresham	Albany NY	35	253	48:26.2
34	Ryan Gunther	Troy NY	30	259	50:10.5
35	Michael Burke	Loudonville NY	33	282	52:52.1
36	Steven Smith	Schenectady NY	33	325	57:00.5
37	James Cognetta	Schenectady NY	34	350	1:00:22.1
38	Thomas Lavallee	Schenectady NY	39	351	1:00:25.7
39	Edward McNamara	Albany NY	38	352	1:00:30.7
40	Andrew Kourt	Glenmont NY	37	363	1:01:56.3
41	Andrew Cunningham	Slingerlands NY	33	366	1:02:20.2
42	James Philip Riccardi	Watervliet NY	33	367	1:02:21.4
43	Joe Gorman	Albany NY	33	368	1:02:22.1
44	James Brodie	Albany NY	33	369	1:02:24.4
45	Ryan Keleher	Delmar NY	36	390	1:04:45.9
46	Alex Barvots	NY	31	396	1:06:32.2
47	Matty Gendron	Burlington VT	31	406	1:09:41.2
48	Justin Donahue	Voorheesville NY	31	409	1:09:43.3

Race Date
May 11, 2019

Summer Smith 5k
Age Group Results

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1 *	Leon Shelhamer	Albany NY	40	6	20:27.3
2 *	Dan Whelan	Delmar NY	45	23	24:13.1
3 *	Michael J Rennick Jr	Watervliet NY	45	43	26:05.8
4	Robert Enoch	Loudonville NY	46	47	26:35.0
5	Brian Yates	Selkirk NY	47	49	26:40.4
6	Adam Rinaldi	Ballston Lake NY	40	108	30:58.2
7	Chip Locke	Porter Corners NY	46	131	32:33.9
8	Jeevarathnam	Albany NY	46	156	34:14.5
9	Shawn Lynch	Guilderland NY	48	157	34:21.2
10	Craig Richards	Albany NY	40	221	43:47.3
11	Rudy Unknown	Albany NY	44	232	44:56.7
12	James Maloney	Waterford NY	48	283	52:53.3
13	Lennon Ivory	Schenectady NY	41	320	56:59.0
14	Michael Stevens	Schenectady NY	48	322	57:00.2
15	Richard Brown	Schenectady NY	47	328	57:02.2
16	Cory Osborn	Ballston Spa NY	48	429	1:16:32.2

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1 *	John Sestito	Johnsonville NY	55	7	20:52.2
2 *	Dr Tom Denham	Delmar NY	51	10	22:30.9
3 *	Jeffery Wood	Binghamton NY	58	19	23:38.4
4	Ken Secor	Albany NY	50	35	25:23.4
5	Raymond Schellinger	Norristown PA	55	86	29:23.9
6	Gerry Mattison	Watervliet NY	58	95	29:50.6
7	Stephen Lefevé	Saratoga Springs	59	99	30:14.1
8	David Waldek	Clifton Park NY	54	133	32:35.7
9	Charles Monson	Schenectady NY	58	174	36:06.6
10	James Mangan	Ithaca NY	53	185	36:46.0
11	Jeffery Danzy	Schenectady NY	55	191	37:31.7
12	Timothy Danz	Voorheesville NY	50	207	40:41.0
13	Patrick Morrissey	Clifton Park NY	53	224	43:59.7
14	Jim Cusack	Clifton Park NY	51	230	44:46.0
15	Thomas Butts	Schenectady NY	56	234	45:08.9
16	Eric Tucker	Albany NY	55	273	51:55.4
17	Stephen Smith	Rensselaer NY	58	291	53:58.0
18	John Galvin	Clifton Park NY	54	309	56:22.8
19	Dan Ehring	Delmar NY	58	321	57:00.2
20	Anthony Sinopoli	Ballston Lake NY	52	337	59:05.0
21	Peter Scotto	Slingerlands NY	52	342	59:19.1
22	Terry Smith	Castleton On	59	386	1:04:12.9
23	Gerald Deshane	Mechanicville NY	51	392	1:05:21.0
24	Mike Cahill	Select City NY	54	415	1:12:26.0

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1 *	Robert Cushing	Latham NY	63	61	27:37.0
2 *	Mark Kaplan	Glenmont NY	61	69	28:07.8
3 *	Gael Coakley	Latham NY	67	90	29:44.3
4	Vitus Citow	Waterford NY	61	113	31:16.6
5	Peter Weaver	Voorheesville NY	62	182	36:41.1
6	John Brannock	Albany NY	68	257	49:54.2
7	Tom Lombardo	Glenmont NY	61	262	50:26.9
8	Terry Ryan	Loudonville NY	64	301	55:17.2
9	Desmond Biechman	Nassau NY	66	307	56:19.1
10	Mark Pohl	Schenectady NY	60	319	56:57.0
11	Michael Giacone	Delmar NY	60	324	57:00.4

12	Jay Girvin	Castleton On	63	349	1:00:19.6
13	John Chaikowski	Schenectady NY	67	375	1:03:26.1
14	John Mennillo	Albany NY	66	383	1:04:11.5
15	Peter Luzinas	Cohoes NY	65	388	1:04:45.2
16	John MacWhinnie	Troy NY	61	418	1:13:52.0
17	Andrew Stutter	Cohoes NY	63	419	1:14:31.2

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1 *	Paul Budlong	Glens Falls NY	74	89	29:42.0
2 *	Jim Whelan	Slingerlands NY	72	170	35:32.0
3 *	Joe Schaefer	Slingerlands NY	76	387	1:04:38.7
4	Edward Leahy	Lagrangeville NY	72	425	1:16:16.8